

Uwharrie, NC

DATES: March 16 - 18, 2019

SEASON: Winter

DURATION: Overnight

PACK WEIGHT: 29 lbs 4.9 oz

NOTES: 34°F - 54°F; Sat sunny and dry, high of 54°F; Sun morn 34°F; sunny hike back

Gear

Packed (20 lbs 11.2 oz)

Backpack - 50L Osprey Atmos backpack

AAA lithium ion

4

Anker 10000 USB Charger

Bag - REI Magma 10

Pillow - Nemo Striped Orange pillow

Therm-a-Rest NeoAir XTherm Max Sleeping Pad

Hand towel

MSR IsoPro Canister 4 oz

0.5

MSR WindBurner Stove

Titanium coffee mug

Titanium spork

UltraGlide Bear Line 50' (red/white)

Cotton ball/Vaseline

0.5

Duraflame cubes (white)

2

Flint/Steel stick

UCO SM torch lighter

UCO survival matches

Carabiner - Metolius FS Mini II

2

Nalgene 48oz bottle

Sawyer 64oz pouch & rubber band

Sawyer water filter

Headlamp - Black Diamond Storm 350 lumen

Chair - Helinox Chair Zero

Game - Checkers

Game - Dice

Joby iPhone Tripod

Poop trowel

Notebook - Rite in the Rain

Pen - Fisher Space Pen

Silky F180 hand saw

Compass - Suunto

Compass/Thermometer Keychain

First Aid kit - Weekender

Hand warmers (2 pack)

Worn/On Person (1 lbs 12.9 oz)

Black Diamond Alpine Carbon Ergo poles

Garmin Fenix 5X

Phone/Camera

Knife - Benchmade North Fork

Map of area printed on TerraSlate

Knife - Kershaw fixed blade	
Picaridin Insect Repellent	0.9
MSR Ground Hog Stake	10
REI Half Dome 2 Plus footprint	
REI Half Dome 2 Plus guylines & bag	
REI Half Dome 2 Plus poles	
REI Half Dome 2 Plus tent	
Dry Sack - Outdoor 1L (red, blue, green)	2
Dry Sack - Sea to Summit 13L (red-orange)	
Stuff Sack - Sea to Summit 13L (purple)	

Clothing

Packed (2 lbs 10.5 oz)	Worn/On Person (3 lbs 11.1 oz)
KUHL Spyfire Down Hoodie	Shirt - SmartWool Hoody - blue
Shirt - SmartWool 1/4 zip - black	Shirt - SmartWool Tee - black
Socks - Darn Tough Micro Crew	Brooks Cascadia 11 trail runners
Socks - WrightSock CoolMesh II Crew	Socks - WrightSock CoolMesh II Crew
Gloves - Seirus All Weather	Buff with insect shield
Winter hat (green) -33	Oakley sunglasses
Underwear - Long	Belt
Underwear - ExOfficio Sport Mesh Boxer	Pants - Prana Stretch Zion (khaki, blue, charcoal)

Toiletries

Packed (0 lbs 9.8 oz)	Worn/On Person
Compact	<i>Why would I carry toiletries around in my hand?</i>
Contact case w/solution	
Eyeglasses + case	
Toilet Paper	
Toothbrush	
Wet Wipes	

Food

Packed (5 lbs 5.4 oz)	Worn/On Person
Coffee - Via	3 <i>No food in my pockets.</i>
Mountain House Eggs and Bacon	
Oatmeal Packet	2
Mountain House Italian Pepper Steak	
Mountain House	
Water (16 oz)	3
Tuna packet	
Astronaut Ice Cream	
Clif Bars	3
Clif Shot Bolks	2

Goldfish (1 cup)

Hot Chocolate Mix

2

Oatmeal Creme Pie

2