

Linville Gorge, NC

DATES: August 16 - 18, 2019

SEASON: Summer

DURATION: 3 days / 2 nights

PACK WEIGHT: 26 lbs 1.8 oz

NOTES: 62° F - 93° F; Heat index +/-100°F midday each day; Fri dry and HOT, 91°F/61°F; Sat sunny and dry, high of 91°F; Sun morn 62°F; sunny 82°F hike back

Gear

Packed (14 lbs 6.2 oz)

Backpack - Osprey Stratos 34L

AAA lithium ion

PNY T2600 USB Charger

Pillow - Exped down pillow (M)

Sea to Summit Reactor Mummy Bag Liner

Therm-a-Rest NeoAir XLite Sleeping Pad

Therm-a-Rest Z seat pad

Hand towel

MSR IsoPro Canister 4 oz

MSR WindBurner Stove

Titanium coffee mug

Titanium long handle spoon (TOAKS)

UltraGlide Bear Line 50' (red/white)

Utility 50' (orange/Reflective)

Cotton ball/Vaseline

Duraflame cubes (white)

SOL all weather fire cube

Flint/Steel stick

UCO SM torch lighter without case

Carabiner - Metolius FS Mini II

Nalgene 48oz bottle

Ultimate Direction FlexForm 21oz bottle

Nalgene Flask (minus lid and holder)

Evernew - 67oz pouch with rubber band

Sawyer water filter

Headlamp - Black Diamond Spot 325 lumen

Chair - Helinox Chair Zero

Cigar case (tube)

Cigar cutter

Game - Chess

Game - Dice

Pen - Fisher Space Pen

Poop trowel - The Deuce 3

Worn/On Person (1 lbs 12.8 oz)

Black Diamond Alpine Carbon Ergo poles

3 Garmin Fenix 5X

Phone/Camera

Knife - Benchmade Mini-Griptilian

Backpacking permit

Map of area printed on TerraSlate

Silky F180 hand saw	
Compass - Suunto	
First Aid kit - Weekender	
Picaridin Insect Repellent	
Adjustable Structural Ridgeline	
Bug Net - Kammok Dragonfly	
Hammock - ENO SuperSub Double	
Stakes - Kammok tarp stakes	4
Stakes - MSR Ground Hog Stake	2
Straps - Kammok Python 10 UL	
Tarp - Kammok Kuhli UL	
Dry Sack - Outdoor 1L (red, blue, green)	2
Dry Sack - Sea to Summit 13L (red-orange)	
Dry Sack - Sea to Summit 4L (purple/orange)	

Clothing

Packed (2 lbs 12.2 oz)	Worn/On Person (3 lbs 0.4 oz)
Mammut Wenaha Rain Jacket	Shirt - SmartWool Tee
Shirt - SmartWool Hoody - blue	Brooks Cascadia 11 trail runners
Shirt - SmartWool Tee	Socks - WrightSock CoolMesh II Crew
Socks - WrightSock CoolMesh II Crew	Buff with insect shield
Pants - REI rain pants	Running hat
Underwear - ExOfficio Sport Mesh Boxer	Sunglasses (backup)
	Belt
	Shorts - Prana Stretch Zion (khaki, charcoal)

Toiletries

Packed (0 lbs 9.4 oz)	Worn/On Person
Compact	<i>Why would I carry toiletries around in my hand?</i>
Contact case w/solution	
Eyeglasses + microfiber case	
Toilet Paper	
Toothbrush	
Toothpaste	

Food

Packed (8 lbs 6 oz)	Worn/On Person
Coffee - Via	5 <i>No food in my pockets.</i>
Oatmeal Packet	4
Mountain House Pro-Pak - Stroganoff	
Mountain House Italian Pepper Steak	
Ron (375 mL)	
Water (16 oz)	4.3

Tuna packet - Albacore	3
Cigar	4
Clif Bars	3
Clif Shot Bolks	3