

Cold Mountain, NC

DATES: April 29 - May 02, 2017

SEASON: Spring

DURATION: 3 days / 2 nights

PACK WEIGHT: 31 lbs 2.7 oz

NOTES: 46°F - 72°F; showers and light wind first night; thunderstorms with 20MPH winds on the second

Gear

Packed (20 lbs 10.8 oz)

Backpack - 50L Osprey Atmos backpack

Osprey UltraLight pack raincover

AAA lithium ion

Eno Ignitor Topquilt

Pillow - Exped inflatable pillow (M)

Sea to Summit Reactor Mummy Bag Liner

Therm-a-Rest NeoAir XLite Sleeping Pad

Therm-a-Rest Z seat pad

Hand towel

MSR IsoPro Canister 4 oz

MSR WindBurner Stove

Titanium coffee mug

Titanium spork

Paracord 50' (bright orange)

Flint/Steel stick

Soto Torch and lighter

Carabiner - Black Diamond Neutrino

Nalgene 32oz bottle

Neoprene bottle holder

Nalgene Flask

Sawyer 32oz pouch & rubber band

Sawyer mini flush

Sawyer mini straw

Sawyer mini water filter - blue

Headlamp - Black Diamond Storm 350 lumen

Black Diamond rubber pole tips (pair)

Cigar case (tube)

Cigar cutter

Game - AT Game (optional)

Straps - Sea to Summit 3/8" x 40" straps

Bear Vault BV450

Compass - Suunto

Compass/Thermometer Keychain

First Aid kit - Weekender

Worn/On Person (1 lbs 14.6 oz)

Black Diamond Ergo Cork hiking poles

Garmin 920XT

Phone/Camera

Knife - Gerber folding

Map of area printed on TerraSlate

GPS Radio

Knife - Buck fixed blade

Tile (locator)

Eno Atlas Straps

Eno DoubleNest Hammock

Eno Gear Underbelly

Eno ProFly XL rain tarp

MSR Ground Hog Stake 4

Dry Sack - Outdoor 1L (red, blue, green) 3

Dry Sack - Sea to Summit 20L (yellow)

Dry Sack - Sea to Summit 4L (purple/orange)

Clothing

Packed (2 lbs 2.7 oz)

KUHL Spyfire Down Hoodie

Socks - WrightSock CoolMesh II Crew

Buff - winter

Running hat

Pants - REI rain paints

Underwear - Nike Compression Shorts

Worn/On Person (4 lbs 12.5 oz)

Mammut Wenaha Rain Jacket

Shirt - Salomon long sleeve mid-layer

Shirt - Wicking Tee

Brooks Cascadia 11 trail runners

Gaiters - Salomon running gaiters

Socks - WrightSock CoolMesh II Crew

Oakley sunglasses

Belt

Shorts - Kuhl Radikl Shorts

Underwear - ExOfficio Sport Mesh Boxer

Toiletries

Packed (0 lbs 10.6 oz)

Compact

Contact case w/solution

Eyeglasses + case

Hand sanitizer

Toilet Paper

Toothbrush

Toothpaste

Worn/On Person

Why would I carry toiletries around in my hand?

Food

Packed (7 lbs 10.6 oz)

Worn/On Person

Coffee - Via

No food in my pockets.

Oatmeal Packet

Mountain House Pro-Pak - Stroganoff

Ron (375 mL)

Water (16 oz)

Tuna packet

Cigar

Clif Bars

Gatorade

PROBAR Bolt Chews

Sport Beans

Trail Mix (1 cup)