

Perry Valley, WV

Dates: November 08 - 10, 2025

Season: Fall

Duration: 3 days / 2 nights

Pack Weight: 31 lbs 1.6 oz

Notes: 19° F - 54° F; Sat morning 50°F on arrival. Hung out in the 50s all day. Overnight lows in the low 50s and wind chill in mid 40s. Sunday started 51°F warmed to 60s, rained for 20 minutes, got windy, then dropped to 31°F overnight. Monday temps were in the 30s while we were on the trail.

Gear

Packed (16 lbs 14.8 oz)		Worn/On Person (1 lbs 9 oz)	
	Backpack - 50L Osprey Atmos backpack	4 lb 0 oz	Black Diamond Alpine Carbon Ergo poles (green) 1 lb 1 oz
	Hyperlite shoulder pouch	1.3 oz	Garmin Fenix 7X Pro Solar 3.1 oz
	Osprey UltraLight pack raincover	3.4 oz	Phone/Camera 4.9 oz
3	AAA	1.2 oz	
	Nitecore NB10000	5.3 oz	
	Warbonnet Wooki Underquilt XL	1 lb 9 oz	
	Bag - REI Magma 10	1 lb 14 oz	
	Pillow - Exped down pillow (M)	5.3 oz	
	Therm-a-Rest Z seat pad	2 oz	
	Fozzils collapsible bowl	1.3 oz	
	Hand towel - Sea to Summit xx-small	1.1 oz	
	MSR IsoPro Canister 4 oz	7.5 oz	
	MSR PocketRocket 2 w/o case	2.6 oz	
	Titanium coffee mug	3.9 oz	
	Titanium long handle spoon (TOAKS)	0.7 oz	
	TOAKS 750mL Titanium cookset	3.6 oz	
	UltraGlide Bear Line 50' (red/white)	1.7 oz	
	Cotton ball/Vaseline	0.8 oz	
	Duraflame cubes (white)	0.6 oz	
	Flint/Steel stick	0.9 oz	
	UCO SM torch lighter without case	1.6 oz	
0.5	UCO survival matches	0.3 oz	
2	Carabiner - Hilltop Packs (micro)	0.2 oz	
	Carabiner - Metolius FS Mini II	0.8 oz	
	Cnoc Outdoors VECTO 67oz (2L) bladder	1 oz	
2	Katadyn Micropur Tablets	1.8 oz	
	Nalgene 48oz (1420mL) bottle	6.9 oz	
	Sawyer water filter	3.5 oz	
	Headlamp - Black Diamond Spot 325 lumen (red)	1.7 oz	
	Maglite Solitaire	0.9 oz	
	Chair - Helinox Chair Zero	1 lb 0 oz	
	Chair - REI Flexlite Chair Underquilt	6 oz	
	Silky F180 hand saw	5.7 oz	
	Vargo Dig Dig Trowel	1.3 oz	
0.2	Body Glide mini	0.3 oz	
	Compass - Suunto A-10	1.1 oz	
	First Aid kit - Weekender	6.8 oz	
	Knife - Swiss Army Classic	0.7 oz	
	Map of area printed on TerraSlate	0.3 oz	
	Hammock - Warbonnet Blackbird XLC (orange)	13.1 oz	
	Kammok Mesa Mat (Single)	4.8 oz	
4	Stakes - Kammok tarp stakes	1.5 oz	
2	Stakes - Warbonnet Titanium Nail Spike	1 oz	
4	Stakes - Vargo titanium shepherd hook	1.2 oz	
	Straps - Whoopies w/Dynaweave Straps	2.6 oz	

Tarp - Warbonnet Minify silpoly 11' x 7.6'	13.3 oz
Warbonnet XLC Top Cover ONLY	7 oz
Compression Sack - Sleeping Bag 14L	3.2 oz
2 Dry Sack - Outdoor 1L (red, blue, green)	1.4 oz
Food Bag - Bear Bag by Cloud Gear	1.3 oz
Stuff Sack - Hilltop Packs - Stake Sack (vampire)	0.2 oz
Stuff Sack - Hyperlite - Drawstring - Nano 0.4L	0.1 oz
Stuff Sack - Hyperlite Pod - Small 6.8L	1.2 oz

Clothing

Packed (7 lbs 5.6 oz)

Worn/On Person (2 lbs 4.5 oz)

Patagonia Down Sweater Hoody	14.8 oz	Shirt - Patagonia Capilene Cool Daily	4.5 oz
Patagonia Down Sweater Vest	9.8 oz	Brooks Cascadia 16 trail runners	1 lb 5 oz
Patagonia Houdini jacket	3.7 oz	Gaiters - Dirty Girl Gaiters	1.3 oz
Rain Jacket - Arc'teryx Zeta SL Rain Jacket	10.9 oz	Socks - Injinji Trail Midweight Mini-Crew	2 oz
Shirt - SmartWool Tee	5.2 oz	Running hat	1.3 oz
Shirt - SmartWool 1/4 zip - black	10 oz	Compression Sleeves - CEP	1.3 oz
Shirt - Mountain Hardware - Crater Lake Hoody	4.2 oz	0 Shorts - Running shorts - 5"	5.1 oz
Socks - Darn Tough Micro Crew	2 oz		
Socks - SmartWool Expedition Crew	3.8 oz		
Gloves - Black Diamond Mercury Mitt	11 oz		
Gloves - Trailsmith Leather	3.8 oz		
Buff - winter (purple/black)	2 oz		
Winter hat (green/orange) -33	1.8 oz		
Pants - Outdoor Research Cirque II Softshell Pant	1 lb 7.8 oz		
Underwear - ExOfficio Sport Mesh Boxer	2.8 oz		
Underwear - Long - Smartwool	8 oz		

Toiletries

Packed (0 lbs 6.9 oz)

Worn/On Person (0 lbs 0 oz)

Contact case w/solution	0.4 oz	<i>Why would I carry toiletries around in my hand?</i>
0.3 Contact solution	0.9 oz	
Eyeglasses + microfiber case	1.3 oz	
Toilet Paper	0.8 oz	
Toothbrush	0.7 oz	
0.1 Toothpaste	0.1 oz	
4 Toothpaste tablets	0.1 oz	
Toothpaste tablet case	0.1 oz	
Wet Wipes	2.5 oz	

Food

Packed (6 lbs 6.3 oz)

Worn/On Person (0 lbs 0 oz)

4 Coffee - Via	0.4 oz	<i>No food in my pockets.</i>
3 Oatmeal Packet	4.8 oz	
4 Hot Dogs	7 oz	
4 Buns	7.5 oz	
2 Ramen Noodles	6.4 oz	
Dried Vegetables for Ramen	1 oz	
3 Water (16 oz)	3 lb 2 oz	
2 Tuna packet - Hickory	5.2 oz	
8 Beef stick	2.6 oz	
2 Clif Bars	4.8 oz	
2 Kind Bars	2.6 oz	
2 Hot Chocolate Mix	1.5 oz	
2 GU Energy Chews	4.2 oz	

Trail Mix (1 cup)

4.3 oz