

Uwharrie, NC

DATES: August 15 - 16, 2020

SEASON: Summer

DURATION: Overnight

PACK WEIGHT: 23 lbs 2.3 oz

NOTES: 70° F - 86° F; Sat humid, heavy rain after 7PM. High 86°F, heat index 92°F; Sun morning 68°F and 70°F by noon.

Gear

Packed (13 lbs 2 oz)

Backpack - Osprey Stratos 34L

AAA lithium ion

PNY T2600 USB Charger

Pillow - Exped Air Pillow (M) 2019

Sea to Summit Reactor Mummy Bag Liner

Therm-a-Rest NeoAir XLite Sleeping Pad

Therm-a-Rest Z seat pad

Hand towel - Sea to Summit xx-small

MSR IsoPro Canister 4 oz

MSR PocketRocket 2 w/o case (old)

TOAKS 750mL Titanium cookset

MSR Windburner fuel stand

Titanium spork

UltraGlide Bear Line 50' (red/white)

Cotton ball/Vaseline

Duraflame cubes (white)

UCO survival matches

Flint/Steel stick

UCO SM torch lighter without case

Carabiner - Metolius FS Mini II

Nalgene 48oz bottle

Ultimate Direction FlexForm 21oz bottle

Nalgene Flask (minus lid and holder)

Evernew - 30oz pouch with rubber band

Sawyer mini water filter - blue

Headlamp - Black Diamond Spot 325 lumen (red)

Maglite Solitaire

Chair - Helinox Chair Zero

Cigar cutter

Game - Dice

Pen - Fisher Space Pen

Poop trowel - The Deuce 3

Silky F180 hand saw

Worn/On Person (1 lbs 11.9 oz)

Black Diamond Alpine Carbon Ergo poles (green)

3 Garmin Fenix 6X Pro Solar

Phone/Camera

Knife - Benchmade Mini-Griptilian

Map of area printed on TerraSlate

Compass - Suunto	
First Aid kit - Day Hiker	
Knife - Leatherman Squirt PS4 Multi-tool	
Picaridin Insect Repellent	
Tarp - Paria Sanctuary siltarp 10' x 8'	
Adjustable Structural Ridgeline	
Bug Net - Kammok Dragonfly	
Hammock - ENO SuperSub Double	
Stakes - Paria guylines, stakes, and bag	
Stakes - Kammok tarp stakes	4
Stakes - MSR Ground Hog Stake	2
Straps - Kammok Python 10 UL	
Tarp - Kammok Kuhli UL	
Dry Sack - Outdoor 1L (red, blue, green)	2

Clothing

Packed (2 lbs 12.2 oz)	Worn/On Person (2 lbs 13.9 oz)
Mammut Wenaha Rain Jacket	Shirt - SmartWool Tee
Shirt - SmartWool Hoody - blue	Brooks Cascadia 11 trail runners
Shirt - SmartWool Tee	Socks - WrightSock CoolMesh II Crew
Socks - WrightSock CoolMesh II Crew	Buff with insect shield
Pants - REI rain pants	Running hat
Underwear - ExOfficio Sport Mesh Boxer	Sunglasses (backup)
	Shorts - Prana Stretch Zion (khaki, charcoal)
	Underwear - ExOfficio Sport Mesh Boxer

Toiletries

Packed (0 lbs 9 oz)	Worn/On Person
Compact	<i>Why would I carry toiletries around in my hand?</i>
Contact case w/solution	
Eyeglasses + microfiber case	
Toilet Paper	
Toothbrush	
Toothpaste	

Food

Packed (6 lbs 11.1 oz)	Worn/On Person
Coffee - Via	2 <i>No food in my pockets.</i>
Oatmeal Packet	2
Mountain House Pro-Pak - Chk and Mashed Papa	
Ron (375 mL)	
Water (16 oz)	4.31
Tuna packet - chunk light in water	

Cigar

Clif Bars

2

Clif Shot Bloks

2

Crackers