

Dolly Sods, WV

DATES: February 21 - 23, 2017

SEASON: Winter

DURATION: 3 days / 2 nights

PACK WEIGHT: 28 lbs 1.8 oz

NOTES: 34° F - 54° F; 15MPH winds; wind chill 18°F; some rain

Gear

Packed (17 lbs 2.3 oz)

Backpack - 48L Osprey Kestrel

AAA lithium ion

4

Bag - North Face zero synthetic down

Pillow - Exped Air Pillow (M)

Sea to Summit Reactor Mummy Bag Liner

Therm-a-Rest NeoAir XLite Sleeping Pad

Therm-a-Rest Z seat pad

Hand towel - REI

MSR French Press

MSR IsoPro Canister 4 oz

MSR WindBurner Stove

Titanium coffee mug

Titanium spork

Paracord 50' (green)

Flint/Steel stick

Match kit

Soto Torch and lighter

Carabiner - Black Diamond Neutrino

4

Nalgene 32oz bottle

2

Neoprene bottle holder

Sawyer 32oz pouch & rubber band

Sawyer water filter

Headlamp - Black Diamond Storm 350 lumen

Black Diamond Pole baskets (pair)

Black Diamond rubber pole tips (pair)

Straps - Sea to Summit 3/8" x 40" straps

2

Sven saw 15"

Compass - Suunto

Compass/Thermometer Keychain

First Aid kit - Weekender

Hand warmers (2 pack)

2

Knife - Buck fixed blade

Stakes - MSR Ground Hog Stake

REI quarter dome T1 (green) footprint

Worn/On Person (1 lbs 14.6 oz)

Black Diamond Ergo Cork hiking poles

Garmin 920XT

Phone/Camera

Knife - Gerber folding

Map of area printed on TerraSlate

REI quarter dome T1 (green) tent

Dry Sack - Outdoor 1L (red, blue, green) 3

Dry Sack - Sea to Summit 20L (yellow)

Dry Sack - Sea to Summit 4L (purple/orange)

Clothing

Packed (1 lbs 12.1 oz)

Socks - SmartWool Expedition Crew

Running hat

Pants - REI rain pants

Underwear - Long

Underwear - Nike Compression Shorts 2

Worn/On Person (8 lbs 9 oz)

KUHL Spyfire Down Hoodie

North Face Resolve rain jacket

Shirt - Long Sleeve

Shirt - Wicking Tee

Asolo boots

Gaiters - Outdoor Research gaiters

Socks - SmartWool Expedition Crew

Gloves - Seirus All Weather

Toiletries

Packed (0 lbs 9.2 oz)

Compact

Contact case w/solution 2

Eyeglasses + hard case

Toilet Paper

Toothbrush

Toothpaste

Worn/On Person

Why would I carry toiletries around in my hand?

Food

Packed (8 lbs 10.2 oz)

Coffee - Ground (1 cup) 2

Oatmeal ziploc (1 cup) 2

Mountain House 2

Potatoes - Russet

Ron (375 mL)

Water (16 oz) 4

Tuna packet 3

Beef Jerky (8 oz bag)

Clif Bars 3

Clif Shot Bloks

Worn/On Person

No food in my pockets.