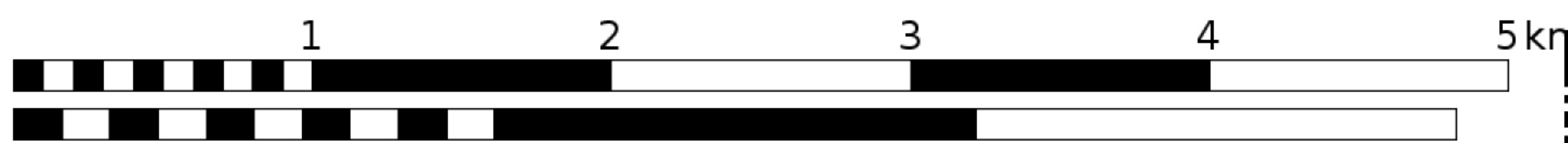


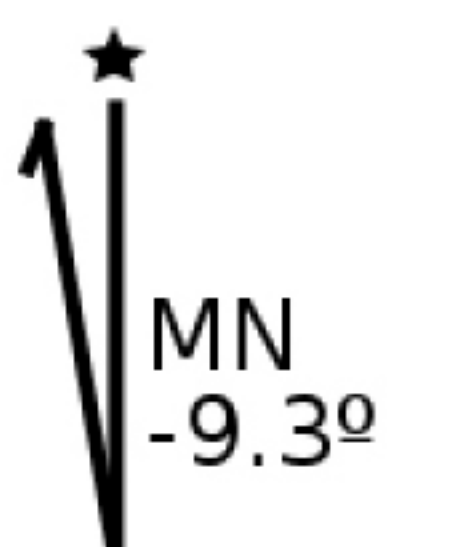
Mercator Projection

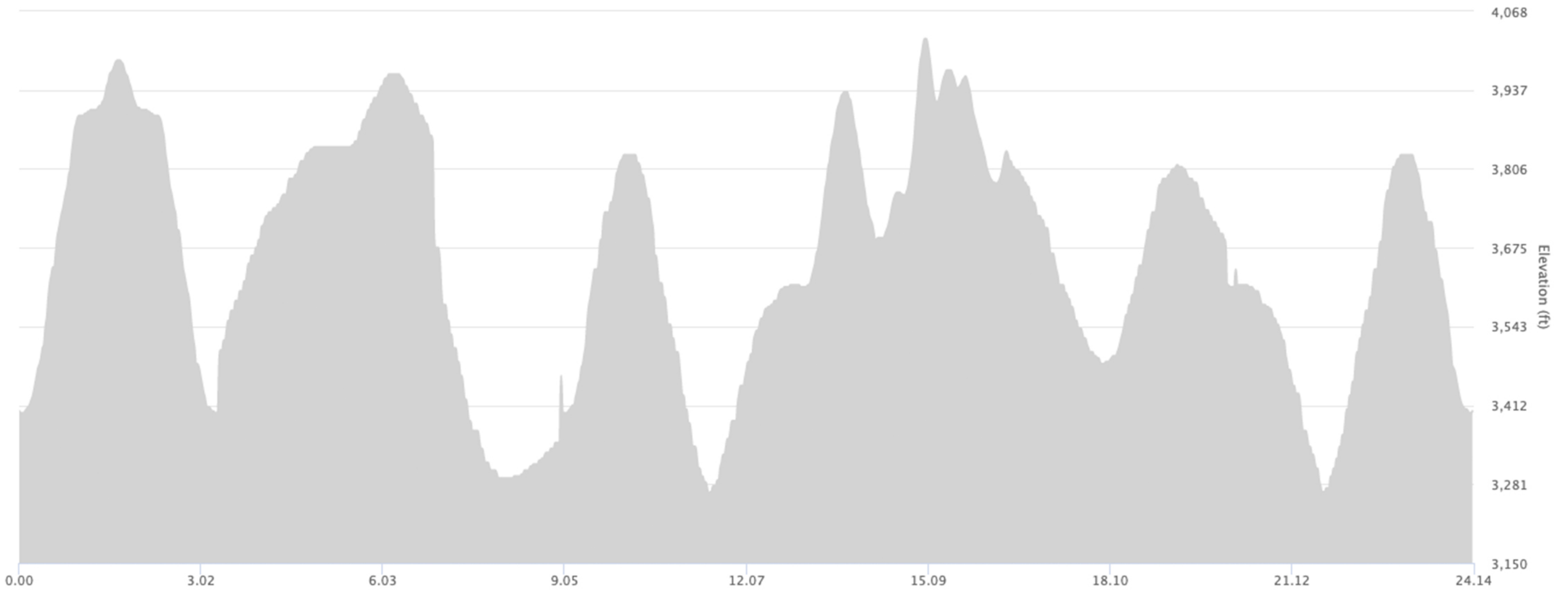
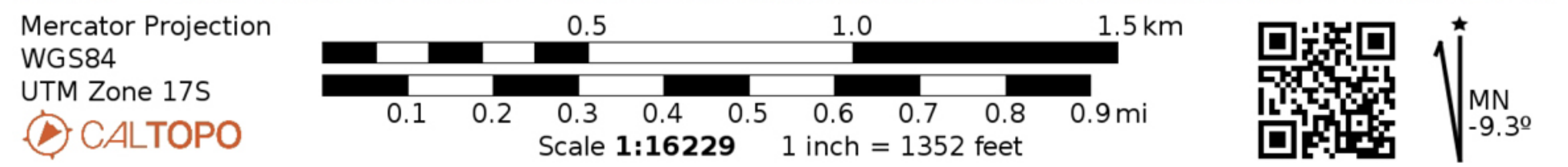
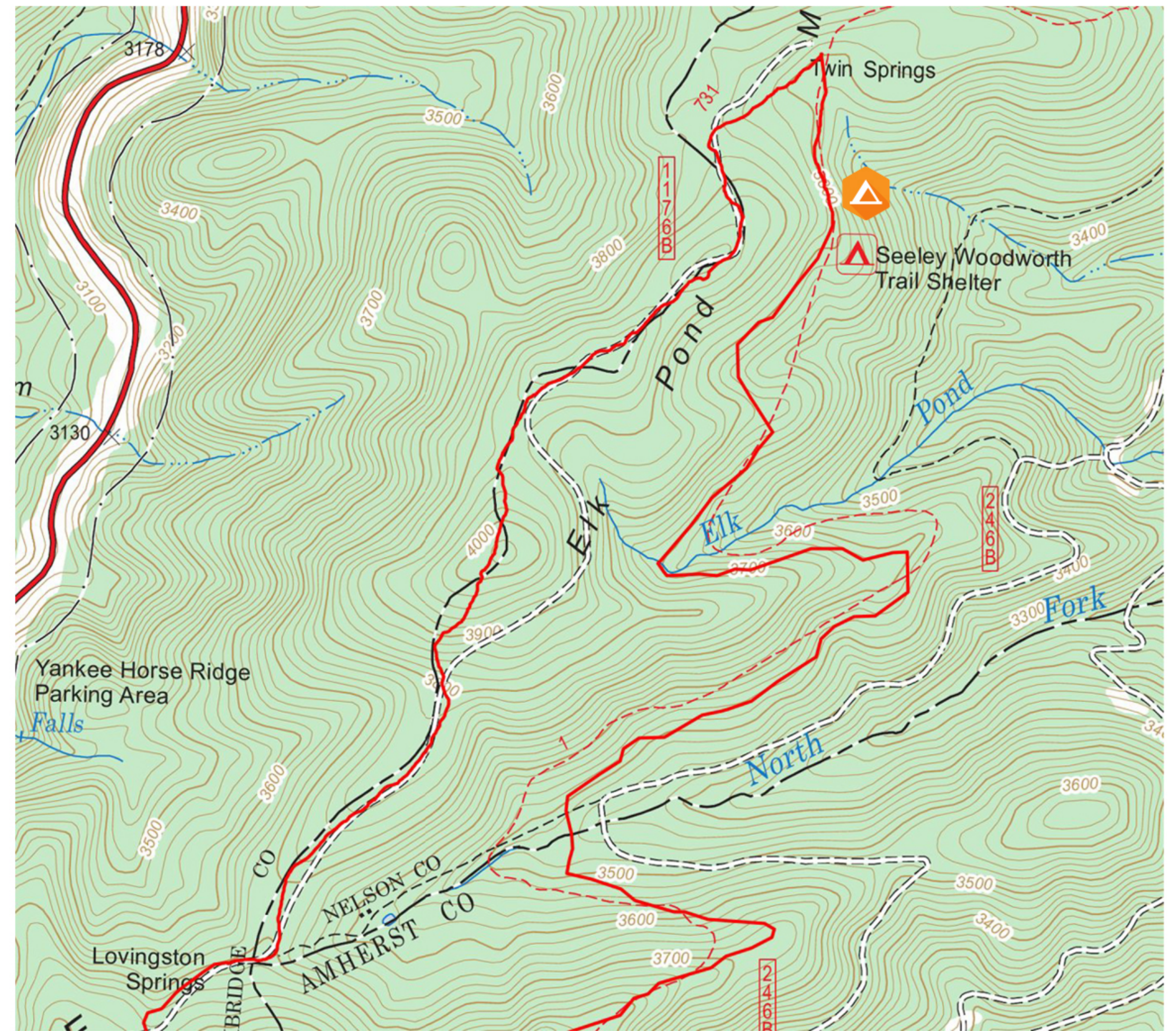
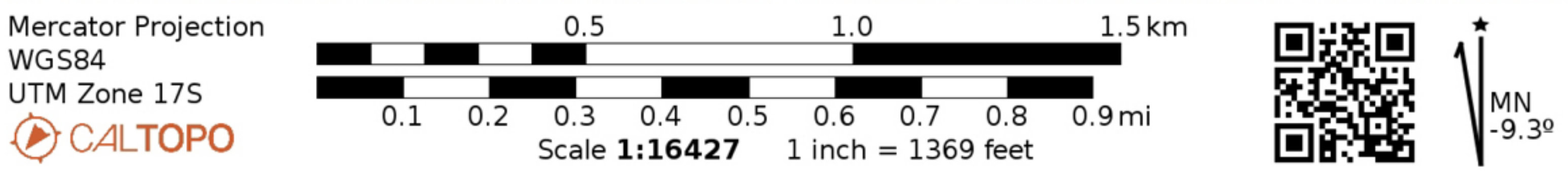
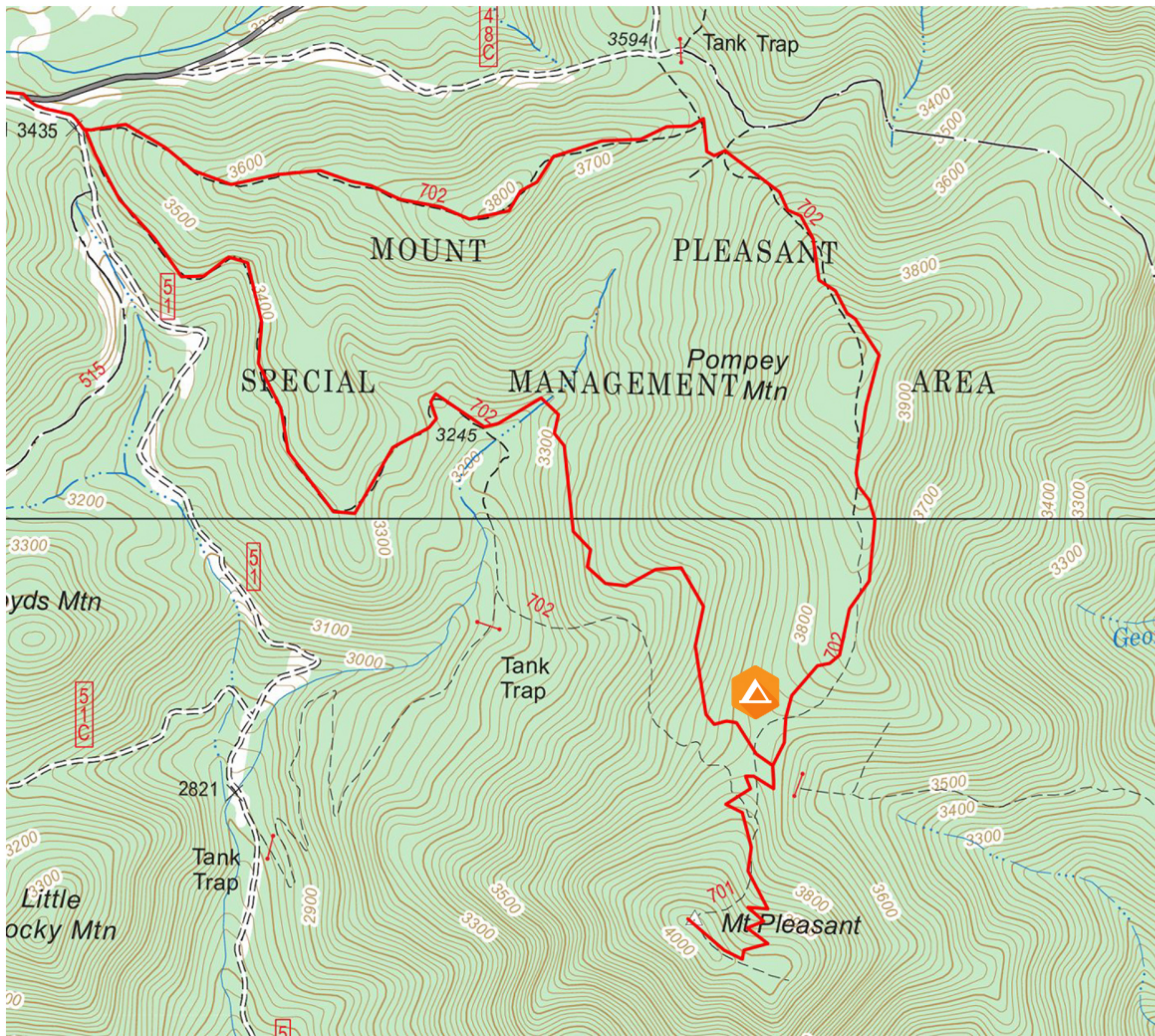
WGS84

UTM Zone 17S



Scale **1:42747** 1 inch = 3562 feet





Location	Distance (leg)	Gain (leg)	Loss (leg)	Distance (overall)	Gain (overall)	Loss (overall)	Day	Start Time	Duration	Clock Time Pace: 1.5 mph	sunrise / sunset
Mt. Pleasant TH to AT Intersection	0.38	164	80	0.38	164	-80	Saturday	12:00:00 PM	0:15:12	12:15:12 PM	7:02 AM
AT Intersection to Cole Mountain Summit	1.29	593	105	1.67	757	-185	Saturday	12:15:12 PM	0:51:36	1:06:48 PM	
Cole Mountain Summit to AT Intersection	1.29	105	593	2.96	862	-778	Saturday	1:06:48 PM	0:51:36	1:58:24 PM	
AT Intersection to Mt. Pleasant TH	0.38	80	164	3.34	942	-942	Saturday	1:58:24 PM	0:15:12	2:13:36 PM	
Mt. Pleasant TH to Campsite 1	2.27	847	538	5.61	1,789	-1,480	Saturday	2:13:36 PM	1:30:48	3:44:24 PM	5:58 PM
Day & Overall Mileage Sub-Total:	5.61	1,789	1,480	3.34	1,789	-1,480			3:44:24		
Camp 1 to Mt. Pleasant Summit	0.70	347	63	4.04	2,136	-1,543	Sunday	8:00:00 AM	0:28:00	8:28:00 AM	7:01 AM
Mt. Pleasant Summit to Mt. Pleasant TH	2.75	370	986	6.79	2,506	-2,529	Sunday	8:28:00 AM	1:50:00	10:18:00 AM	
Mt. Pleasant TH to AT int via Wiggins Spr Rd	0.40	140	98	7.19	2,646	-2,627	Sunday	10:18:00 AM	0:16:00	10:34:00 AM	
AT int to Salt Log Gap/634 via AT	2.02	450	728	9.21	3,096	-3,355	Sunday	10:34:00 AM	1:20:48	11:54:48 AM	
Salt Log Gap/634 to Wiggins Spr Rd/FR 246 via AT	1.15	541	202	10.36	3,637	-3,557	Sunday	11:54:48 AM	0:46:00	12:40:48 PM	
Wiggins Spr Rd/FR 246 to Lovington Spr Trail int	0.50	187	132	10.86	3,824	-3,689	Sunday	12:40:48 PM	0:20:00	1:00:48 PM	
Lovington Spr Trail int to AT via Lovington Spr Trail	3.26	900	654	14.12	4,724	-4,343	Sunday	1:00:48 PM	2:10:24	3:11:12 PM	
AT int to Seeley Woodworth Shelter/Camp 2	0.10	5	31	14.22	4,729	-4,374	Sunday	3:11:12 PM	0:04:00	3:15:12 PM	5:59 PM
Day & Overall Mileage Sub-Total:	10.88	2,940	2,894	16.49	4,729	-4,374			7:15:12		
Shelter/Camp 2 to Wiggins Spr Rd/FR 246 via AT	4.10	909	1,191	20.59	5,638	-5,565	Monday	7:00:00 AM	2:44:00	9:44:00 AM	7:00 AM
FR 246 to Salt Log Gap/FR 634 via AT	1.17	198	581	21.76	5,836	-6,146	Monday	9:44:00 AM	0:46:48	10:30:48 AM	
FR 634 to Mt Pleasant TH via AT and Wiggins Spr Rd	2.39	822	598	24.15	6,460	-6,163	Monday	10:30:48 AM	1:35:36	12:06:24 PM	6:00 PM
Day & Overall Mileage Sub-Total:	7.66	1,929	2,370	24.15	6,658	-6,744			5:06:24		
Grand Totals:	24.15	6,658	6,744					16:06:00	Pace: 1.5		