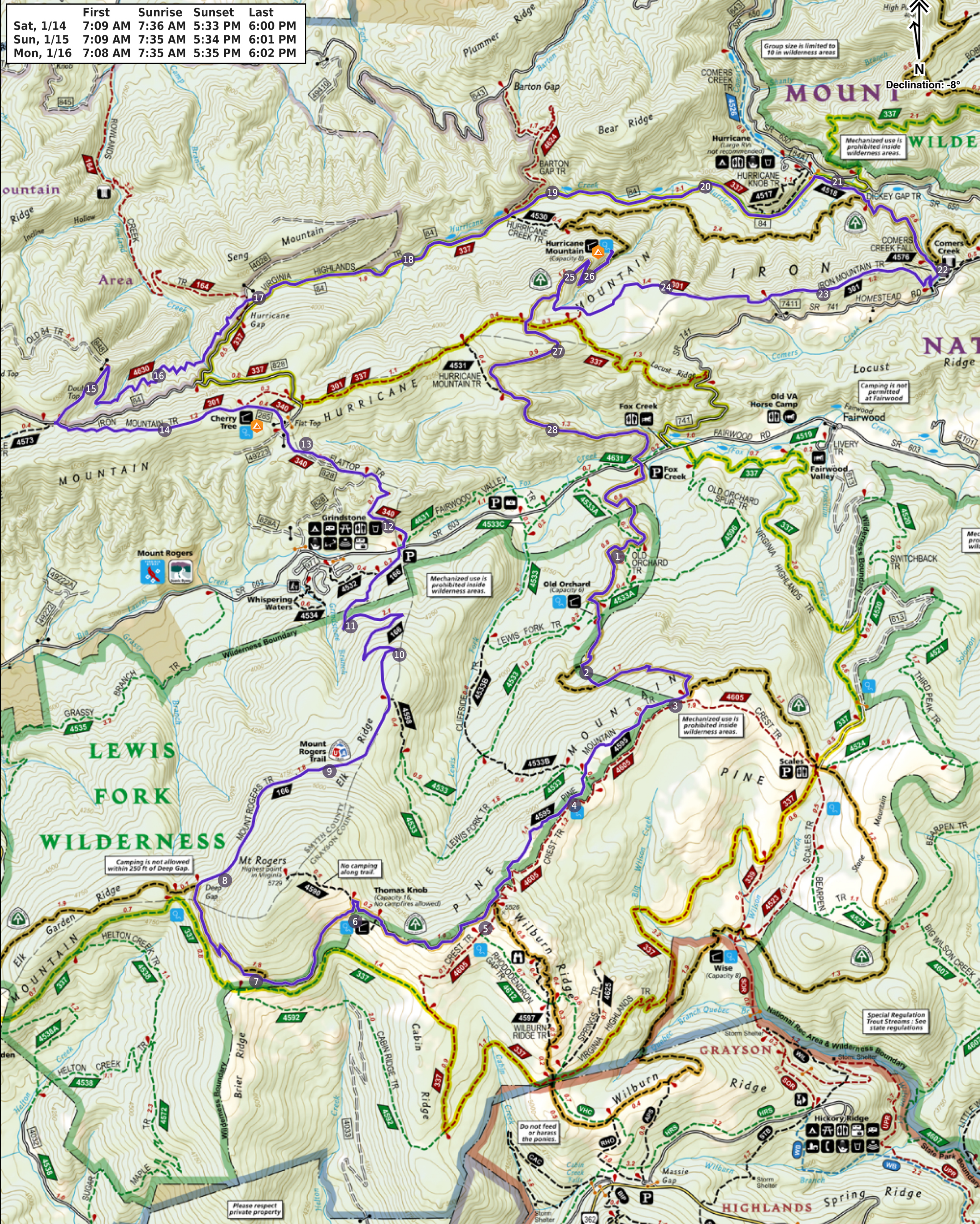


	First	Sunrise	Sunset	Last
Sat, 1/14	7:09 AM	7:36 AM	5:33 PM	6:00 PM
Sun, 1/15	7:09 AM	7:35 AM	5:34 PM	6:01 PM
Mon, 1/16	7:08 AM	7:35 AM	5:35 PM	6:02 PM



PCT
6' off trunk, 12' to bag, 15' to branch

Mt. Rogers Nat'l Rec Area
3714 Highway 16 | Marion, VA 24354 | Toll Free: 1-800-628-7202

Gaia Topo 1mi
(feet) Web Mercator | EPSG: 3857

Location	Distance (leg)	Gain (leg)	Loss (leg)	Distance (overall)	Gain (overall)	Loss (overall)	Day	Start Time	Duration	Clock Time Pace: 2 mph
Car to Old Orchard Shelter via AT	1.89	764	-0	1.89	764	0	Saturday	10:00:00 AM	0:56:42	10:56:42 AM
AT to Pine Mtn Trail Intersection	1.00	702	-0	2.89	1,466	0	Saturday	10:56:42 AM	0:30:00	11:26:42 AM
Pine Mtn Tr Int to AT/Crest Trail Intersection	1.99	509	-69	4.88	1,975	-69	Saturday	11:26:42 AM	0:59:42	12:26:24 PM
AT to Mt. Rogers Trail (166)	2.96	285	-673	7.84	2,260	-742	Saturday	12:26:24 PM	1:28:48	1:55:12 PM
Mt. Rogers Tr to Fairwood/Laurel Valley Rd	3.92	118	-1,365	11.76	2,378	-2,107	Saturday	1:55:12 PM	1:57:36	3:52:48 PM
Fairwood Rd to Fairwood Rd Parking Lot	0.03	17	-0	11.79	2,395	-2,107	Saturday	3:52:48 PM	0:00:54	3:53:42 PM
Flat Top Tr/828/IMT to Cherry Tree Shelter Camp 1	1.63	640	-0	13.42	3,035	-2,107	Saturday	3:53:42 PM	0:48:54	4:42:36 PM
Day & Overall Mileage Sub-Total:	13.42	3,035	-2,107	13.42	3,035	-2,107			6:42:36	
Camp to Double Top Tr via Grave Mtn Tr	1.26	157	-279	14.68	3,192	-2,386	Sunday	8:00:00 AM	0:37:48	8:37:48 AM
Right/North on Double Top Tr to Old 84 Tr	0.51	7	-151	15.19	3,199	-2,537	Sunday	8:37:48 AM	0:15:18	8:53:06 AM
Rt/South on Old 84 to Hurricane Rd/FS84	1.78	36	-394	16.97	3,235	-2,931	Sunday	8:53:06 AM	0:53:24	9:46:30 AM
FS84 to AT spur at Hurricane Campground Rd	3.88	0	-981	20.85	3,235	-3,912	Sunday	9:46:30 AM	1:56:24	11:42:54 AM
AT spur to AT	0.35	79	-3	21.20	3,314	-3,915	Sunday	11:42:54 AM	0:10:30	11:53:24 AM
AT to Comers Creek Tr	0.64	390	-0	21.84	3,704	-3,915	Sunday	11:53:24 AM	0:19:12	12:12:36 PM
Comers Creek Tr to Iron Mtn Tr	0.20	180	-0	22.04	3,884	-3,915	Sunday	12:12:36 PM	0:06:00	12:18:36 PM
Right/West on Iron Mtn Tr to AT	2.74	722	-66	24.78	4,606	-3,981	Sunday	12:18:36 PM	1:22:12	1:40:48 PM
AT to Hurricane Shelter spur and Camp 2	0.64	0	-305	25.42	4,606	-4,286	Sunday	1:40:48 PM	0:19:12	2:00:00 PM
Day & Overall Mileage Sub-Total:	12.00	1,571	-2,179	25.42	4,606	-4,286			6:00:00	
Hurricane Shelter to IMT via AT	0.64	305	-0	26.06	4,911	-4,286	Monday	8:00:00 AM	0:19:12	8:19:12 AM
AT to Fox Creek Pkg Lot (Car)	2.49	223	-915	28.55	5,134	-5,201	Monday	8:19:12 AM	1:14:42	9:33:54 AM
Day & Overall Mileage Sub-Total:	3.13	528	-915	28.55	5,134	-5,201			1:33:54	
Grand Totals:	28.55	5,134	-5,201					14:16:30	Pace: 2.0	

