

Mountains to Sea, NC

Dates: June 25 - 27, 2021

Season: Summer

Duration: 3 days / 2 nights

Pack Weight: 21 lbs 4.3 oz

Notes: 62° F - 82° F; Fri 79°F/62°F, sunny and tad muggy; Sat 80°F/65°F AM clear skies; Sun 81°F/64°F cloudy and humid.

Gear

Packed (11 lbs 6.1 oz)		Worn/On Person (1 lbs 11.8 oz)		
	Ultimate Direction Fastpack 35L	1 lb 9 oz	Leki Micro Vario Carbon Poles	1 lb 0.9 oz
	Nylofume® Pack Liner Bags	0.9 oz	Garmin Fenix 6X Pro Solar	2.9 oz
3	AAA lithium ion	0.9 oz	Phone/Camera	4.9 oz
	PNY T2600 USB Charger	2.4 oz	Knife - Benchmade Mini-Griptilian	2.8 oz
	Eno Ignitor Topquilt	1 lb 7 oz	Map of area printed on TerraSlate	0.3 oz
	Therm-a-Rest NeoAir XLite Sleeping Pad	13 oz		
	Therm-a-Rest Z seat pad	2 oz		
	Hand towel - Sea to Summit xx-small	1.1 oz		
	MSR IsoPro Canister 4 oz	5.6 oz		
	Fozzils collapsible cup	1.1 oz		
	MSR PocketRocket 2 w/o case	2.6 oz		
	TOAKS 750mL Titanium cookset	3.6 oz		
	Titanium long handle spoon (TOAKS)	0.7 oz		
	UltraGlide Bear Line 50' (red/white)	1.7 oz		
	Cotton ball/Vaseline	0.8 oz		
	Duraflame cubes (white)	0.6 oz		
	UCO survival matches	0.6 oz		
	Flint/Steel stick	0.9 oz		
	UCO SM torch lighter without case	1.6 oz		
	Carabiner - Metolius FS Mini II	0.8 oz		
	Smart water bottle - empty (33.8 oz)	1 oz		
	Ultimate Direction FlexForm 21oz bottle	2.5 oz		
	Nalgene Flask (minus lid and holder)	1.8 oz		
	Evernew - 67oz pouch with rubber band	1.5 oz		
	Sawyer water filter	3.5 oz		
	Maglite Solitaire	0.9 oz		
	Headlamp - Black Diamond Spot 325 lumen (green)	1.7 oz		
	Chair - Helinox Chair Zero	1 lb 0 oz		
	Cigar cutter	0.8 oz		
	Game - Dice	0.9 oz		
	Pen - Fisher Space Pen	0.6 oz		
	Poop trowel - The Deuce 3	1 oz		
	Silky F180 hand saw	5.7 oz		
	Compass - Suunto	1.1 oz		
	First Aid kit - Day Hiker	6 oz		
	Picaridin Insect Repellent	4 oz		
	Body Glide mini	1.4 oz		
	Adjustable Structural Ridgeline	0.4 oz		
	Bug Net - Kammok Dragonfly	9.8 oz		
	Hammock - ENO SuperSub Double	9.8 oz		
4	Stakes - Kammok tarp stakes	1.5 oz		
2	Stakes - Vargo titanium shepherd hook	0.6 oz		
	Straps - Kammok Python 10 UL	3.2 oz		
	Tarp - Kammok Kuhli UL	12.5 oz		
2	Dry Sack - Outdoor 1L (red, blue, green)	1.4 oz		
	Dry Sack - Sea to Summit 13L (red-orange)	2.4 oz		

Stuff Sack - Hyperlite - Roll-Top - Medium 9.4L	1.2 oz
Stuff Sack - Hyperlite - Drawstring - Nano 0.4L	0.1 oz

Clothing

Packed (2 lbs 2.6 oz)

Salomon Bonatti WP Rain Jacket	7 oz
Shirt - SmartWool Hoody - gray	8.8 oz
Shirt - Patagonia Capilene Cool Daily	4.5 oz
Socks - Injinji Trail Midweight Mini-Crew	1.6 oz
Socks - Smartwool PhD Run Ultra Light Low-Cut	1.4 oz
Pants - Outdoor Research Helium Pant	6.2 oz
Shorts - Running shorts - 5"	5.1 oz

Worn/On Person (2 lbs 5.1 oz)

Shirt - Patagonia Capilene Cool Daily	4.5 oz
Brooks Cascadia 14 trail runners	1 lb 5.4 oz
Gaiters - Dirty Girl Gaiters	1.3 oz
Socks - Smartwool PhD Run Ultra Light Low-Cut	1.4 oz
Buff with insect shield	1.3 oz
Running hat	1.3 oz
Sunglasses (backup)	0.8 oz
Shorts - Running shorts - 5"	5.1 oz

Toiletries

Packed (0 lbs 6.9 oz)

2 Contact case w/solution	0.8 oz
Eyeglasses + microfiber case	1.3 oz
Toilet Paper	1.3 oz
Toothbrush	0.7 oz
Toothpaste	0.5 oz
Wet Wipes	2.3 oz

Worn/On Person (0 lbs 0 oz)

Why would I carry toiletries around in my hand?

Food

Packed (7 lbs 4.7 oz)

4 Coffee - Via	0.4 oz
4 Oatmeal Packet	6.4 oz
Mountain House Pro-Pak - Stroganoff (white)	4.3 oz
Mountain House Pro-Pak - Chk and Rice (white)	4.6 oz
Ron (375 mL)	12.8 oz
3.42625 Water (16 oz)	3 lb 9.1 oz
2 Tuna packet - chunk light in water	6 oz
Cigar	0.9 oz
3 Beef stick	2.4 oz
3 Clif Bars	7.2 oz
2 Clif Shot Bloks	4.2 oz
3 GU Energy Gel	3.3 oz
2 Tailwind packet	3.8 oz
3.3 Almonds (1 oz)	3.3 oz

Worn/On Person (0 lbs 0 oz)

No food in my pockets.