

Roaring Plains, WV

DATES: November 09 - 11, 2024

SEASON: Fall

DURATION: 3 days / 2 nights

PACK WEIGHT: 29 lbs 8.9 oz

NOTES: 34° F - 58° F; Sat 41°F at noon sunny and clear skies; Sun 34°F in the AM, cloudy with intermittent rain. 58°F high; Mon 53°F in AM rain off and on

Gear

Packed (17 lbs 8.2 oz)

Worn/On Person (1 lbs 9 oz)

Backpack - 50L Osprey Atmos backpack

Black Diamond Alpine Carbon Ergo poles (green)

Hyperlite shoulder pouch

Garmin Fenix 7X Pro Solar

Osprey UltraLight pack raincover

Phone/Camera

AAA

3

Nitecore NB10000

Eno Blaze Underquilt

Bag - REI Magma 10

Pillow - Exped down pillow (M)

Therm-a-Rest Z seat pad

Fozzils collapsible bowl

Hand towel - Sea to Summit xx-small

MSR IsoPro Canister 4 oz

MSR PocketRocket 2 w/o case

Titanium coffee mug

Titanium long handle spoon (TOAKS)

TOAKS 750mL Titanium cookset

UltraGlide Bear Line 50' (red/white)

Cotton ball/Vaseline

Duraflame cubes (white)

2

Flint/Steel stick

UCO SM torch lighter without case

UCO survival matches

0.5

Carabiner - Hilltop Packs (micro)

2

Carabiner - Metolius FS Mini II

Cnoc Outdoors VECTO 67oz (2L) bladder

Evernew - 67oz pouch with rubber band

Katadyn Micropur Tablets

2

Nalgene 48oz (1420mL) bottle

Nalgene Flask (minus lid and holder)

Sawyer water filter

Headlamp - Black Diamond Spot 325 lumen (red)

Maglite Solitaire

Chair - Helinox Chair Zero

Game - Chess Mini

Silky F180 hand saw

Vargo Dig Dig Trowel

Body Glide mini	0.2
Compass - Suunto A-10	
First Aid kit - Weekender	
Knife - Swiss Army Classic	
Map of area printed on TerraSlate	
Bug Net - Warbonnet Net Top	
Hammock - Warbonnet Blackbird XLC (orange)	
Kammok Mesa Mat (Single)	
Stakes - Kammok tarp stakes	4
Stakes - Warbonnet Titanium Nail Spike	2
Stakes - Vargo titanium shepherd hook	4
Straps - Whoopies w/Dynaweave Straps	
Stakes - Kammok tarp stakes	4
Stakes - Vargo Titanium Nail Peg	2
Tarp - Warbonnet Minifly silpoly 11' x 7.6'	
Compression Sack - Sleeping Bag 14L	
Dry Sack - Outdoor 1L (red, blue, green)	2
Food Bag - Bear Bag by Cloud Gear	
Stuff Sack - Hilltop Packs - Stake Sack (vampire)	
Stuff Sack - Hyperlite - Drawstring - Nano 0.4L	
Stuff Sack - Hyperlite Pod - Small 6.8L	

Clothing

Packed (5 lbs 5.4 oz)	Worn/On Person (2 lbs 2.6 oz)
Patagonia Down Sweater Hoody	Shirt - Patagonia Capilene Cool Daily
Patagonia Houdini jacket	Brooks Cascadia 16 trail runners
Rain Jacket - Arc'teryx Zeta SL Rain Jacket	Socks - Balega Ultralight Crew Socks
Shirt - Patagonia Capilene Cool Daily	Running hat
Shirt - SmartWool Hoody - gray	Compression Sleeves - CEP
Socks - Darn Tough Micro Crew	Shorts - Running shorts - 5"
Socks - SmartWool Expedition Crew	
Gloves - Trailsmith Leather	
Buff with insect shield	
Winter hat (green/orange) -33	
Pants - Prana Stretch Zion (khaki, brown)	
Pants - REI rain pants	
Shorts - Running shorts - 5"	

Toiletries

Packed (0 lbs 6.9 oz)	Worn/On Person
Contact case w/solution	<i>Why would I carry toiletries around in my hand?</i>
Contact solution	0.3
Eyeglasses + microfiber case	
Toilet Paper	
Toothbrush	
Toothpaste	0.1

Toothpaste tablets 4

Food

Packed (6 lbs 4.4 oz)

Worn/On Person

Coffee - Via 4 *No food in my pockets.*

Oatmeal Packet 3

Ramen Noodles 2

Ron (375 mL)

Water (16 oz) 3.0000

Tuna packet - Hickory 2.00

Beef stick 8

Clif Bars 2

Kind Bars 2

Oatmeal Creme Pie 2

Chomps 2

Pretzels with PB 0.5

Trail Mix (1 cup)