

## Dolly Sods, WV

**Dates:** February 21 - 23, 2025

**Season:** Winter

**Duration:** 3 days / 2 nights

**Pack Weight:** 31 lbs 14.8 oz

**Notes:** 4° F - 39° F; Fri 13°F on arrival overnight low 4°F; Sat 39°F high. Sunny and cloudy off and on throughout the day clouds cleared out at night; Overnight low 18°F; Sun cloudy in morning high 20°F on departure.

### Gear

#### **Packed (16 lbs 15.1 oz)**

#### **Worn/On Person (1 lbs 10.4 oz)**

Backpack - Osprey Exos 58L	2 lb 13 oz	Black Diamond Alpine Carbon Ergo poles (green)	1 lb 1 oz
Hyperlite shoulder pouch	1.3 oz	Black Diamond Pole baskets (pair)	1.4 oz
Nylofume® Pack Liner Bags	0.9 oz	Garmin Fenix 7X Pro Solar	3.1 oz
3 AAA	1.2 oz	Phone/Camera	4.9 oz
Nitecore NB10000	5.3 oz		
Bag - REI Magma 10	1 lb 14 oz		
Pillow - Exped down pillow (M)	5.3 oz		
Sea to Summit Extreme Mummy Bag Liner	14 oz		
Therm-a-Rest NeoAir XTherm Max Sleeping Pad	1 lb 1 oz		
Therm-a-Rest Z seat pad	2 oz		
Hand towel - Sea to Summit xx-small	1.1 oz		
MSR IsoPro Canister 4 oz	7.5 oz		
MSR PocketRocket 2 w/o case	2.6 oz		
Fozzils collapsible bowl	1.3 oz		
Titanium coffee mug	3.9 oz		
Titanium long handle spoon (TOAKS)	0.7 oz		
TOAKS 750mL Titanium cookset	3.6 oz		
UltraGlide Bear Line 50' (red/white)	1.7 oz		
Cotton ball/Vaseline	0.8 oz		
2 Duraflame cubes (white)	1.2 oz		
Flint/Steel stick	0.9 oz		
UCO SM torch lighter without case	1.6 oz		
0.5 UCO survival matches	0.3 oz		
Carabiner - Metolius FS Mini II	0.8 oz		
Carabiner - Hilltop Packs (micro)	0.1 oz		
Evernew - 67oz pouch with rubber band	1.5 oz		
2 Katadyn Micropur Tablets	1.8 oz		
2 Nalgene 32oz (946mL) bottle	6 oz		
Nalgene bottle carrier - insulated	4 oz		
Nalgene Flask (minus lid and holder)	1.8 oz		
Sawyer water filter	3.5 oz		
Headlamp - Black Diamond Spot 325 lumen (red)	1.7 oz		
Maglite Solitaire	0.9 oz		
Chair - Helinox Chair Zero	1 lb 0 oz		
Chair - REI Flexlite Chair Underquilt	6 oz		
Silky F180 hand saw	5.7 oz		
Vargo Dig Dig Trowel	1.3 oz		
Compass - Suunto A-10	1.1 oz		
Digital Thermometer	0.5 oz		
First Aid kit - Weekender	12 oz		
3 Hand warmers (2 pack)	4.8 oz		
2 Toe warmers (2 pack)	2.4 oz		
Knife - Swiss Army Classic	0.7 oz		
Map of area printed on TerraSlate	0.3 oz		
REI quarter dome T1 (red) 3 guylines & bag	1.2 oz		

REI quarter dome T1 (red) footprint	4.8 oz
REI quarter dome T1 (red) poles	12.9 oz
REI quarter dome T1 (red) tent	1 lb 0 oz
8 REI quarter dome T1 (red) tent stake	3.2 oz
Stakes - MSR Ground Hog Stake	1.5 oz
Compression Sack - Sleeping Bag 10L	3 oz
Dry Sack - Sea to Summit 4L (purple/orange)	1.6 oz
Dry Sack - Outdoor 1L (red, blue, green)	1.4 oz
Food Bag - Bear Bag by Cloud Gear	1.3 oz
Poop Bag - Space Bear Bags - Poop Moji	0.4 oz
Stuff Sack - Hammock Gear - Stake Sack (gray)	0.1 oz
Stuff Sack - Hyperlite - Drawstring - Nano 0.4L	0.1 oz
Stuff Sack - Hyperlite Pod - Small 6.8L	1.2 oz
Stuff Sack - Trowel Sheath	0.3 oz

## Clothing

### Packed (7 lbs 0.3 oz)

### Worn/On Person (6 lbs 3 oz)

Marmot Stockholm Down Jacket (yellow)	1 lb 9 oz	Patagonia R1 Air Full-Zip Hoodie	12.9 oz
Patagonia Down Sweater Hoody	14.8 oz	Shirt - SmartWool Tee	5.2 oz
Rain Jacket - Arc'teryx Zeta SL Rain Jacket	10.9 oz	Gaiters - Outdoor Research gaiters	10.2 oz
Shirt - SmartWool 1/4 zip - black	10 oz	Merrell Moab 2 Prime Mid boots	2 lb 3 oz
Shirt - SmartWool Tee	5.2 oz	Socks - Darn Tough Steely Boot Full	3.5 oz
Socks - Darn Tough Coolmax Boot Full	3.5 oz	Gloves - Trailsmith Leather	3.8 oz
Socks - Darn Tough Micro Crew	2 oz	Winter hat (green/orange) -33	1.8 oz
Gloves - Black Diamond Mercury Mitt	11 oz	Pants - Outdoor Research Cirque II Softshell Pant	1 lb 7.8 oz
Gloves - Smartwool Merino Sport Fleece	1.8 oz	Underwear - ExOfficio Sport Mesh Boxer	2.8 oz
Buff - winter (green)	3.2 oz		
Winter hat (brown) North Face	3.3 oz		
Pants - REI rain pants	10.9 oz		
Underwear - ExOfficio Sport Mesh Boxer	2.8 oz		
Underwear - Long - Smartwool	8 oz		

## Toiletries

### Packed (0 lbs 6.7 oz)

### Worn/On Person (0 lbs 0 oz)

Contact case w/solution	0.4 oz	<i>Why would I carry toiletries around in my hand?</i>	
0.3 Contact solution	0.9 oz		
Eyeglasses + microfiber case	1.3 oz		
Toilet Paper	0.8 oz		
Toothbrush	0.7 oz		
4 Toothpaste tablets	0.1 oz		
Wet Wipes	2.5 oz		

## Food

### Packed (7 lbs 8.7 oz)

### Worn/On Person (0 lbs 0 oz)

6 Coffee - Via	0.6 oz	<i>No food in my pockets.</i>	
3 Oatmeal Packet	4.8 oz		
Mountain House Pro-Pak - Stroganoff (white)	4.3 oz		
Mountain House Pro-Pak - Chk and Dumplings	4.5 oz		
Beverage (375 mL)	12.8 oz		
4 Water (16 oz)	4 lb 2.6 oz		
Tuna packet - chunk light in water	3 oz		
8 Beef stick	2.6 oz		
2 Clif Bars	4.8 oz		
2 Clif Shot Bloks	4.2 oz		
2 Oatmeal Creme Pie	2 oz		

2 Stinger Waffles	2.1 oz
4 Nuts - Misc	4 oz
Trail Mix (1 cup)	4.3 oz