

## Uwharrie, NC

DATES: April 06 - 08, 2018

SEASON: Spring

DURATION: Overnight

PACK WEIGHT: 30 lbs 13.8 oz

NOTES: 43°F - 62°F; light winds; no rain; beautiful weather for my son's first backpacking trip

### Gear

#### ***Packed (20 lbs 8.2 oz)***

Backpack - 50L Osprey Atmos backpack

AAA lithium ion

Pillow - Exped inflatable pillow (M)

Bag - REI Magma 10

Therm-a-Rest NeoAir XTherm Max Sleeping Pad

Hand towel

MSR IsoPro Canister 4 oz

MSR WindBurner Stove

Titanium coffee mug

Titanium spork

Utility 50' (orange/Reflective)

Cotton ball/Vaseline

Flint/Steel stick

Match kit

UCO SM torch lighter

Carabiner - Black Diamond Neutrino

Nalgene 48oz bottle

Sawyer 64oz pouch & rubber band

Sawyer mini water filter - green

Headlamp - Black Diamond Storm 350 lumen

Cigar cutter

Game - AT Game (optional)

Game - Checkers

Poop trowel

Silky F180 hand saw

Straps - REI 3/4" x 40"

Compass - Suunto

Compass/Thermometer Keychain

First Aid kit - Weekender

Hand warmers (2 pack)

Knife - Kershaw fixed blade

MSR Ground Hog Stake

North Face Big Fat Frog footprint

North Face Big Fat Frog poles/guylines

#### ***Worn/On Person (1 lbs 11.1 oz)***

Black Diamond Alpine Carbon Ergo poles

Garmin 920XT

Phone/Camera

Knife - Benchmade Mini-Griptilian

Map of area printed on TerraSlate

North Face Big Fat Frog tent/fly

Dry Sack - Outdoor 1L (red, blue, green)

Dry Sack - Sea to Summit 20L (yellow)

Dry Sack - Sea to Summit 4L (purple/orange)

## Clothing

### ***Packed (1 lbs 12.5 oz)***

Mammut Wenaha Rain Jacket

Socks - WrightSock CoolMesh II Crew

Pants - REI rain pants

### ***Worn/On Person (3 lbs 14.3 oz)***

Shirt - SmartWool 1/4 zip - black

Shirt - Wicking Tee

Brooks Cascadia 11 trail runners

Gloves - Seirus All Weather

Buff with insect shield

Oakley sunglasses

Winter hat (green) -33

Pants - Kuhl Radikl (green, khaki, gray)

Underwear - ExOfficio Sport Mesh Boxer

## Toiletries

### ***Packed (0 lbs 10.6 oz)***

Compact

Contact case w/solution

Eyeglasses + case

Hand sanitizer

Toilet Paper

Toothbrush

Toothpaste

### ***Worn/On Person***

*Why would I carry toiletries around in my hand?*

**Food**

***Packed (7 lbs 14.5 oz)***

***Worn/On Person***

Coffee - Via

*No food in my pockets.*

Oatmeal Packet

Mountain House Pro-Pak - Chili Mac w/Beef

Ron (375 mL)

Water (16 oz)

Tuna packet

Beef Jerky (8 oz bag)

Cigar

Clif Bars

Five hour energy

Hot Chocolate Mix

Sport Beans

Trail Mix (1 cup)