

## Uwharrie, NC

DATES: January 19 - 21, 2019

SEASON: Winter

DURATION: Overnight

PACK WEIGHT: 29 lbs 8.1 oz

NOTES: 47°F - 61°F; sat dry until late, rain overnight, low of 55°F Sun morn; sun temps dropped to 47°F

### Gear

#### **Packed (20 lbs 5.2 oz)**

Backpack - 50L Osprey Atmos backpack

AAA lithium ion

4

Anker 10000 USB Charger

Pillow - Nemo Striped Orange pillow

Bag - REI Magma 10

Therm-a-Rest NeoAir XTherm Max Sleeping Pad

Hand towel

MSR IsoPro Canister 4 oz

0.5

MSR WindBurner Stove

Titanium coffee mug

Titanium spork

UltraGlide Bear Line 50' (red/white)

Utility 50' (orange/Reflective)

Cotton ball/Vaseline

Flint/Steel stick

UCO survival matches

UCO SM torch lighter

Duraflame cubes (white)

2

Carabiner - Metolius FS Mini II

2

PCT Bear Bag Toggle

Nalgene 48oz bottle

Sawyer 64oz pouch & rubber band

Sawyer water filter

Headlamp - Black Diamond Storm 350 lumen

Game - Checkers

Poop trowel

Silky F180 hand saw

Chair - Helinox Chair Zero

Compass - Suunto

Compass/Thermometer Keychain

First Aid kit - Weekender

Hand warmers (2 pack)

Knife - Kershaw fixed blade

MSR Ground Hog Stake

10

#### **Worn/On Person (1 lbs 12.5 oz)**

Black Diamond Alpine Carbon Ergo poles

Garmin Fenix 5X

Phone/Camera

Knife - Benchmade Mini-Griptilian

Map of area printed on TerraSlate

REI Half Dome 2 Plus footprint

REI Half Dome 2 Plus guylines & bag

REI Half Dome 2 Plus poles

REI Half Dome 2 Plus tent

Dry Sack - Outdoor 1L (red, blue, green) 2

Dry Sack - Sea to Summit 13L (red-orange)

Stuff Sack - Sea to Summit 13L (purple)

### Clothing

#### **Packed (2 lbs 11.3 oz)**

KUHL Spyfire Down Hoodie

Mammut Wenaha Rain Jacket

Socks - WrightSock CoolMesh II Crew

Pants - REI rain pants

#### **Worn/On Person (6 lbs 1.3 oz)**

Shirt - SmartWool 1/4 zip - black

Shirt - SmartWool Tee - black

Asolo boots

Socks - WrightSock CoolMesh II Crew

Socks - REI lightweight merino quarter socks

Gloves - Seirus All Weather

Buff with insect shield

Oakley sunglasses

Winter hat (green) -33

Pants - Prana Stretch Zion (khaki, blue, charcoal)

Underwear - ExOfficio Sport Mesh Boxer

Belt

### Toiletries

#### **Packed (0 lbs 9.8 oz)**

Compact

Contact case w/solution

Eyeglasses + case

Wet Wipes

Toilet Paper

Toothbrush

Toothpaste

#### **Worn/On Person**

*Why would I carry toiletries around in my hand?*

**Food**

***Packed (5 lbs 13.9 oz)***

***Worn/On Person***

Coffee - Via	3	<i>No food in my pockets.</i>
Oatmeal Packet	2	
Mountain House	3	
Water (16 oz)	3	
Tuna packet		
Clif Shot Bolks	2	
Hot Chocolate Mix	2	
Applesauce		
Trail Mix (1 cup)		
Clif Bars	3.5	
Goldfish (1 cup)		
Sport Beans		