

Iron Mountain, VA

Dates: December 28 - 30, 2020

Season: Winter

Duration: 3 days / 2 nights

Pack Weight: 30 bs 14.1 oz

Notes: 22° F - 42° F; Mon cloudy mild winds; Tue sunny and cold during the day; super cold and windy at night; Wed cloudy and cool.

Gear

Packed (18 lbs 3.6 oz)

Worn/On Person (1 lbs 7 oz)

Backpack - 50L Osprey Atmos backpack	4 lb 0 oz	Black Diamond Alpine Carbon Ergo poles (green)	1 b 1 oz
Osprey UltraLight pack raincover	3.4 oz	Garmin Fenix 6X Pro Solar	2.9 oz
3 AAA lithium ion	0.9 oz	Knife - Benchmade Mini-Griptilian	2.8 oz
PNY T2600 USB Charger	2.4 oz	Map of area printed on TerraSlate	0.3 oz
Bag - REI Magma 10	1 lb 14 oz		
Pillow - Exped down pillow (M)	5.3 oz		
Sea to Summit Extreme Mummy Bag Liner	14 oz		
Therm-a-Rest NeoAir XTherm Max Sleeping Pad	1 lb 1 oz		
Therm-a-Rest Z seat pad	2 oz		
Hand towel - Sea to Summit xx-small	1.1 oz		
MSR IsoPro Canister 4 oz	7.5 oz		
MSR PocketRocket 2 w/o case	2.6 oz		
TOAKS 750mL Titanium cookset	3.6 oz		
Titanium coffee mug	3.9 oz		
Titanium long handle spoon (TOAKS)	0.7 oz		
Fozzils collapsible cup	1.1 oz		
UltraGlide Bear Line 50' (red/white)	1.7 oz		
Cotton ball/Vaseline	0.8 oz		
Duraflame cubes (white)	0.6 oz		
Flint/Steel stick	0.9 oz		
UCO SM torch lighter	2.4 oz		
UCO survival matches	0.6 oz		
2 ExtremeStart Firestarter	4.4 oz		
Carabiner - Metolius FS Mini II	0.8 oz		
Nalgene 32oz bottle	3 oz		
Ultimate Direction FlexForm 21oz bottle	2.5 oz		
Nalgene Flask (minus lid and holder)	1.8 oz		
Evernew - 30oz pouch with rubber band	1 oz		
Sawyer mini water filter - green	1.8 oz		
Headlamp - Black Diamond Spot 325 lumen (green)	1.7 oz		
Maglite Solitaire	0.9 oz		
Chair - Helinox Chair Zero	1 lb 0 oz		
Chair - REI Flexlite Chair Underquilt	6 oz		
Chair - Helinox Table One	1 lb 8 oz		
Cigar cutter	0.8 oz		
Pen - Fisher Space Pen	0.6 oz		
Game - Dice	0.9 oz		
Poop trowel - The Deuce 3	1 oz		
Silky F180 hand saw	5.7 oz		
Compass - Suunto	1.1 oz		
Compass/Thermometer Keychain	0.3 oz		
First Aid kit - Day Hiker	4.5 oz		
2 Hand warmers (2 pack)	3.2 oz		
3 Stakes - MSR Ground Hog Stake	1.5 oz		
REI quarter dome T1 (red) 3 gylines & bag	1.2 oz		
REI quarter dome T1 (red) footprint	4.8 oz		

8 REI quarter dome T1 (red) tent stake	3.2 oz
REI quarter dome T1 (red) poles	12.9 oz
REI quarter dome T1 (red) tent	1 lb 0 oz
Stuff Sack - Hyperlite - Drawstring - Nano 0.4L	0.1 oz
Dry Sack - Outdoor 1L (red, blue, green)	1.4 oz
Stuff Sack - Hyperlite - Drawstring - Large 4.4L	0.5 oz
Stuff Sack - Sea to Summit 13L (purple)	1.5 oz

Clothing

Packed (5 lbs 14.6 oz)

Worn/On Person (5 lbs 6.8 oz)

KUHL Spyfire Down Hoodie	14.8 oz	Patagonia Houdini jacket	3.7 oz
Mammut Wenaha Rain Jacket	1 lb 0 oz	Shirt - SmartWool Hoody - blue	7.7 oz
Shirt - SmartWool 1/4 zip - black	10 oz	Shirt - SmartWool Tee	5.2 oz
Shirt - Patagonia Capilene Cool Daily	4.5 oz	Merrell Moab 2 Prime Mid boots	2 b 3 oz
Merrell Trail Glove 4	1 lb 0 oz	Socks - WrightSock CoolMesh II Crew	1.6 oz
Socks - REI lightweight merino quarter socks	3.5 oz	Gaiters - Outdoor Research gaiters	10.2 oz
Socks - WrightSock CoolMesh II Crew	1.6 oz	Gloves - Smartwool liners	2 oz
Gloves - Black Diamond Mercury Mitt	11 oz	Buff - winter	3.2 oz
Winter hat (brown) North Face	3.3 oz	Pants - Kuhl Destroyr Softshell	15.4 oz
Shorts - Running shorts - 7"	7.6 oz	Underwear - ExOfficio Sport Mesh Boxer	2.8 oz
Underwear - Long	6.3 oz		

Toiletries

Packed (0 lbs 7.3 oz)

Worn/On Person (0 lbs 0 oz)

2 Contact case w/solution	0.8 oz	<i>Why would I carry toiletries around in my hand?</i>
Eyeglasses + microfiber case	1.3 oz	
Medicine	0.6 oz	
Toilet Paper	0.8 oz	
Toothbrush	0.7 oz	
Toothpaste	0.6 oz	
Wet Wipes	2.5 oz	

Food

Packed (6 lbs 4.6 oz)

Worn/On Person (0 lbs 0 oz)

6 Coffee - Via	0.6 oz	<i>No food in my pockets.</i>
4 Oatmeal Packet	6.4 oz	
Mountain House Italian Pepper Steak (white)	3.5 oz	
Mountain House Pro-Pak - Stroganoff (white)	4.3 oz	
Ron (375 mL)	12.8 oz	
3.1325 Water (16 oz)	3 lb 4.2 oz	
2 Tuna packet	5 oz	
2 Cigar	1.8 oz	
2 Clif Bars	4.8 oz	
2 Clif Shot Bloks	4.2 oz	
4 Hot Chocolate Mix	2.9 oz	
2 Beef stick	1 oz	
GU Energy Gel	1.1 oz	