

## BRR Leg 1 (4.0 miles, Easy)

### Elevation (feet):

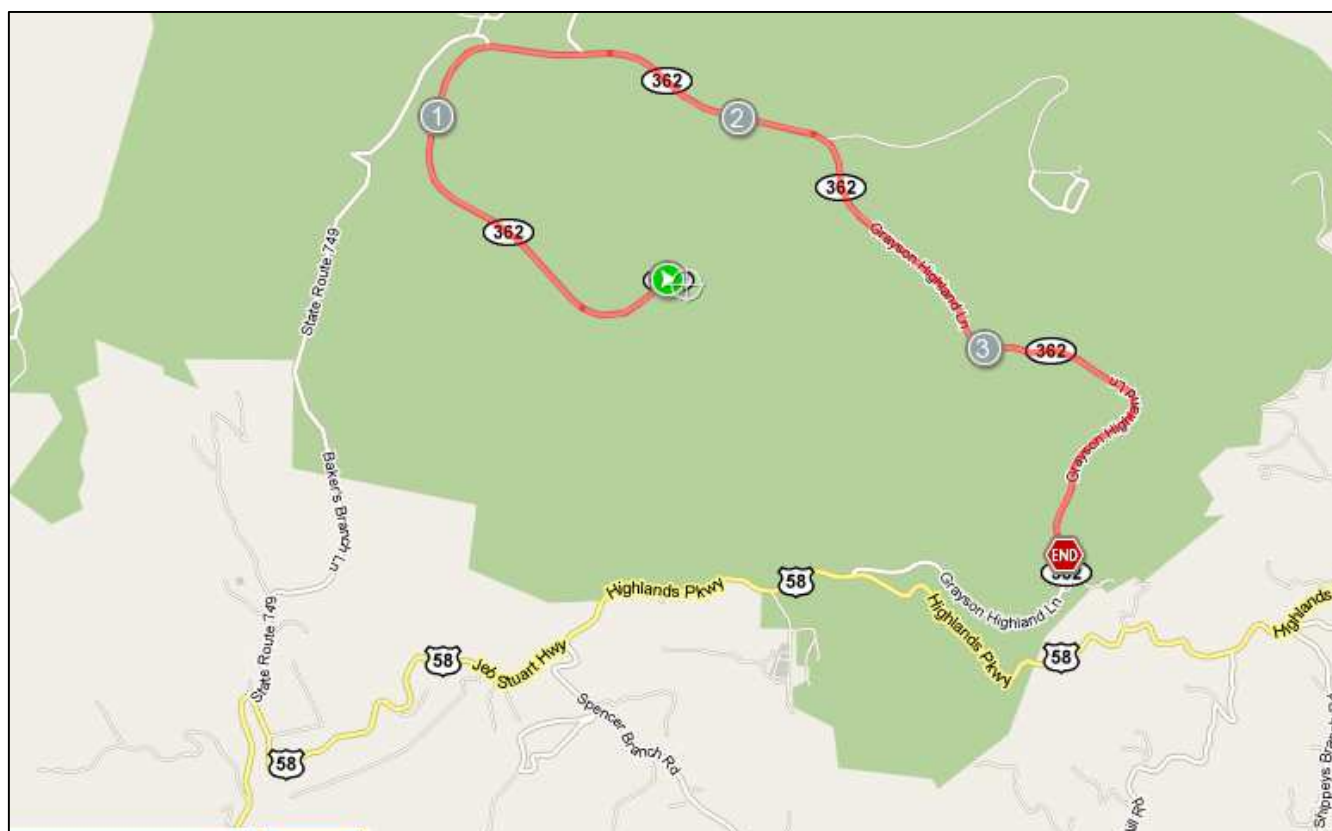
Min	3881
Max	4948
Ascent	+36
Descent	-1027

### Leg Legend:

0.0	Start (Grayson Highlands State Park Visitor Center)
4.0	Grayson Highlands State Park Office & Gate, on L (EZ 1)

**Leg Notes:** Minimal traffic. Entire leg in Grayson Highlands State Park.

**Leg Description:** Steady, but controlled downhill. Great views of the Grayson Highlands' balds and mountains. Watch for wild ponies.



## BRR Leg 2 (7.5 miles, Hard)

### Elevation (feet):

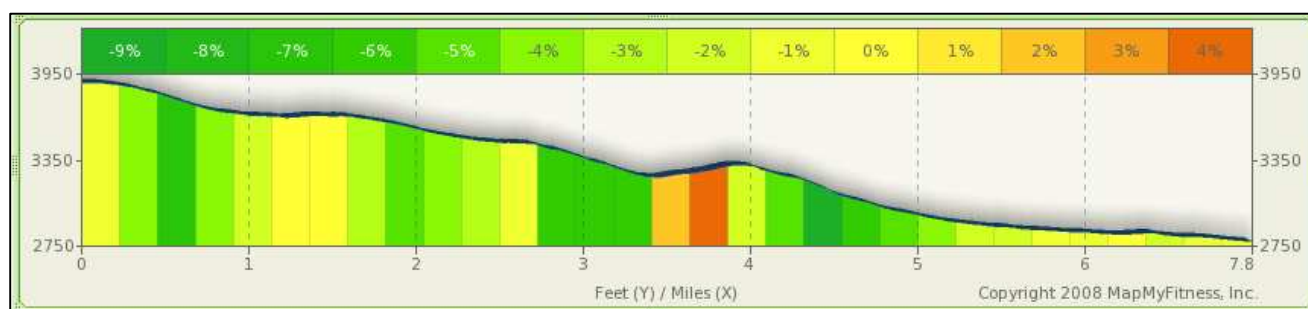
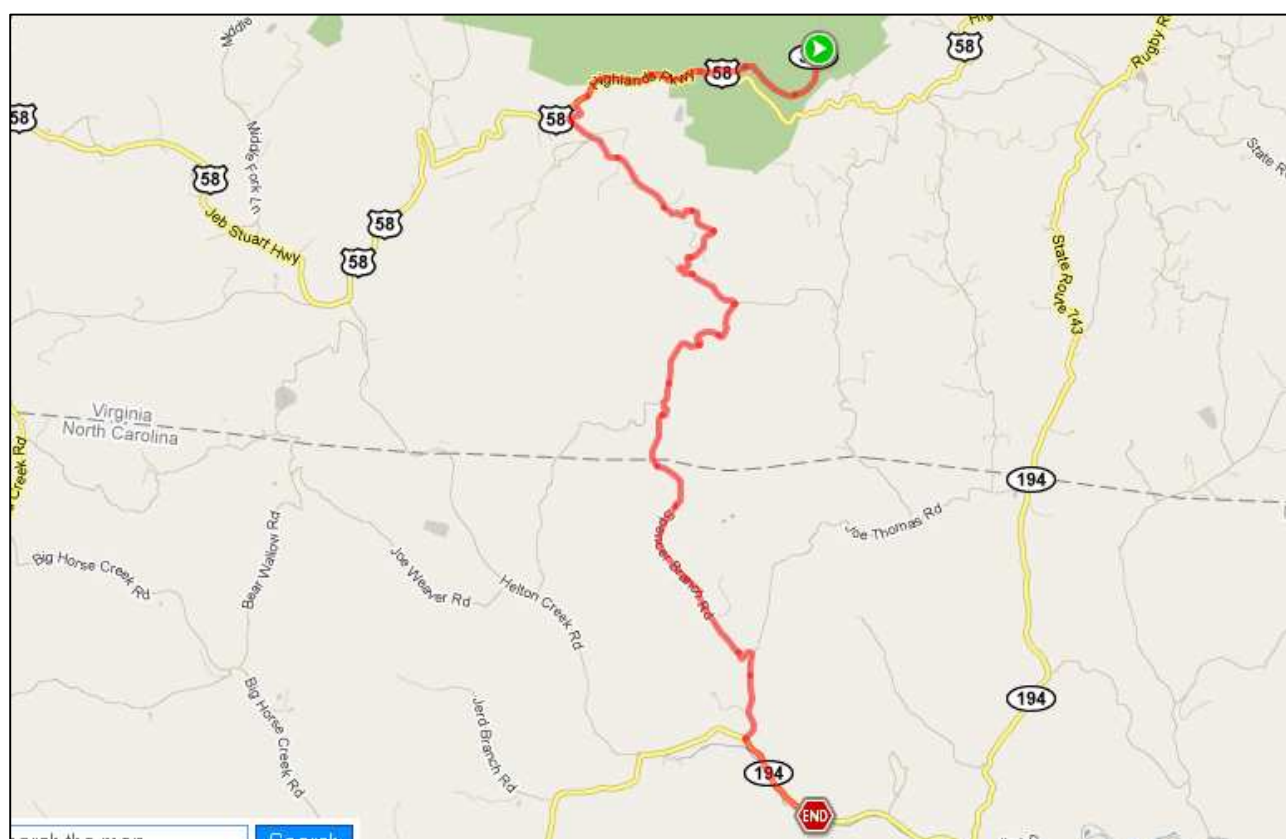
Min	2756
Max	3881
Ascent	+128
Descent	-1276

**Leg Notes:** Stay alert for traffic on Highlands Parkway (#58) and Hwy 194. These are more heavily traveled and have tight shoulders.

### Leg Legend:

- 0.0 S EZ 1 (Grayson Highlands State Park Office)
- 0.8 R Highlands Parkway #58 (Park Entrance)
- 0.9 L Spencer Branch Rd. #797 (gravel/dirt)
- 2.0 R Wolf Knob #746 (gravel/dirt)
- 2.9 RS Wallen's Creek #1374 (paved)
- 0.5 L 194 N (paved)
- 0.4 Helton United Methodist Church, on L (EZ 2)

**Leg Description:** Steady downhill, steep at times. Narrow gravel/dirt roads at times.



## BRR Leg 3 (5.2 miles, Moderate)

### Elevation (feet):

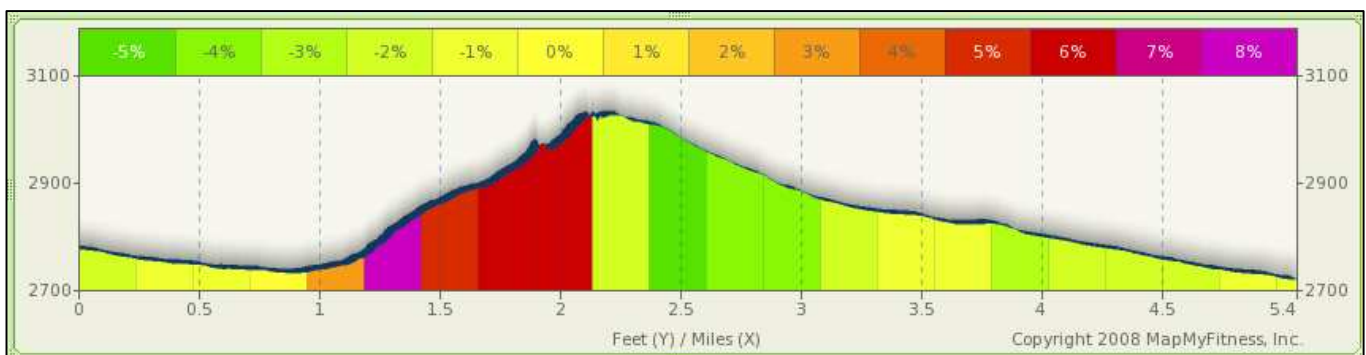
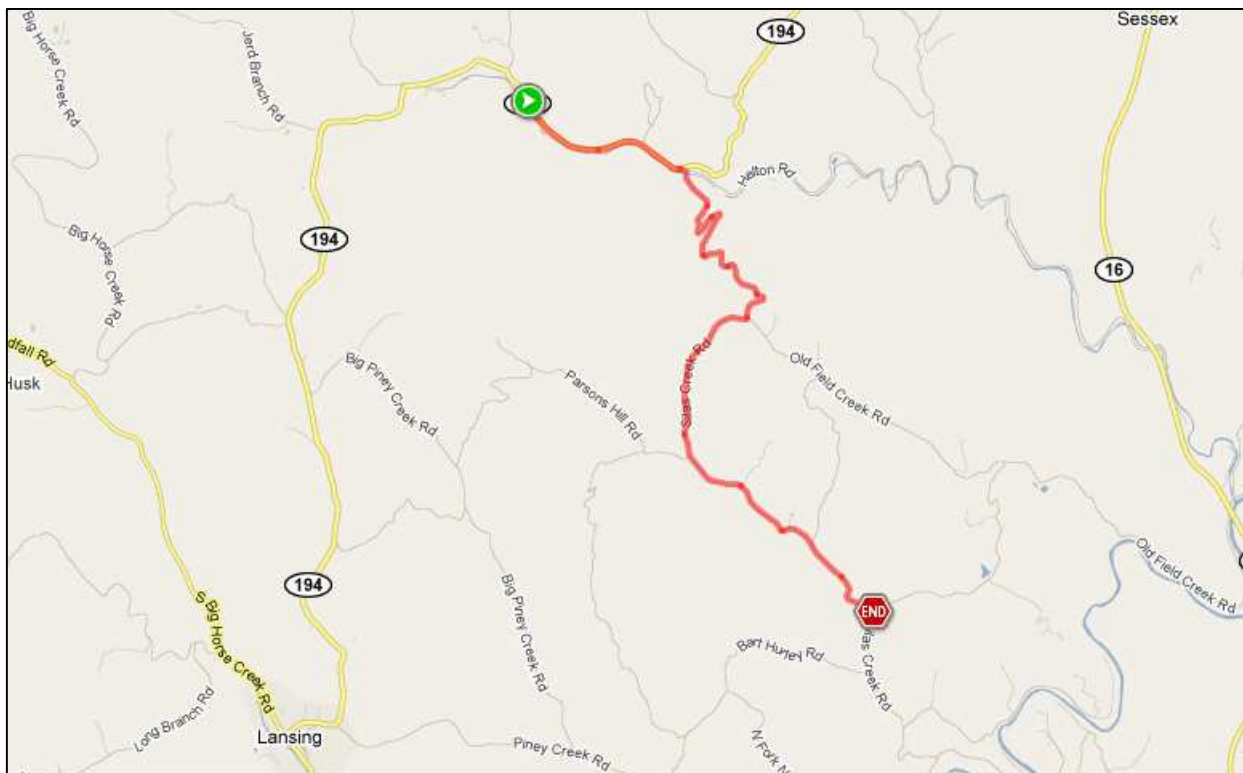
Min	2707
Max	3192
Ascent	+400
Descent	-472

### Leg Legend:

- 0.0 EZ 2 (Helton United Meth. Church)
- 0.9 R Silas Creek #1523/Helton Creek #1527 (paved)
- 0.0 R Silas Creek #1523 (one lane bridge, gravel/dirt)
- 1.7 R Stop Sign (Silas Creek Rd. Continues, paved)
- 2.6 Landmark Baptist Church, on L (EZ 3)

**Leg Notes:** 194 is a more heavily traveled road. Be alert for traffic.

**Leg Description:** A good climb and descent on gravel. Mostly flat and rolling before and after the gravel road section.



## BRR Leg 4 (6.9 miles, Hard)

### Elevation (feet):

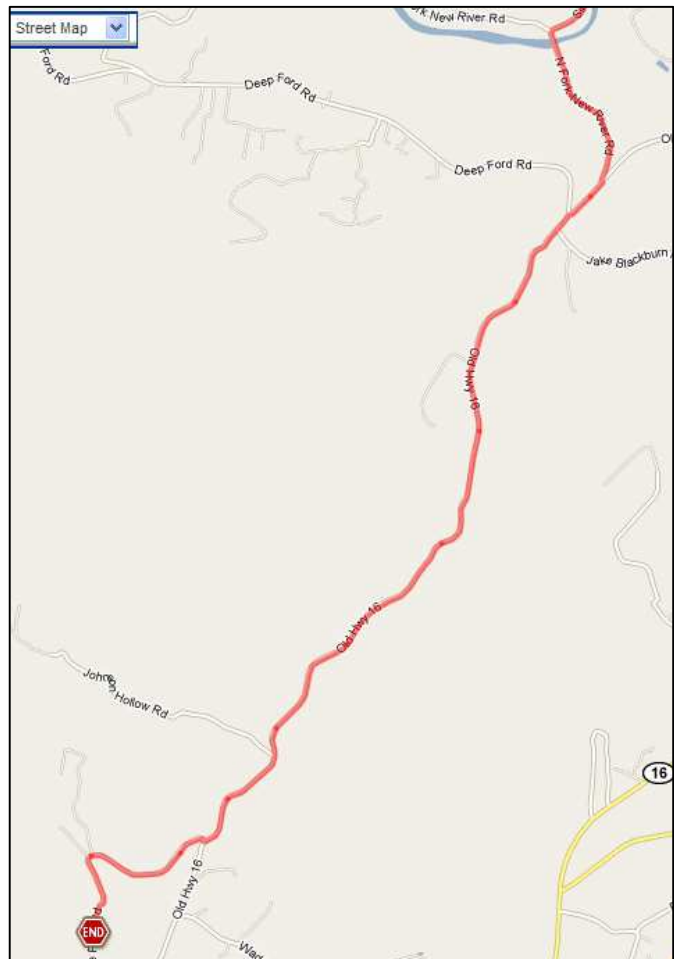
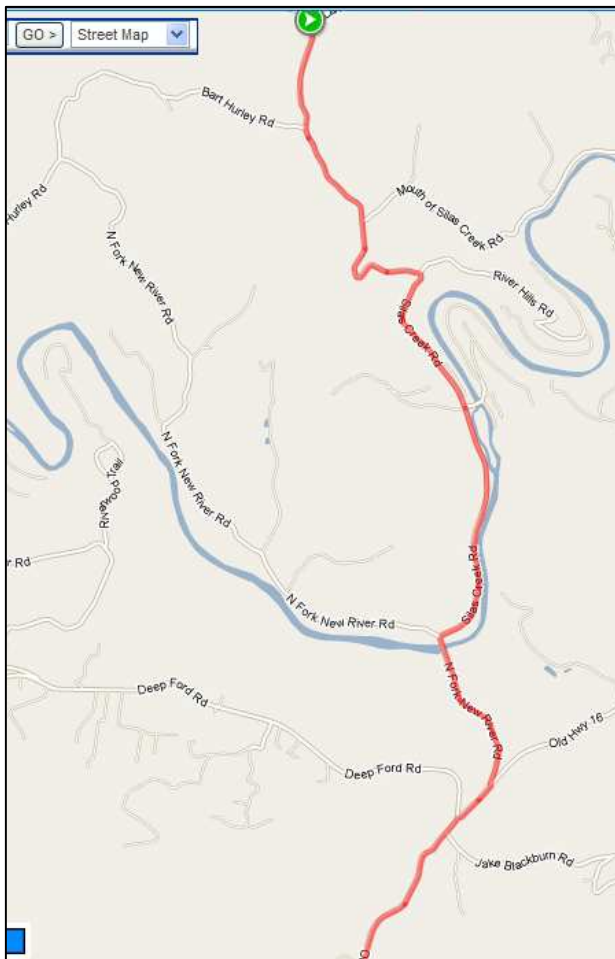
Min	2582
Max	3186
Ascent	+643
Descent	-285

### Leg Legend:

- 0.0 EZ 3 (Landmark Baptist Church)
- 2.7 L North Fork New River Rd. #1513 (two lane bridge, paved)
- 0.6 R Old 16 South #1573 (paved)
- 2.9 R Ashe County Park Rd. #1511 (paved)
- 0.7 Ashe County Park, on L (EZ 4)

**Leg Notes:** Be very alert for traffic as you enter Old 16, which is a heavily traveled, winding road with narrow shoulders.

**Leg Description:** Great running along the New River. A good climb on Old 16. The distance and climb make this a Hard leg.



## BRR Leg 5 (5.2 miles, Moderate)

### Elevation (feet):

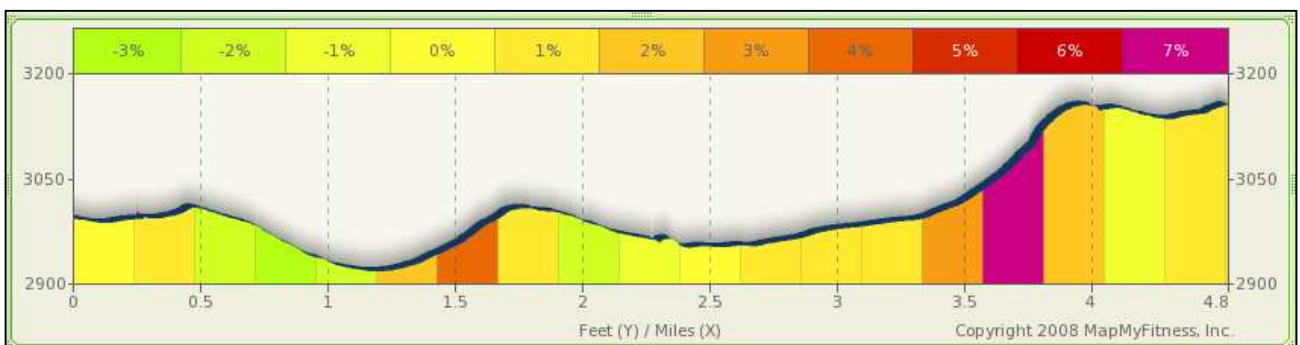
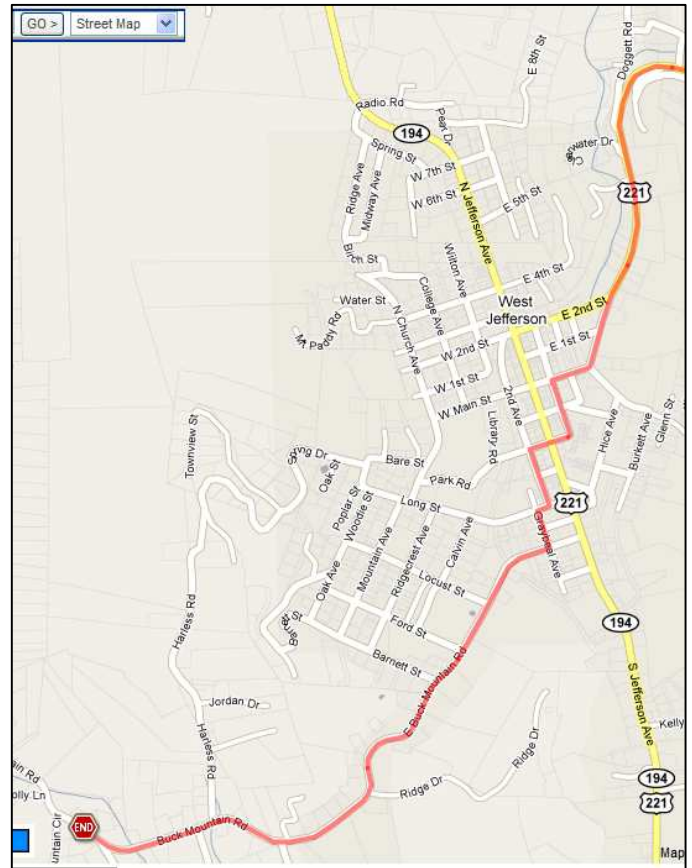
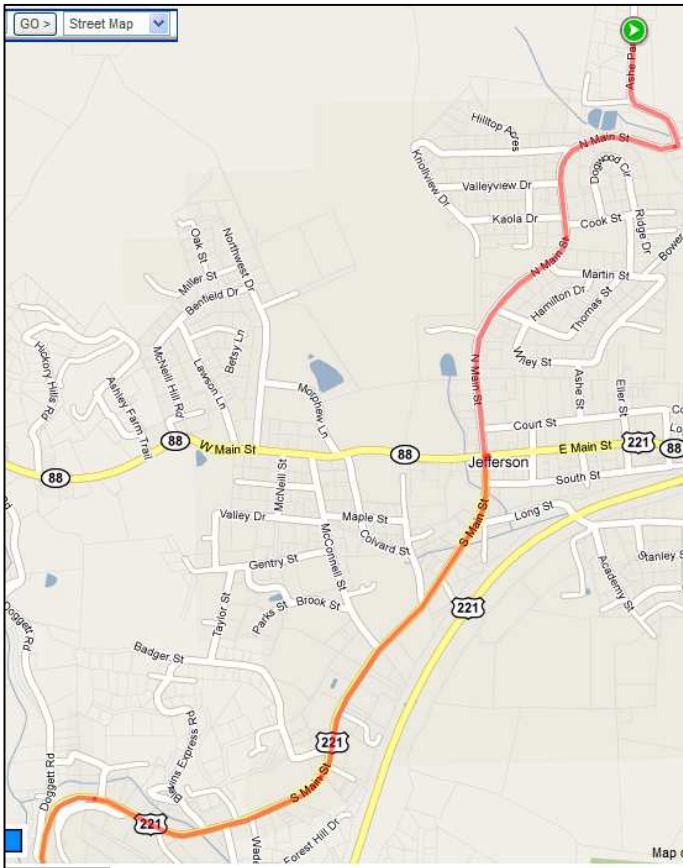
Min	2907
Max	3199
Ascent	+344
Descent	-187

**Leg Notes:** Run on the right and use the shoulder and sidewalk, when available along Old 16 and South Main St. until you turn left on North 6<sup>th</sup> Ave. Be alert for traffic lights, stop signs, pedestrians, etc... Streets will be business as usual. Blind curve on Buck Mtn. Rd.

### Leg Legend:

- 0.0 EZ 4 (Ashe County Park)
- 0.4 R Old 16 South 1573 (paved, run on right)
- 0.9 S Through traffic light, South Main St. (run on right)
- 1.8 L North 6<sup>th</sup> Ave. (Ashe County Ford Dealership on Right, Wilco Hess gas station on Left)
- 0.2 R East Main Street (Right at blinking red Traffic Light)
- 0.1 L South Third Ave. (1<sup>st</sup> Left, just before movie theatre)
- 0.1 R East Ashe St. (2 blocks, no choice but to turn Right)
- 0.1 S West Ashe St. (cross Jefferson Ave at Traffic Light)
- 0.1 L South Second Ave. (1<sup>st</sup> Left after Traffic Light)
- 0.1 R Long Street (1<sup>st</sup> Right)
- .05 L Graybeal Ave. (1<sup>st</sup> Left)
- 0.2 R Buck Mountain Rd. #1134 (at stop sign)
- 1.1 Friendly Grove Baptist Church, on R (EZ 5)

**Leg Description:** Mostly rolling, with one good climb on Buck Mountain Rd. Run through busy downtown West Jefferson.



## BRR Leg 6 (5.2 miles, Hard)

**Elevation (feet):**

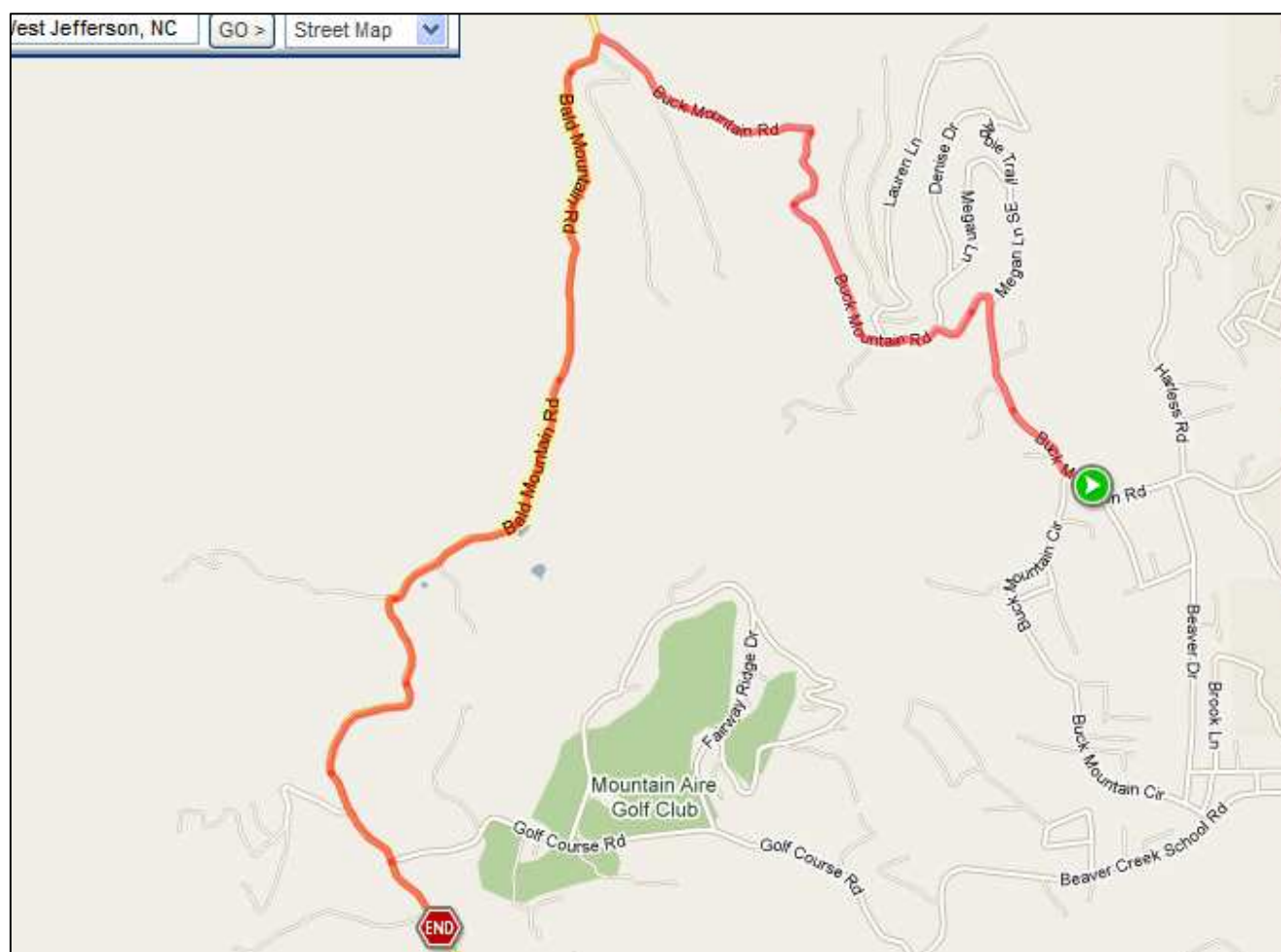
Min	2972
Max	3566
Ascent	+722
Descent	-538

### Leg Legend:

0.0	EZ 5 (Friendly Grove Baptist Church)
1.5	S (pavement ends, gravel/dirt begins)
0.9	L Bald Mountain Rd. #1138 (gravel/dirt)
1.7	L Bald Mountain Rd. (paved)
1.1	Bald Mountain Baptist Church, on R (EZ 6)

**Leg Notes:** Minimal traffic.

**Leg Description:** A good climb and a steep gravel/dirt decent early on, followed by a gradual climb through the valley, A steep paved climb and descent finish this run. Enjoy the view of Bluff Mountain and its waterfall as you begin your first big descent.



## BRR Leg 7 (5.4 miles, Moderate)

### Elevation (feet):

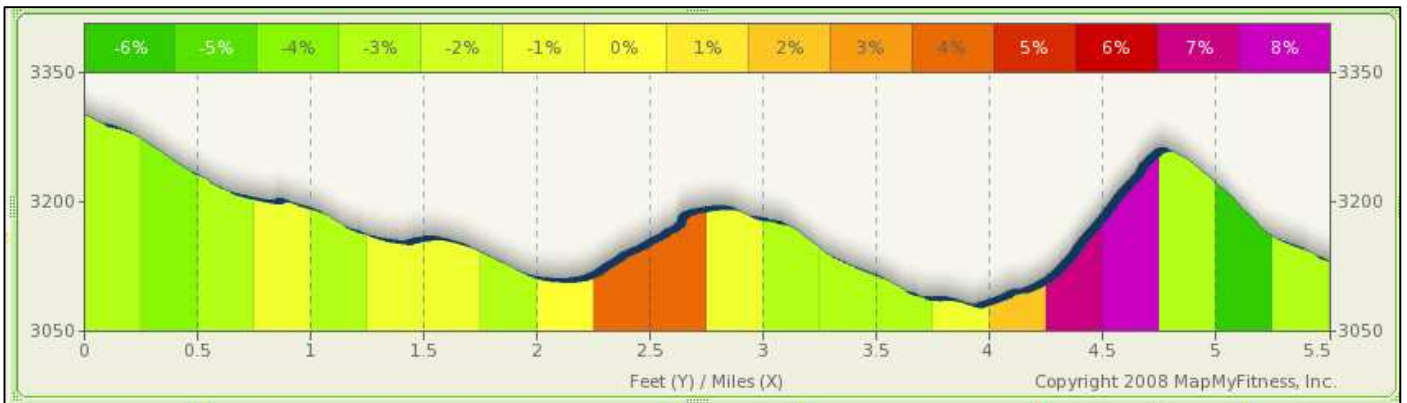
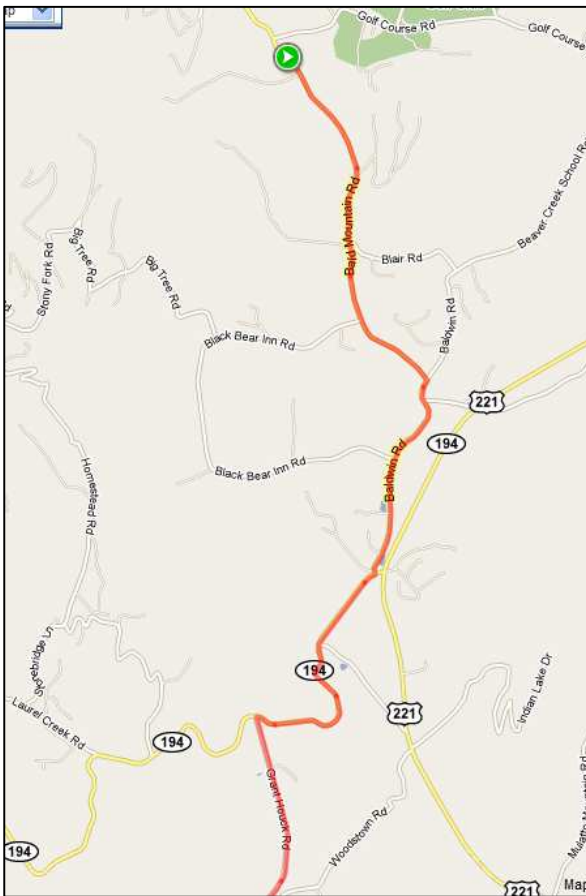
Min	3051
Max	3419
Ascent	+367
Descent	-594

### Leg Legend:

- 0.0 EZ 6 (Bald Mtn. Baptist Church)
- 1.3 R Baldwin Rd. #1248
- 0.8 R 194 South
- 0.8 L Grant Houck Rd. #1114 to East Mill Creek #1112
- 2.3 Zion Methodist Church, on L (EZ 7)

**Leg Notes:** 194 is a heavily traveled, winding road with tight shoulders. Be alert for traffic.

**Leg Description:** Mostly rolling and downhill. One monster climb about 1.0 mile before EZ 7.



## BRR Leg 8 (4.6 miles, Easy)

**Elevation (feet):**

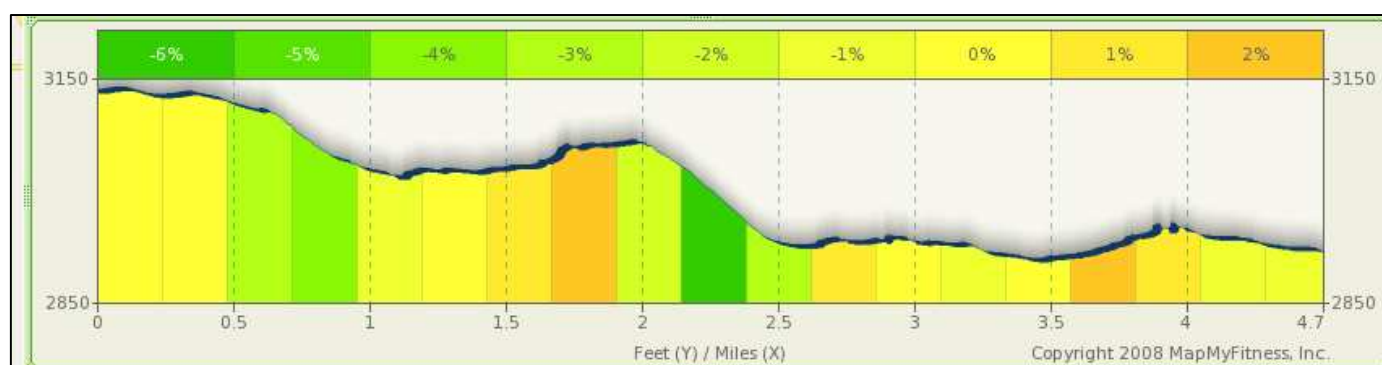
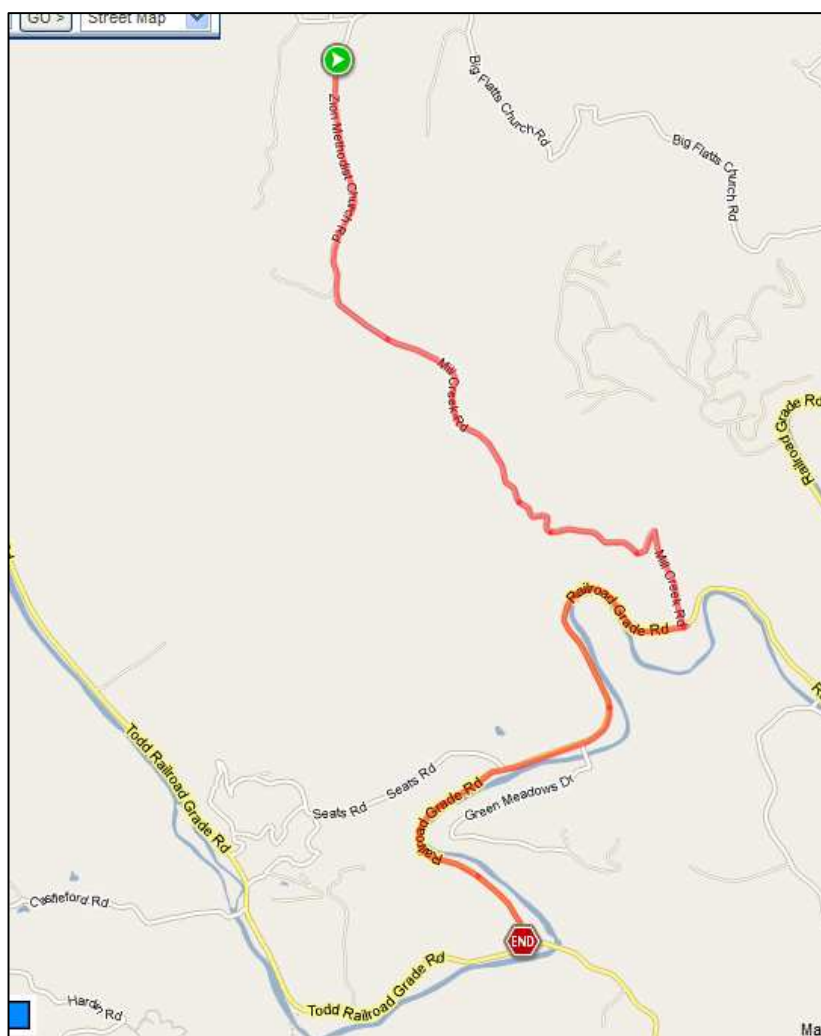
Min	2890
Max	3146
Ascent	+148
Descent	-361

### Leg Legend:

0.0 EZ 7 (Zion Methodist Church)  
2.5 R Railroad Grade Rd. #1106  
2.1 Riverside Restaurant, on L (EZ 8)

**Leg Notes:** Enjoy the views of the New River.

**Leg Description:** Mostly downhill and flat with one good climb and decent about the middle of the leg.



## BRR Leg 9 (5.2 miles, Easy)

**Elevation (feet):**

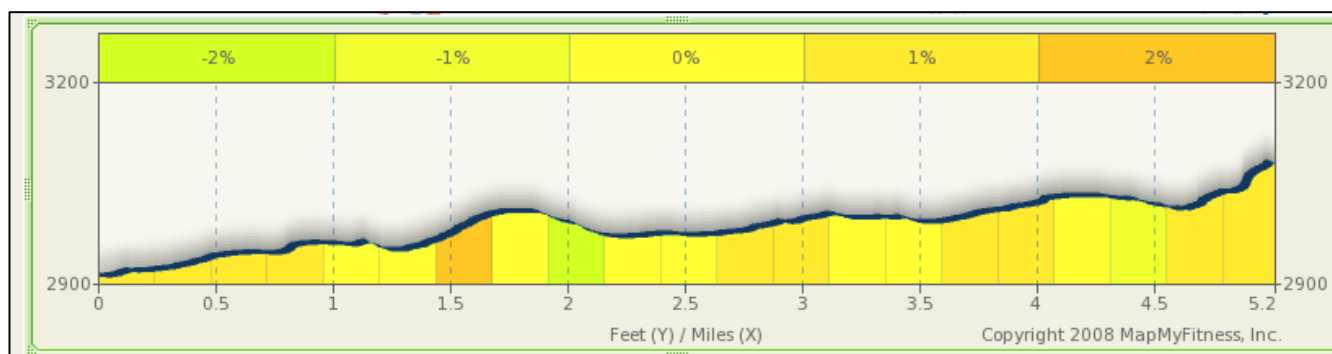
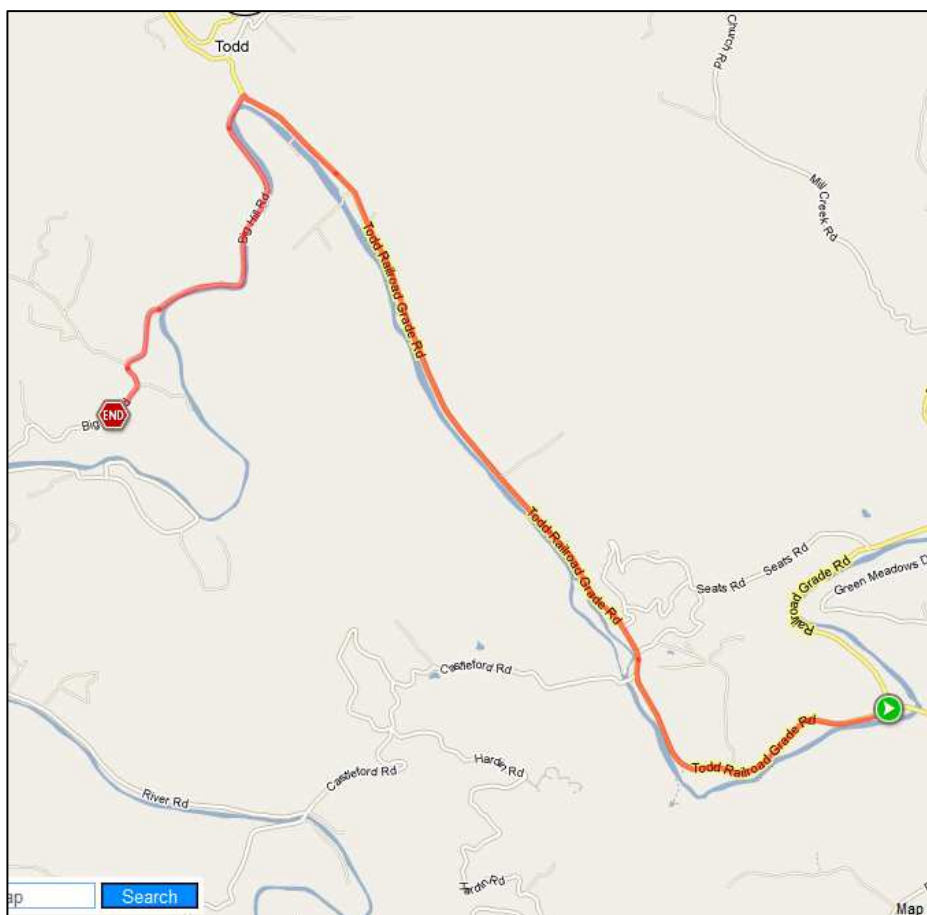
Min	2900
Max	3107
Ascent	+226
Descent	-85

### Leg Legend:

0.0	Exchange #8 (Riverside Restaurant)
3.6	L Big Hill Rd. (Community of Todd)
1.6	Green Valley Community Park, on L (EZ 9)

**Leg Notes:** Great run along the New River.

**Leg Description:** Flat run with a bit of a climb on Big Hill Road (go figure).



## BRR Leg 10 (8.2 miles, Very Hard)

### Elevation (feet):

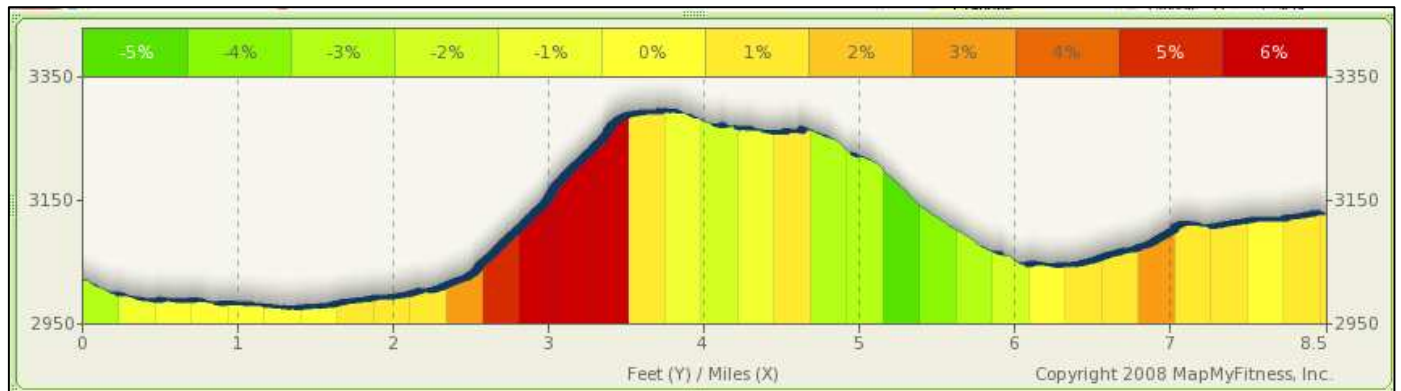
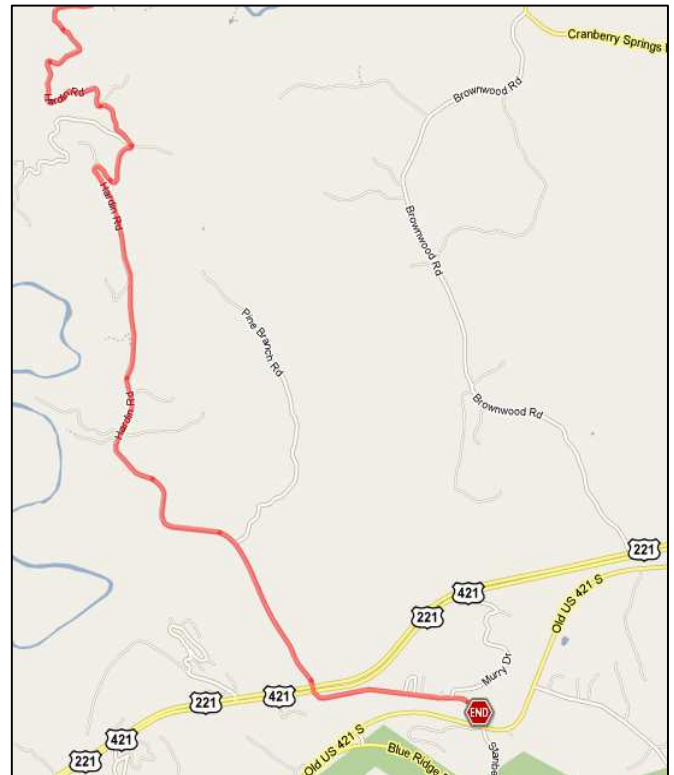
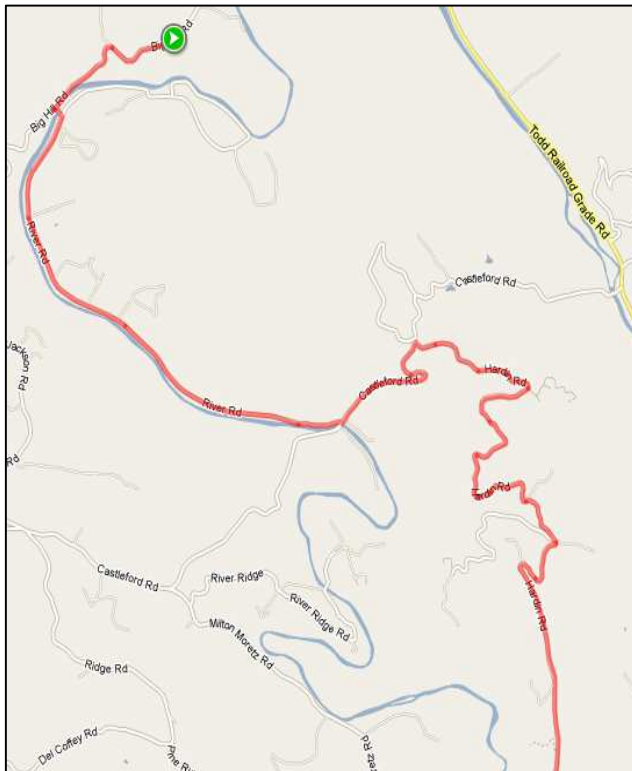
Min	2963
Max	3425
Ascent	+551
Descent	-417

**Leg Notes:** Enjoy the views of the New River while you can. All rural roads. Be alert for blind curves on Castleford. Be very alert as you cross Highway 421.

### Leg Legend:

- 0.0 EZ 9 (Green Valley Community Park)
- 0.5 L River Rd.
- 2.0 L South Castleford Rd.
- 0.6 R Hardin Rd. (gravel/dirt)
- 2.1 S (gravel ends/paved begins)
- 2.4 S Brown's Farm Rd. (Cross 421 4-lane highway)
- 0.6 Former Laurel Springs Baptist Church, on R (EZ 10)

**Leg Description:** The distance, along with a good climb on Castleford and Hardin Rds. makes this a tough leg.



## BRR Leg 11 (6.3 miles, Hard)

### Elevation (feet):

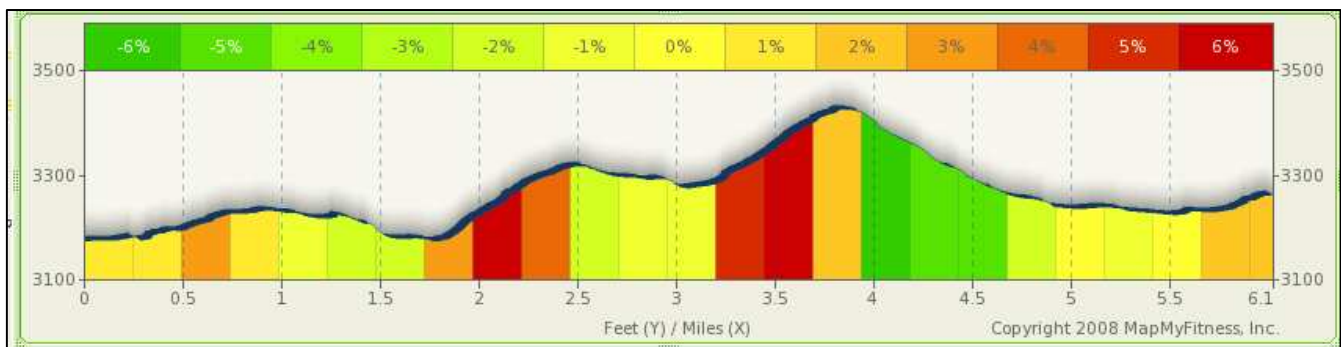
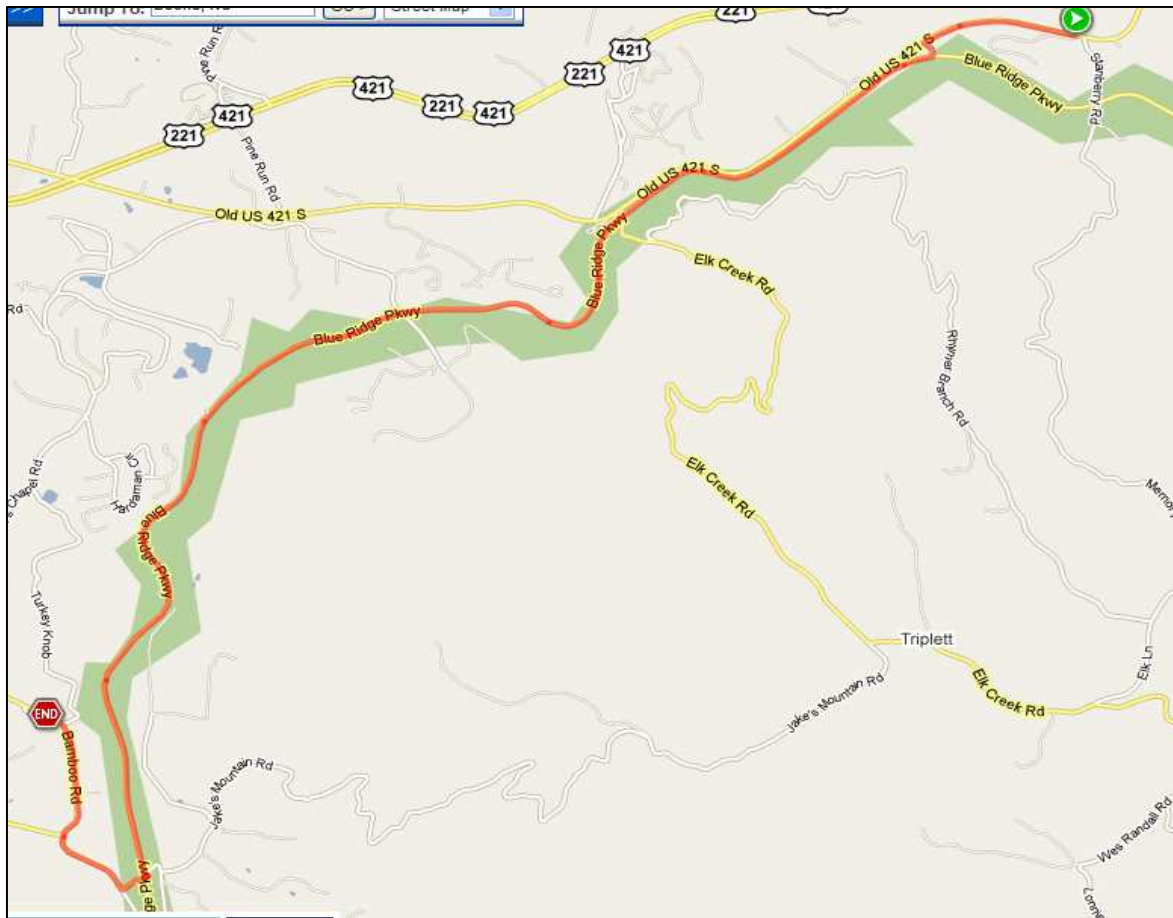
Min	2963
Max	3425
Ascent	+518
Descent	-407

**Leg Notes:** Support vehicles are not permitted on the Blue Ridge Parkway. Runners must wear a reflective vest while running on the Parkway. Bamboo is narrow with minimal shoulder.

### Leg Legend:

- 0.0 EZ 10 (Former Laurel Springs Baptist Church)
- 0.05 R Old 421
- 0.5 L Blue Ridge Parkway Entrance
- 0.1 R Blue Ridge Parkway
- 4.6 R Exit Blue Ridge Parkway at Bamboo Gap (just over bridge)
- 0.1 L Little Laurel
- 0.1 R Bamboo
- 0.6 L Mount Vernon Baptist Church, on L (EZ 11)

**Leg Description:** A very honest 10K+, but with awesome views from the Blue Ridge Parkway.



## BRR Leg 12 (7.9 miles, Very Hard)

### Elevation (feet):

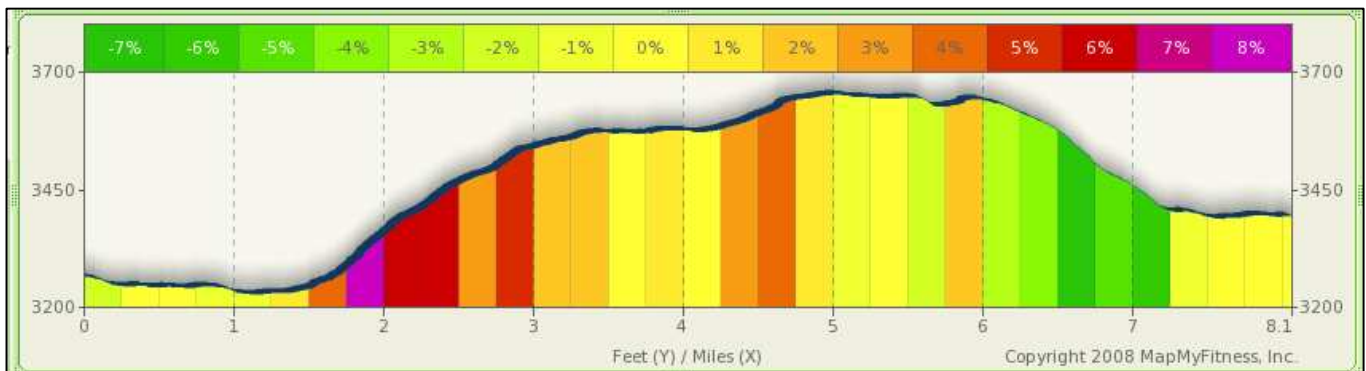
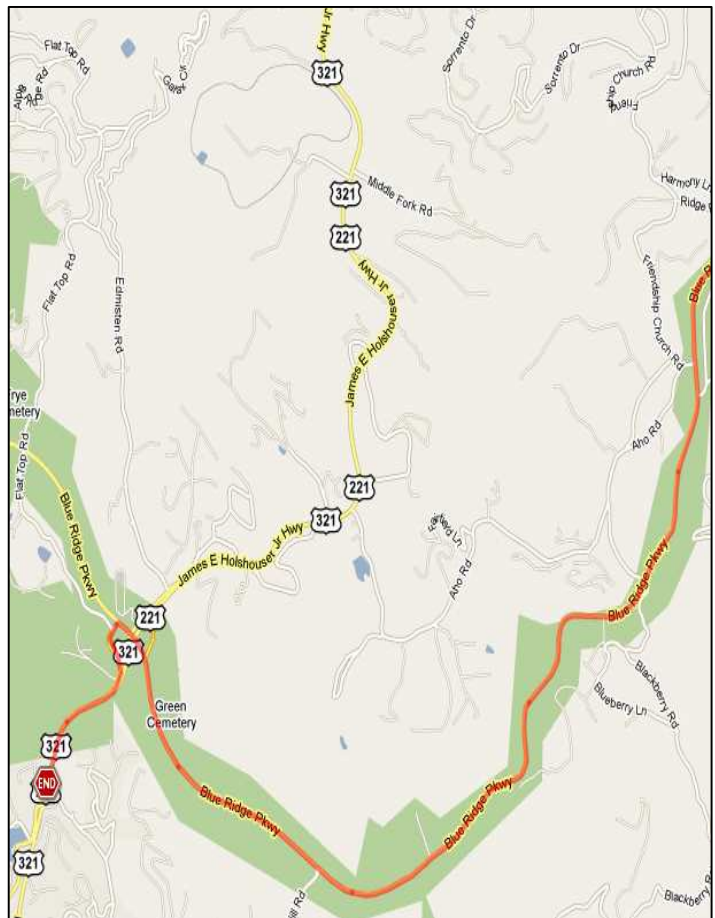
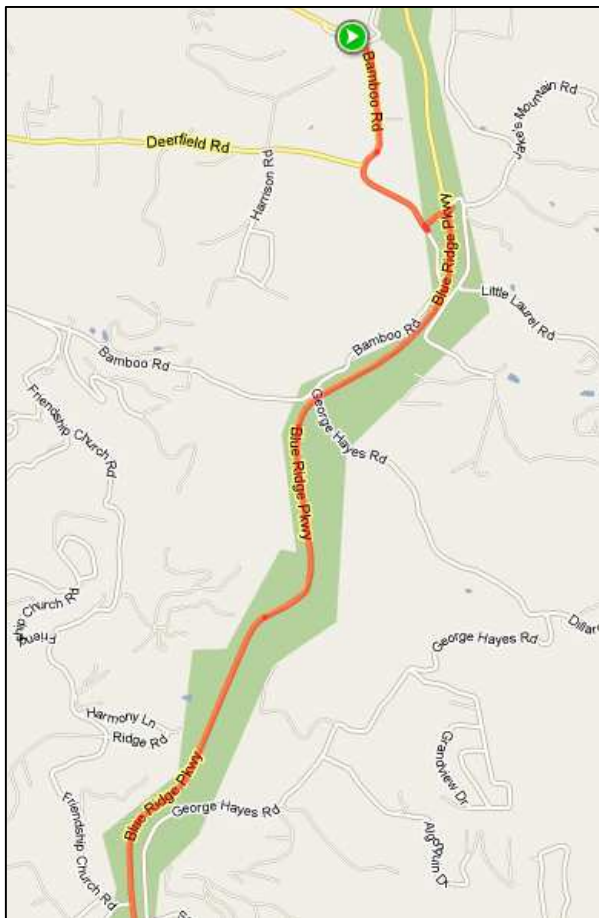
Min	2963
Max	3425
Ascent	+663
Descent	-482

**Leg Notes:** Support vehicles are not permitted on the Blue Ridge Parkway. Runners must wear a reflective vest while running on the Parkway. Run on the right on the shoulder on 321/221, grassy shoulder may be uneven.

### Leg Legend:

- 0.0 EZ 11 (Mt. Vernon Baptist Church)
- R Bamboo (turn right from church parking lot)
- 0.6 L Little Laurel
- 0.1 R Blue Ridge Parkway entrance
- 0.1 R Blue Ridge Parkway South
- 6.4 L Blue Ridge Parkway Exit (321/221 to Blowing Rock)
- 0.1 R 321/221 (run on the right on the shoulder)
- 0.6 R Tanger Outlet, on R (EZ 12)

**Leg Description:** Great running on the Blue Ridge Parkway, but tough leg because of the distance and long hill.



## BRR Leg 13 (7.1 miles, Hard)

### Elevation (feet):

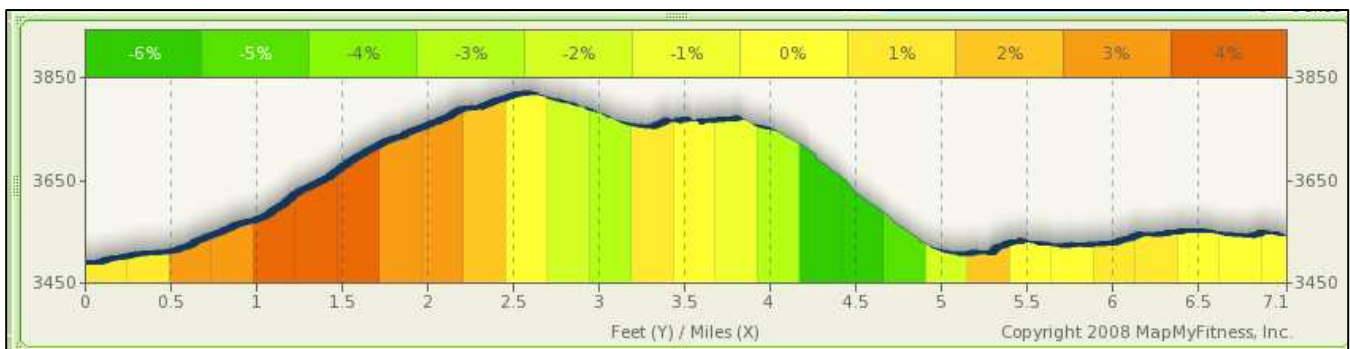
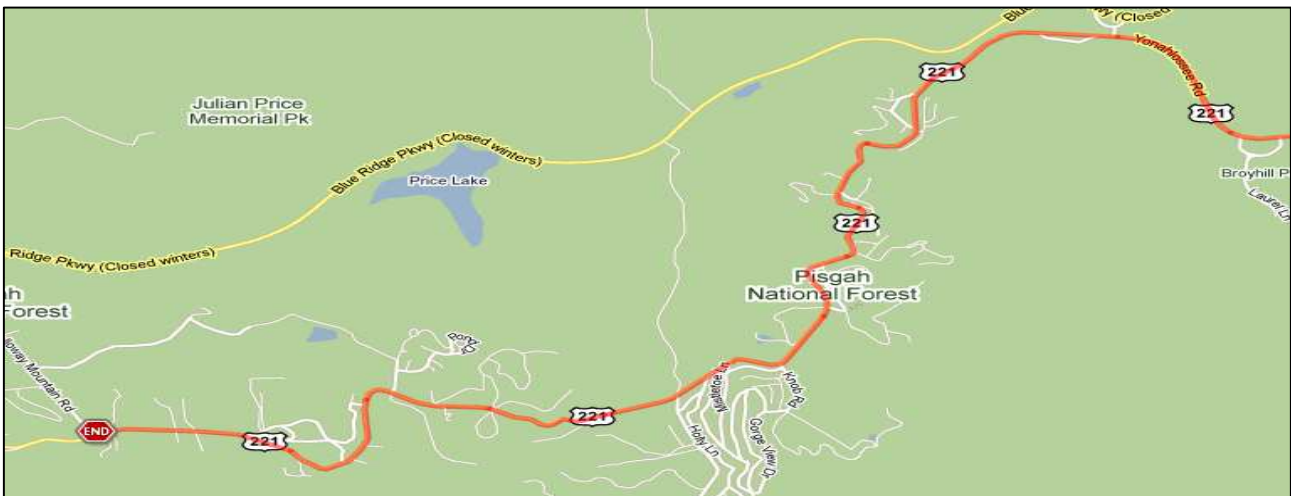
Min	3461
Max	3894
Ascent	+486
Descent	-423

### Leg Legend:

- 0.0 EZ 12 (Tanger Outlet)
- R Business 321/221 (Blowing Rock, run on right)
- 0.8 R 221 South
- 6.3 Blue Moon Station, on L (EZ 13)

**Leg Notes:** Stay alert for traffic on 221. Tight shoulders. Caution Runner signs will be posted frequently to warn on-coming traffic.

**Leg Description:** Rolling on 221 South. Stay alert for traffic.



## BRR Leg 14 (10.0 miles, Very Hard)

### Elevation (feet):

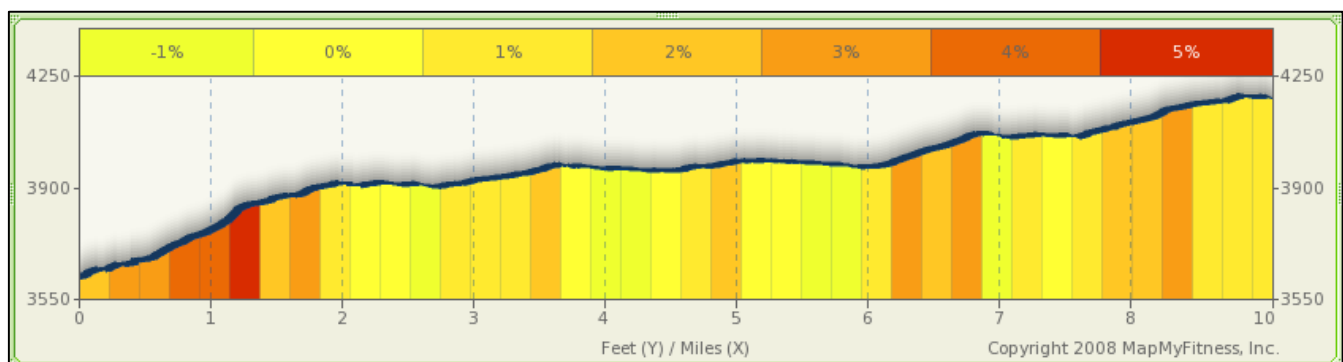
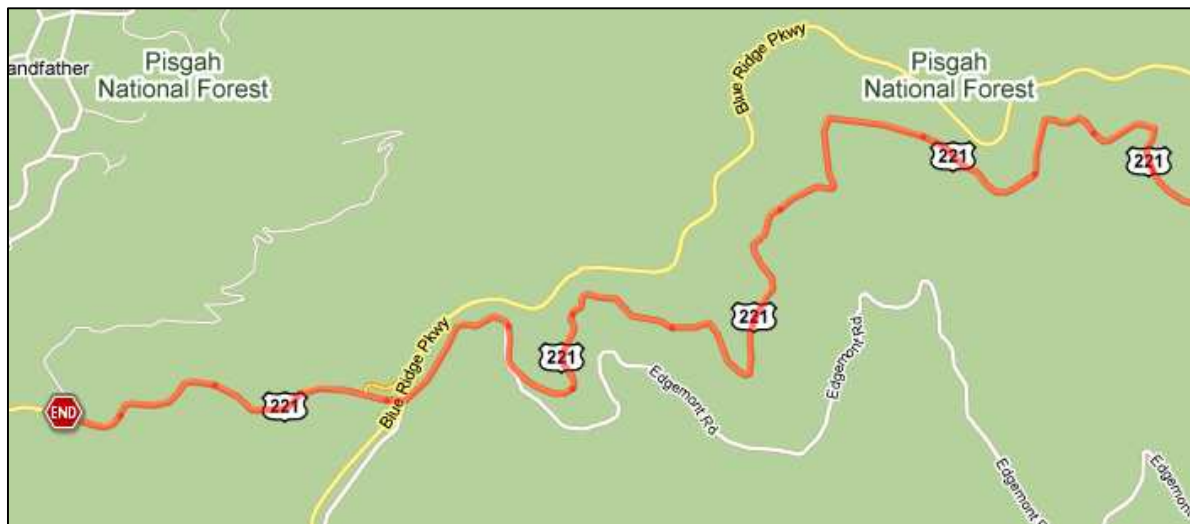
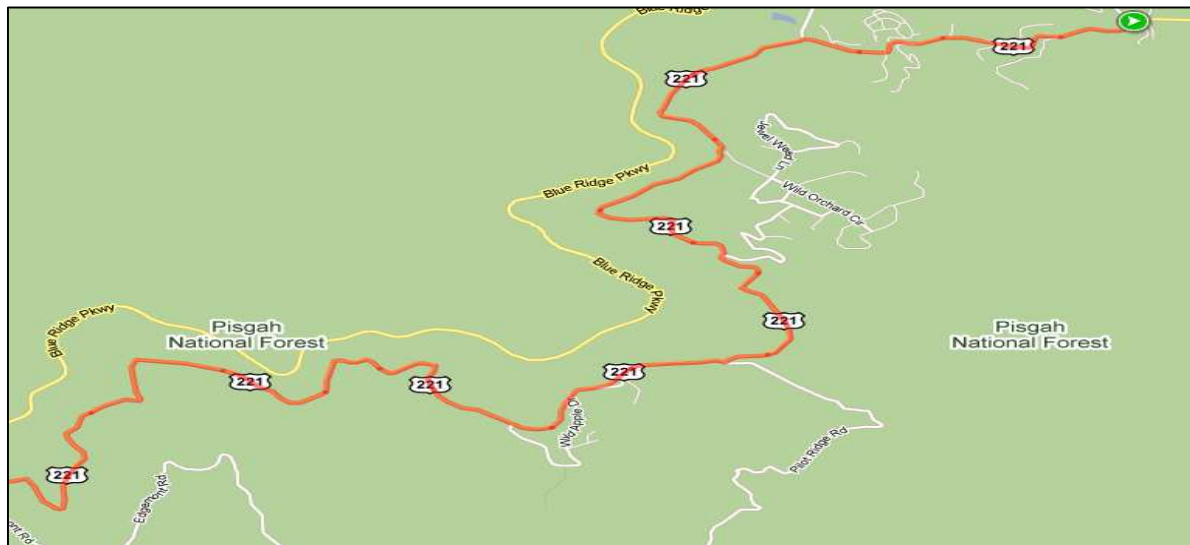
Min	3556
Max	4373
Ascent	+866
Descent	-177

### Leg Legend:

0.0	EZ 13 (Blue Moon Station)
	221 South
10.0	Grandfather Mountain, on R (EZ 14)

**Leg Notes:** Some desolate stretches of road along the base of Grandfather Mountain. 221 is winding, stay alert.

**Leg Description:** Tough leg because of the distance and because most of it is a climb.



## BRR Leg 15 (2.3 miles, Easy)

### Elevation (feet):

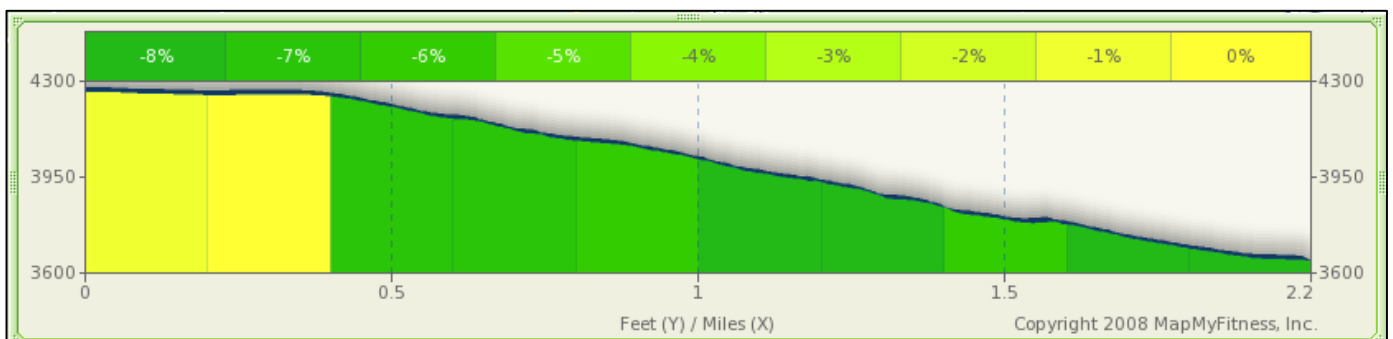
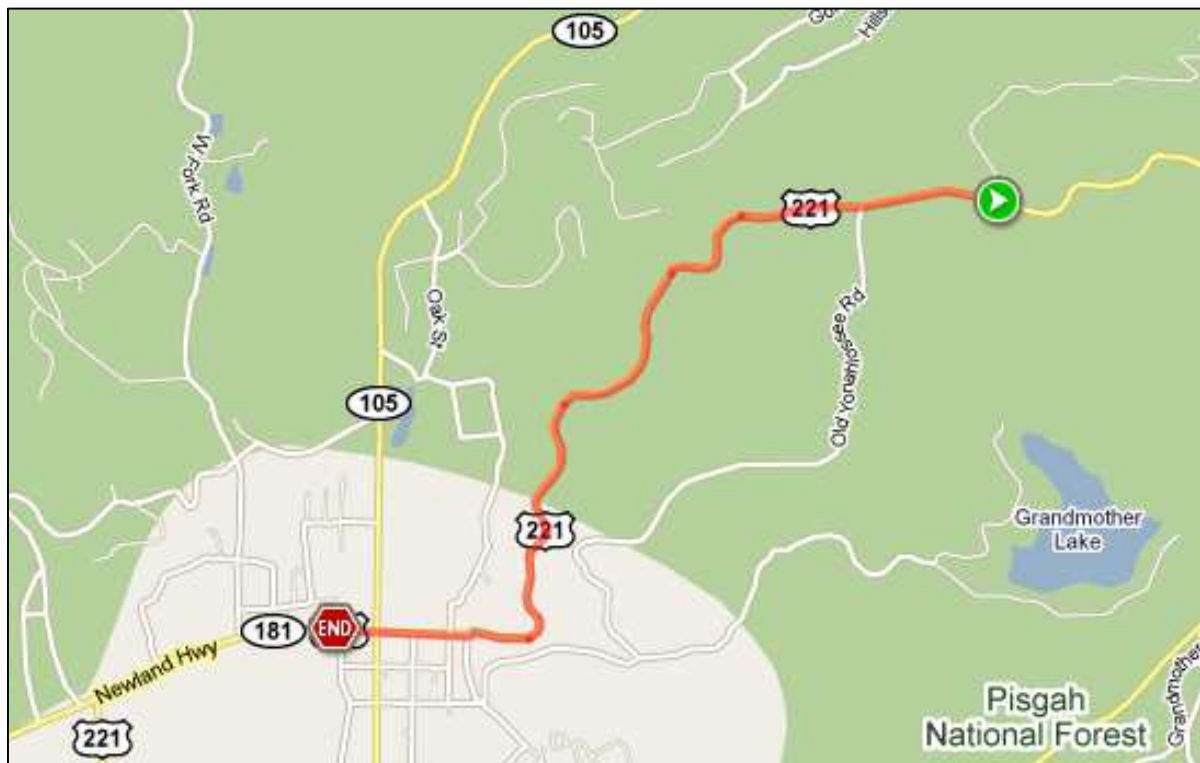
Min	3642
Max	4314
Ascent	+10
Descent	-669

### Leg Legend:

0.0	EZ 14 (Grandfather Mountain)
2.2 S	221/181 (at Traffic Light)
0.2	Henson Building Supply, on L (EZ 15)

**Leg Notes:** 221 between Grandfather Mountain and the intersection with 105 is curvy with low, tight shoulders. Stop light at 221/105/181 intersection.

**Leg Description:** Downhill and short make this an easy one.



## BRR Leg 16 (3.4 miles, Easy)

### Elevation (feet):

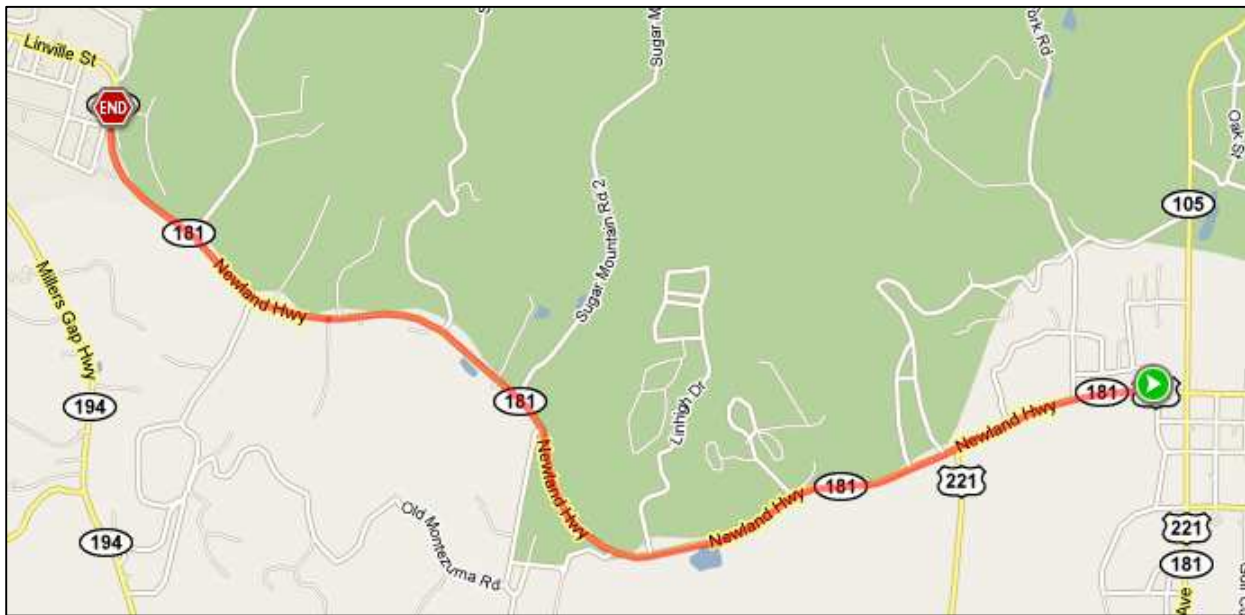
Min	3619
Max	3888
Ascent	+262
Descent	-262

### Leg Legend:

0.0	EZ 15 (Henson Building Supply)
3.4	Newland Elementary School, on L (EZ 16)

**Leg Notes:** 181 is a heavily traveled highway. Be alert for traffic. Run on L.

**Leg Description:** Rolling and short make this a relatively easy leg.



## BRR Leg 17 (4.9 miles, Moderate)

### Elevation (feet):

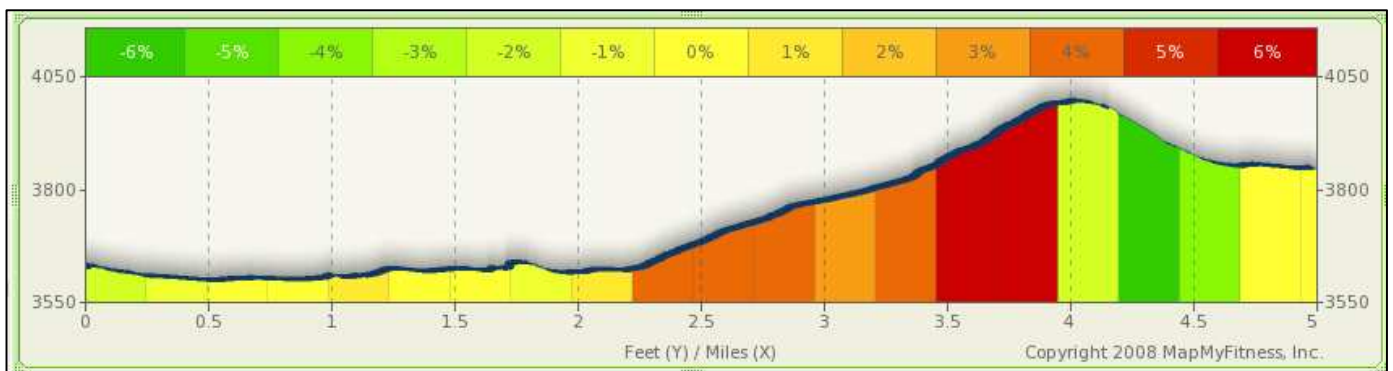
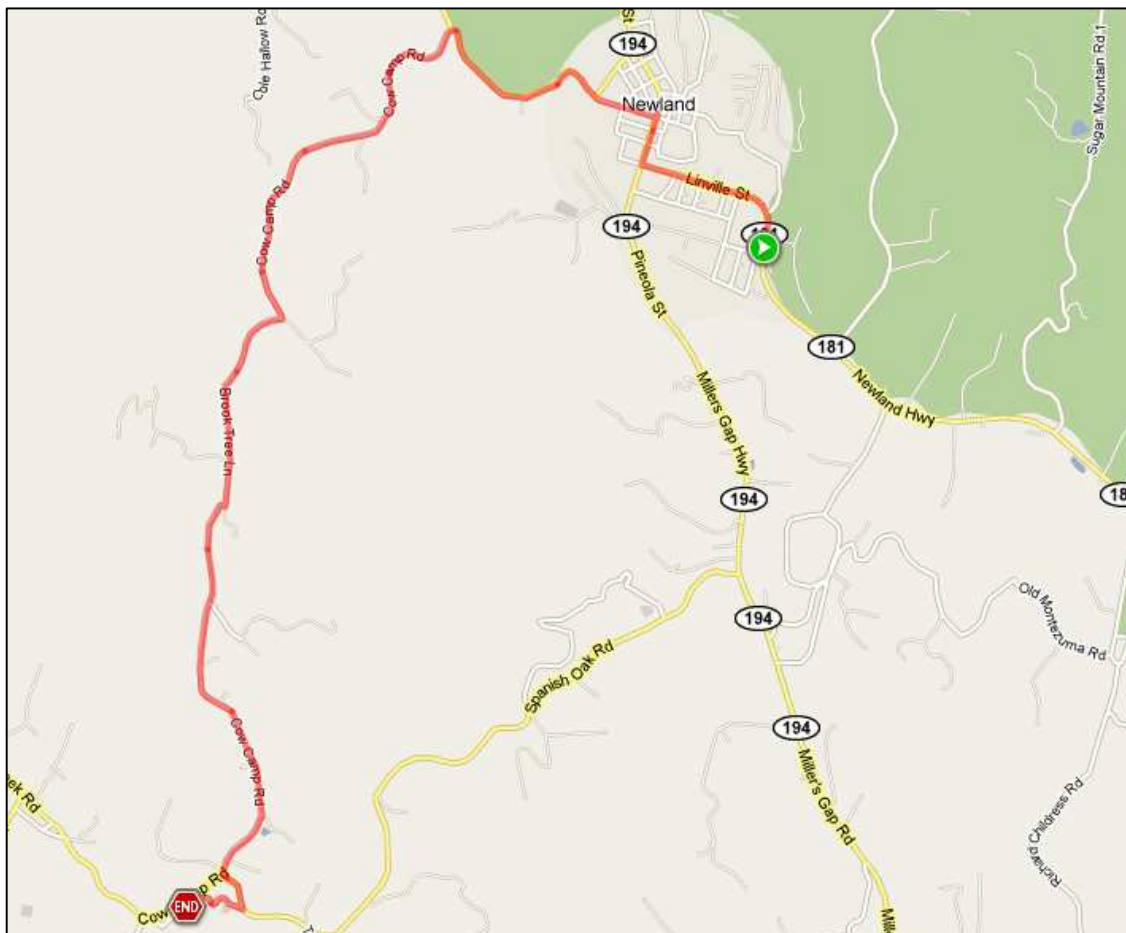
Min	3586
Max	4085
Ascent	+502
Descent	-259

**Leg Notes:** Running through downtown Newland, traffic lights, etc..., but quickly turns rural.

### Leg Legend:

0.0	EZ 16 (Newland Elementary School)
0.4	R 194 North (at Traffic Light)
0.2	L Old Toe River Rd. (at Traffic Light)
0.8	L Cow Camp
3.2	R Spanish Oak
0.3	Mt Pleasant Baptist Church/Gragg Nursery, on L (EZ 17)

**Leg Description:** Relatively short leg, but a good climb.



## BRR Leg 18 (5.9 miles, Hard)

**Elevation (feet):**

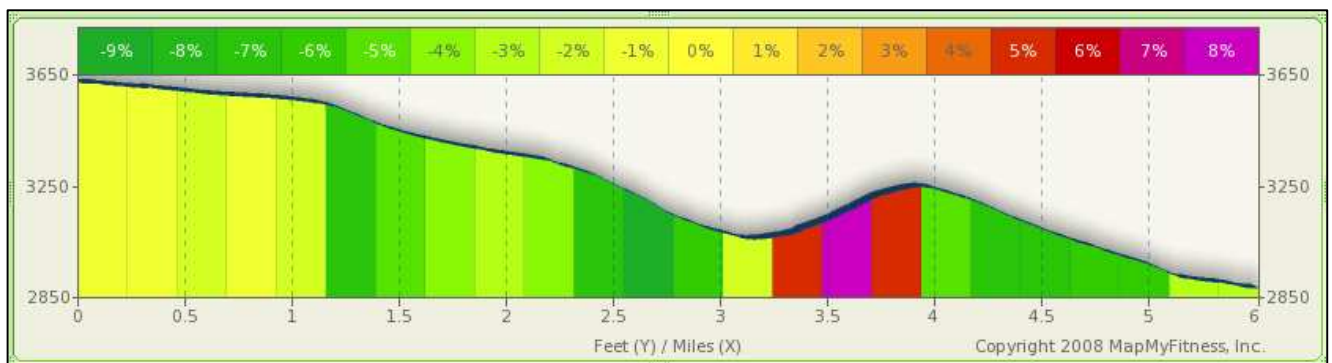
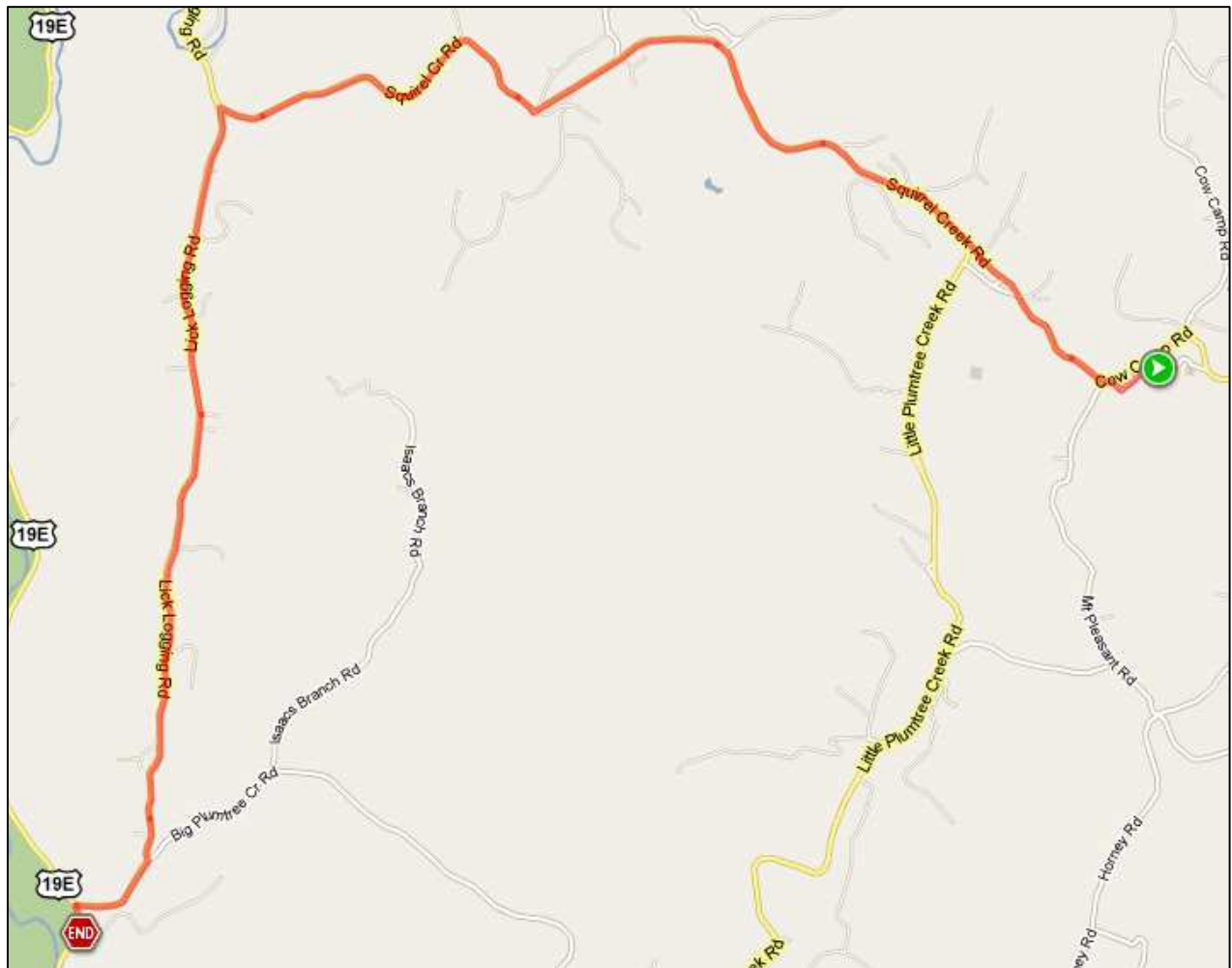
Min	2871
Max	3885
Ascent	+249
Descent	-1217

### Leg Legend:

0.0 EZ 17 (Mt. Pleasant Baptist Church / Gragg Nursery)  
3.3 L Lick Log  
2.4 L 19E  
0.2 Plumtree Presbyterian Church, on L (EZ 18)

**Leg Notes:** Rural route, but remain alert for traffic on narrow roads.

**Leg Description:** Big downhill and one good climb make this a tough leg. Spanish Oak turns into Squirrel Creek.



## BRR Leg 19 (4.3 miles, Easy)

### Elevation (feet):

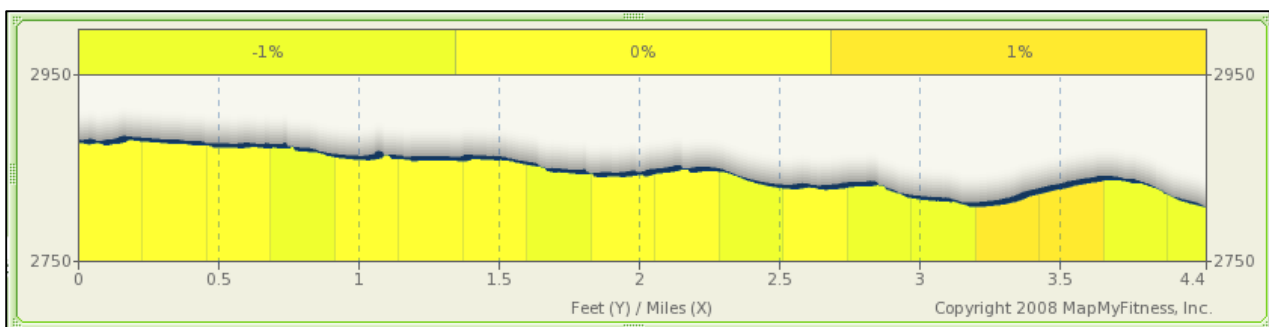
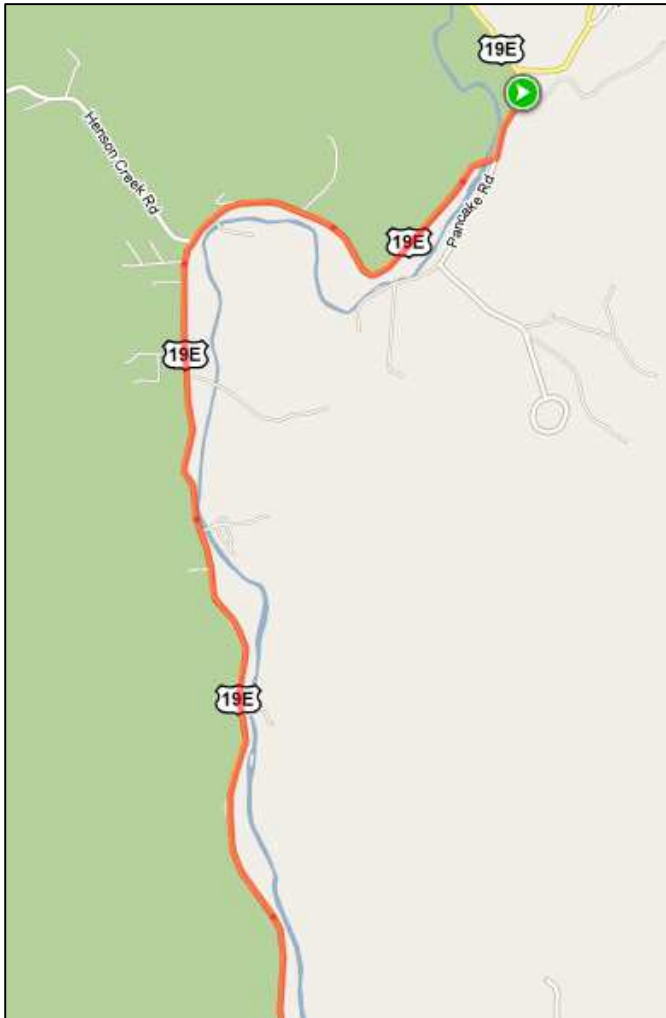
Min	2792
Max	2951
Ascent	+69
Descent	-138

### Leg Legend:

0.0	EZ 8 (Plumtree Presbyterian Church)
4.3	Green Valley Fire Department, on R (EZ 19)

**Leg Notes:** 19E is a heavily traveled road. Be alert for traffic.

**Leg Description:** Flat and gentle downhill. Entire leg is on 19E. No turns.



## BRR Leg 20 (7.5 miles, Very Hard)

### Elevation (feet):

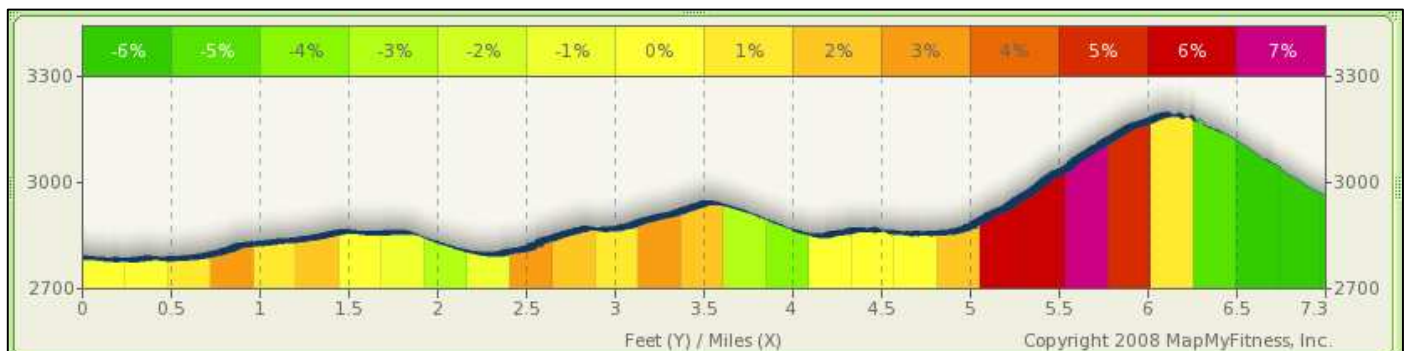
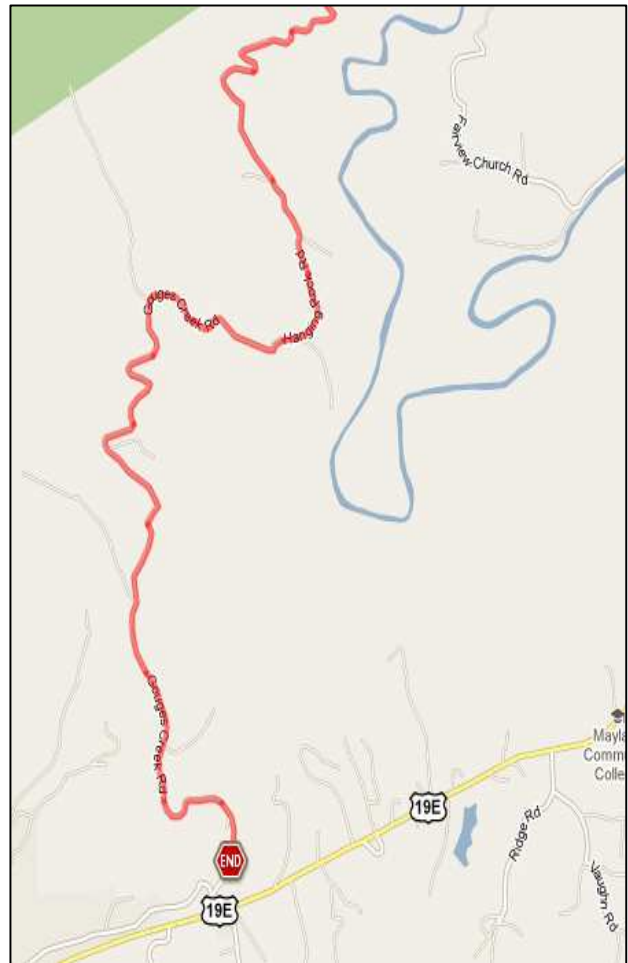
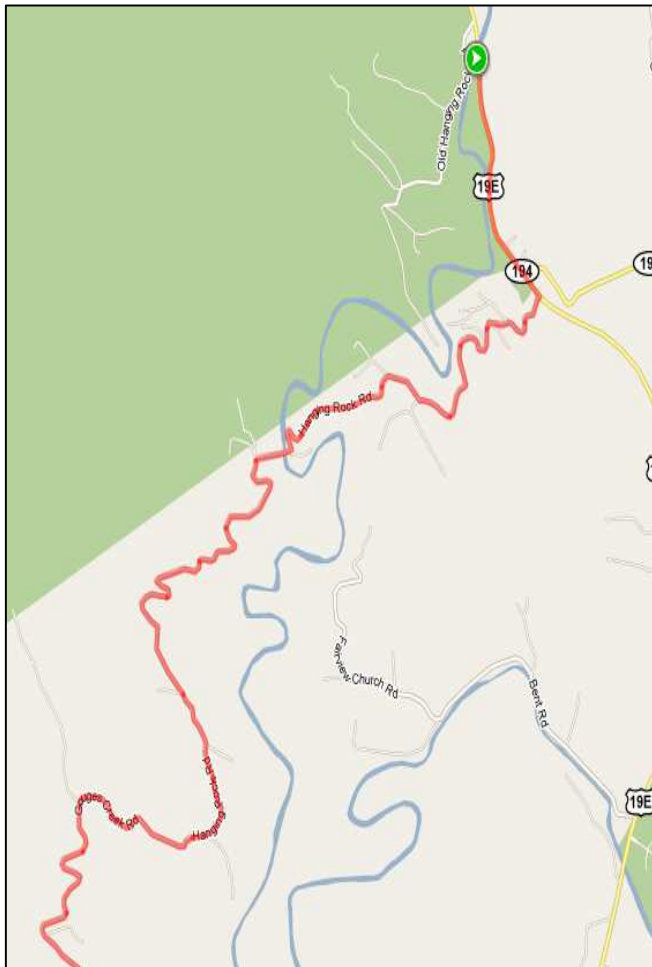
Min	2746
Max	3340
Ascent	+673
Descent	-476

### Leg Legend:

0.0	EZ 19 (Green Valley Fire Department)
0.8	R Hanging Rock Rd.
6.7	Mt. Carmel Baptist Church, on L (EZ 20)

**Leg Notes:** 19E is a heavily traveled road. Be alert for traffic.

**Leg Description:** Long leg with some tough climbs. One turn onto Hanging Rock Rd. Hanging Rock Rd. turns into Gouges Creek Rd. at the County Line, but is the same road.



## BRR Leg 21 (2.4 miles, Easy)

### Elevation (feet):

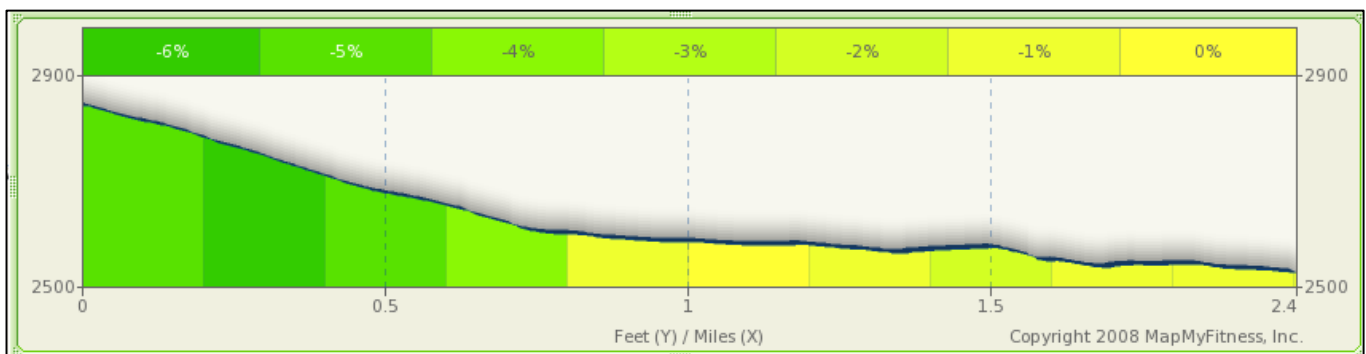
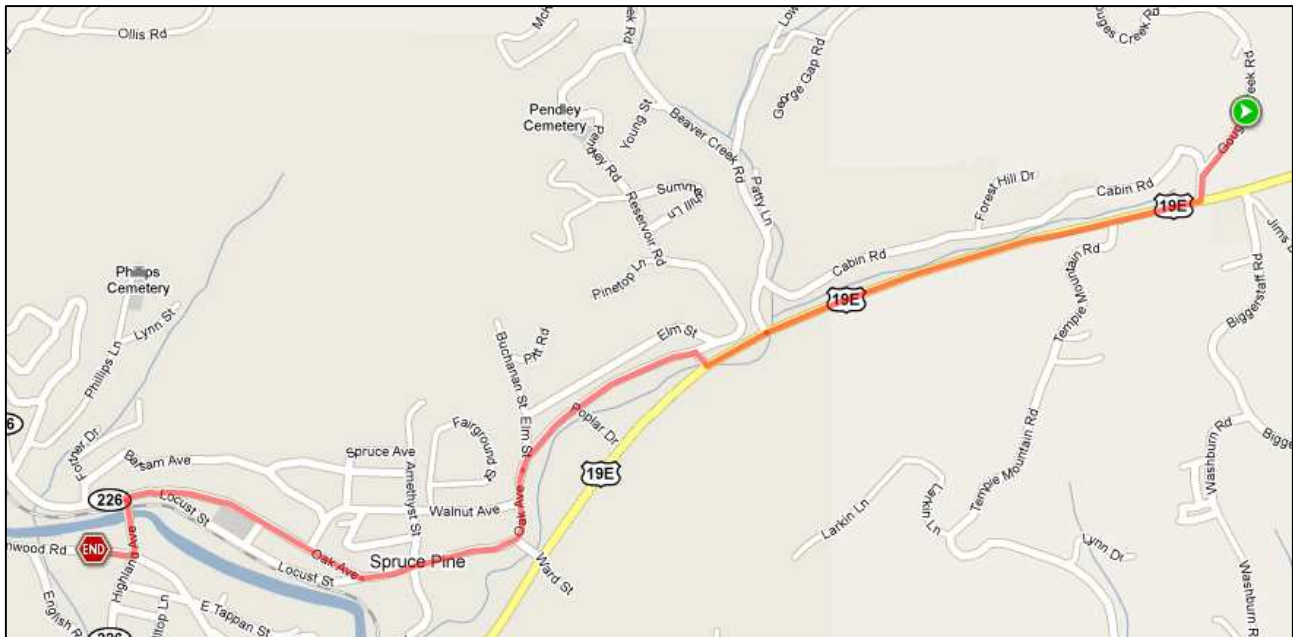
Min	2523
Max	2881
Ascent	+23
Descent	-338

**Leg Notes:** Stay alert for traffic on 19E. Run on the Left.

### Leg Legend:

0.0	R	EZ 20 (Mount Carmel Baptist Church)
0.1	R	19E
0.8	R	Spruce Pine
0.1	L	Oak Avenue
1.1	L	Highland Avenue
0.2	R	Greenwood Road
0.1		Ingles Grocery Store, on L (EZ 21)

**Leg Description:** Easy leg.



## BRR Leg 22 (5.6 miles, Hard)

### Elevation (feet):

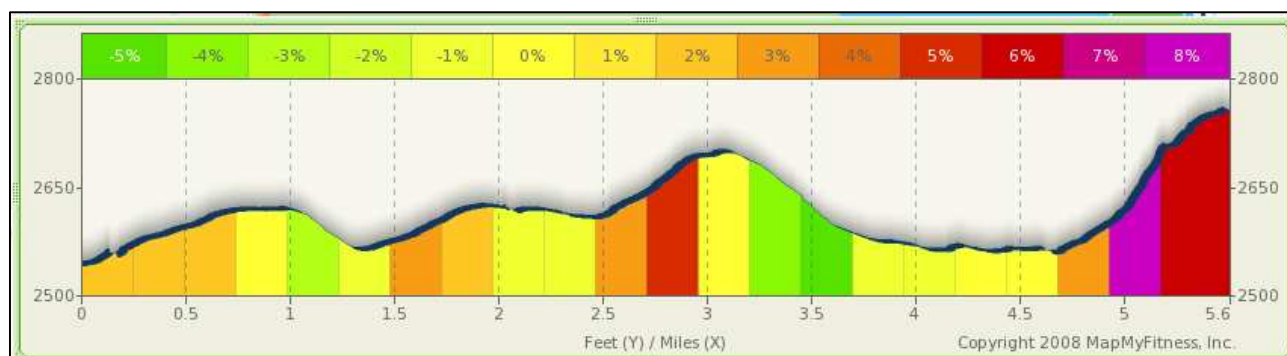
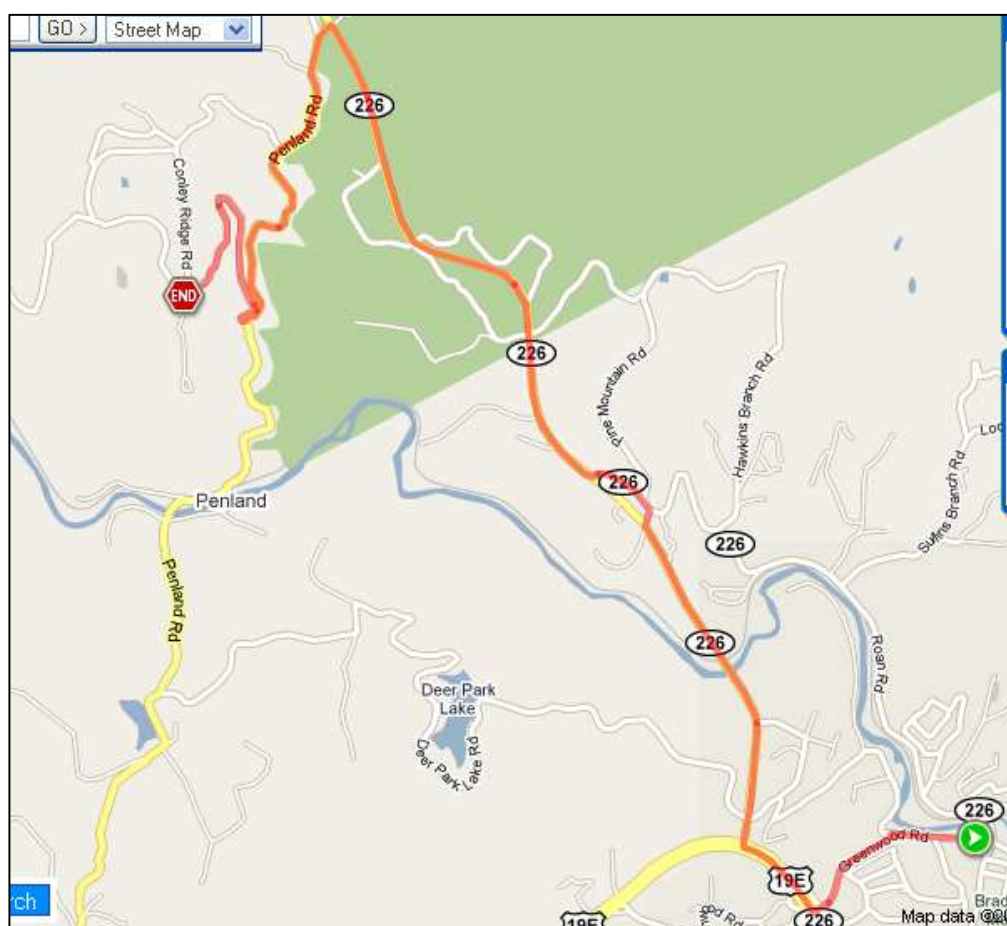
Min	2513
Max	2841
Ascent	+535
Descent	-282

### Leg Legend:

0.0	EZ 21 (Ingles Grocery)
0.5	R 226/19 (at Stop Sign)
0.3	R 226 N (at Traffic Light)
2.9	L Penland Rd.
1.1	R Conley Ridge Rd.
0.8	Penland School Gallery, on R (EZ 22)

**Leg Notes:** Run on the right on 226/19. Run on the left on 226. Both roads are heavily traveled. Be alert to traffic.

**Leg Description:** Rolling with a good climb on Conley Ridge Road.



## BRR Leg 23 (5.6 miles, Hard)

### Elevation (feet):

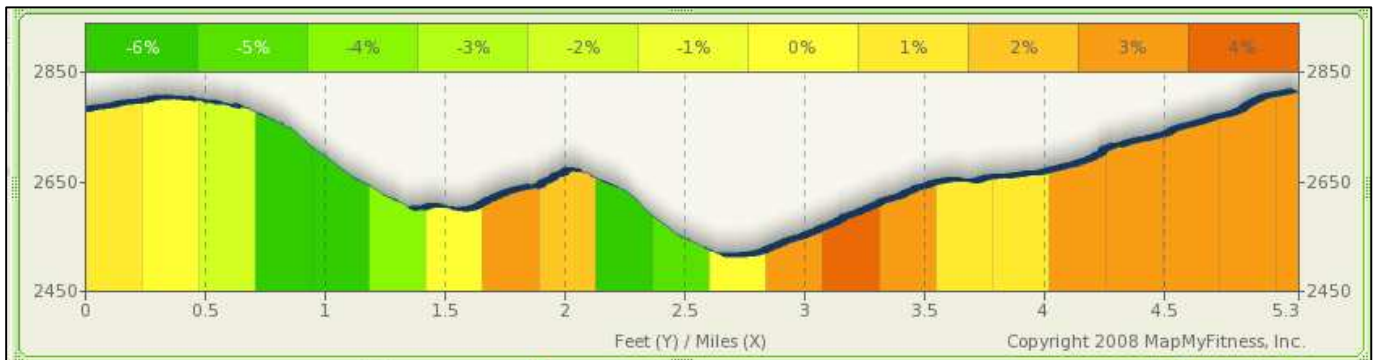
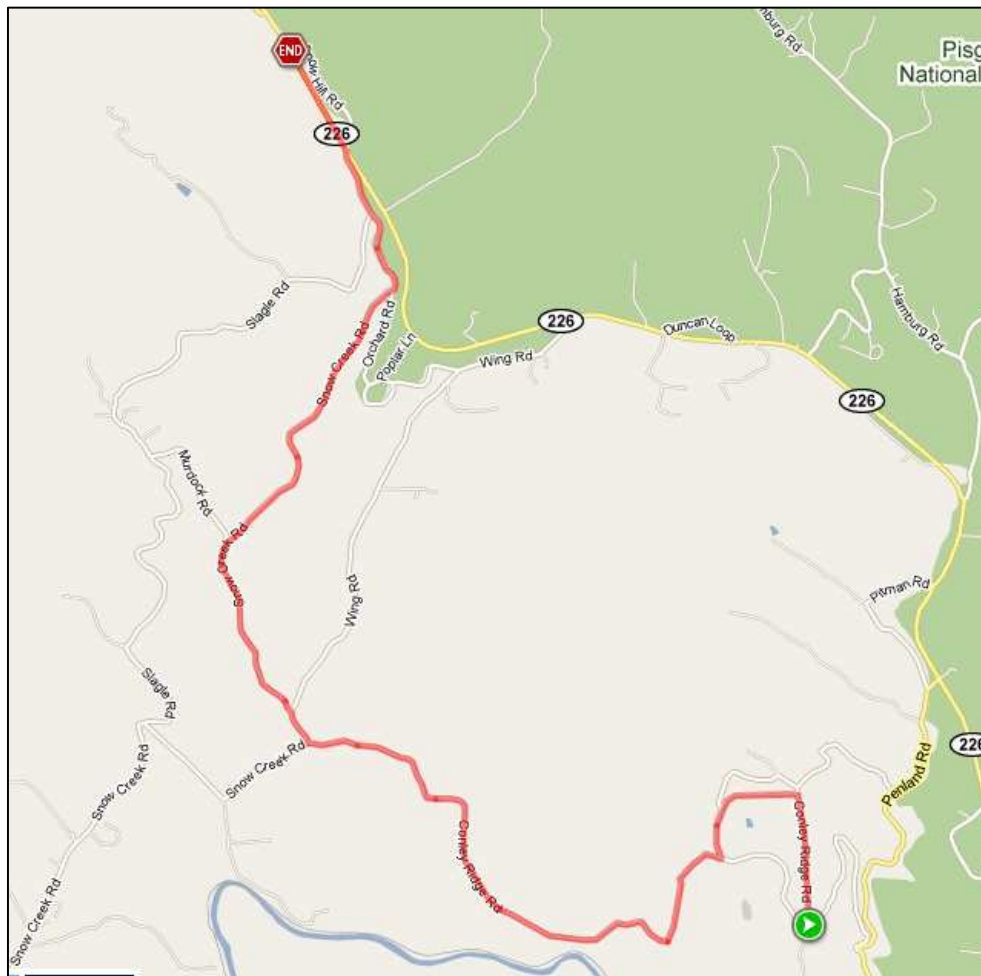
Min	2484
Max	2881
Ascent	+463
Descent	-423

**Leg Notes:** Mostly rural. Snow creek is narrow and winding. 226 is heavily traveled. Stay alert for traffic.

### Leg Legend:

0.0	EZ 22 (Penland School Gallery)
0.9	R Conley Ridge Rd. (gravel/dirt)
1.7	S (gravel ends, paved begins)
0.5	R Snow Creek Rd.
1.7	L Orchard Rd.
0.5	L 226N
0.3	Snow Creek Storage, on L (EZ 23)

**Leg Description:** This leg starts easy, but the gravel downhill is followed by a good climb on Snow Creek.



## BRR Leg 24 (3.2 miles, Easy)

### Elevation (feet):

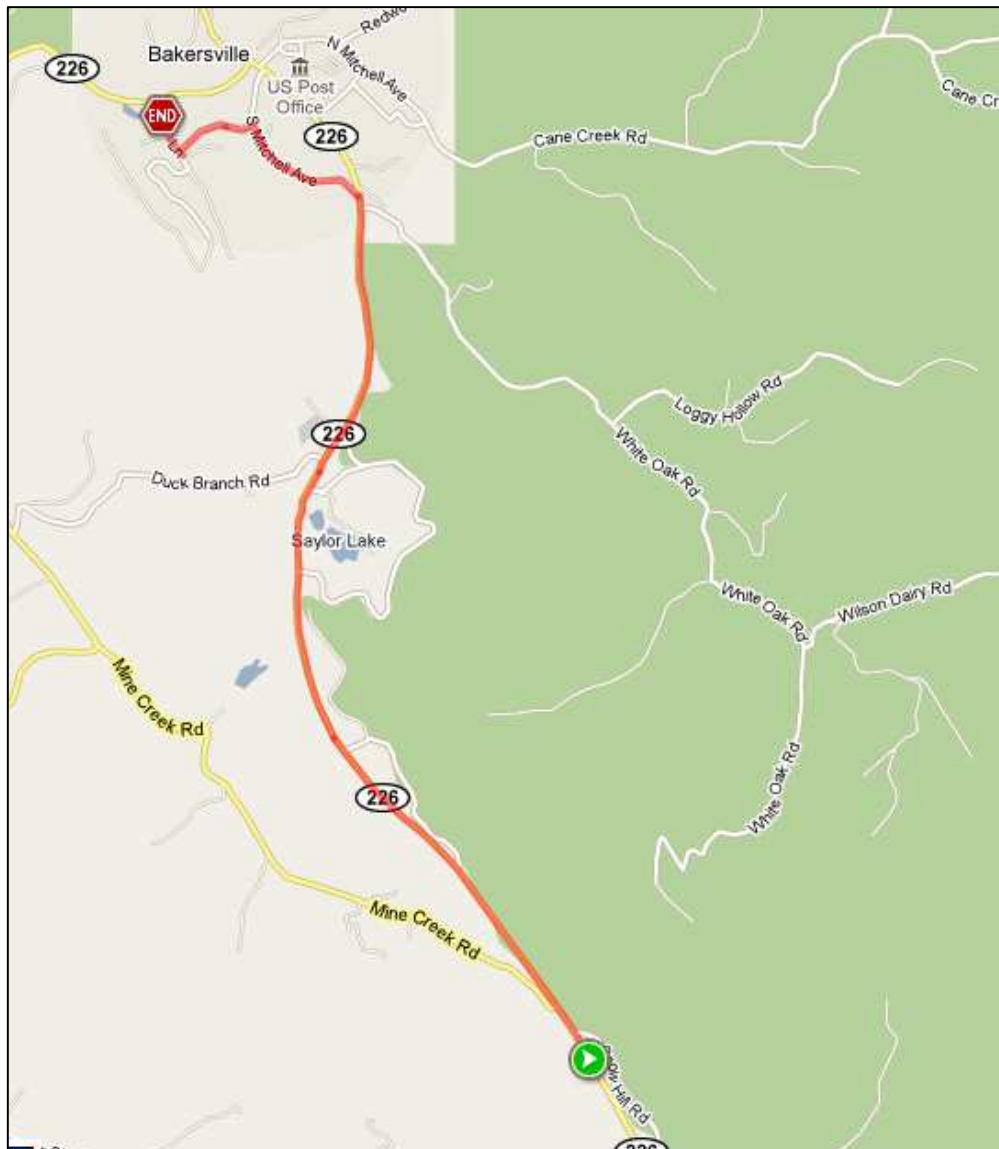
Min	2441
Max	2963
Ascent	+52
Descent	-515

**Leg Notes:** 226 is heavily traveled.  
Remain alert for traffic.

### Leg Legend:

0.0	EZ 23 (Snow Creek Storage)
	Remain on 226 North
2.5	L South Mitchell Ave.
0.4	L Baker Lane (street sign on Left)
0.2	R Remain on Baker Lane at Friendship Baptist Ch.
0.1	Bakersville Fire Dept., on R (EZ 24)

**Leg Description:** Short and Sweet.



## BRR Leg 25 (4.3 miles, Moderate)

### Leg Description: elevation in feet

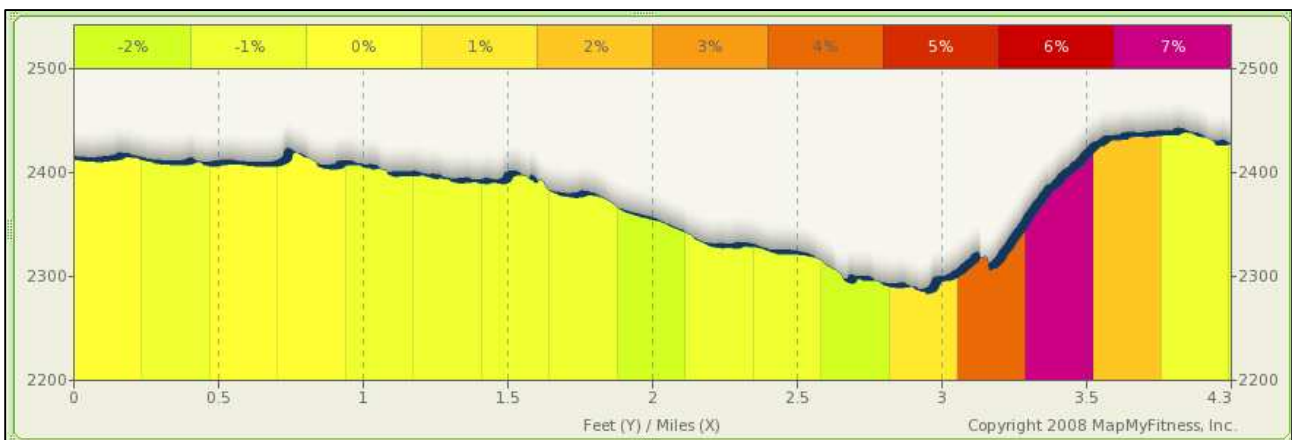
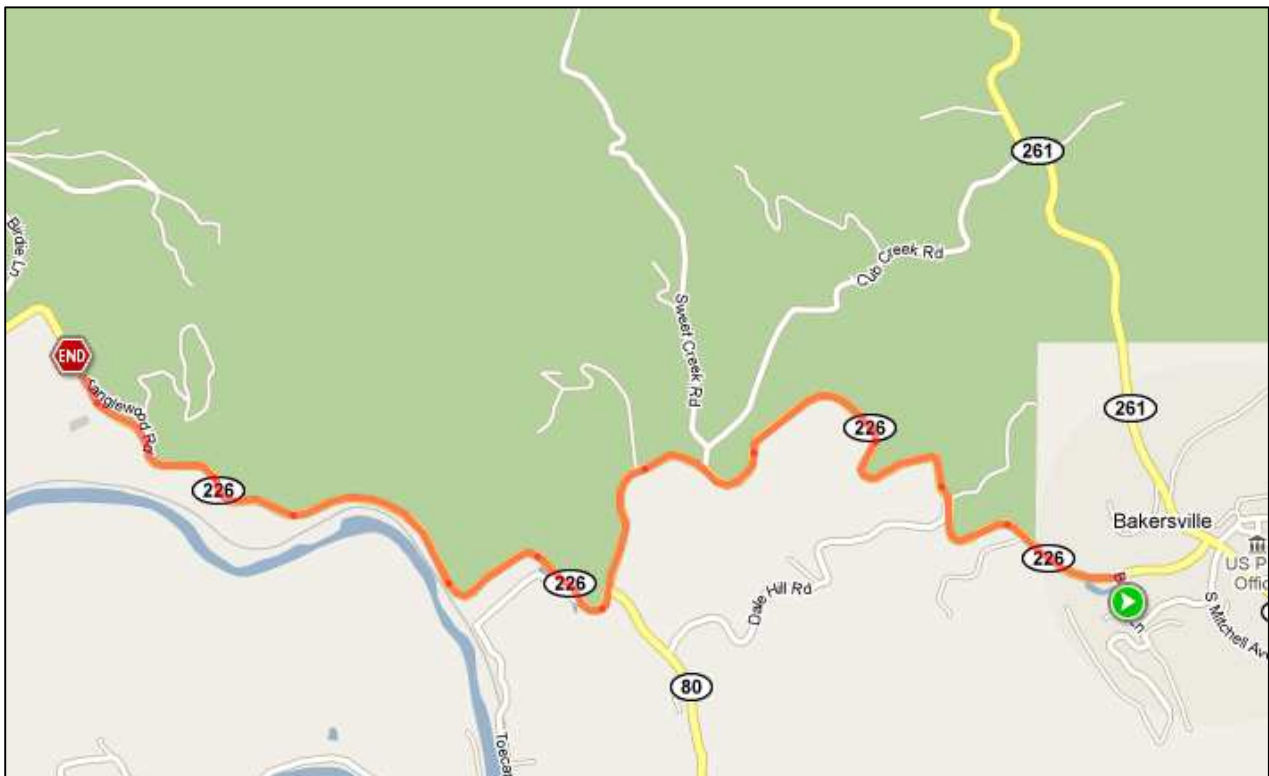
Min	2238
Max	2523
Ascent	+262
Descent	-246

### Leg Legend:

0.0	EZ 24 (Bakersville Fire Dept.)
4.3	Red Hill Baptist Church, on L (EZ 25)

**Leg Notes:** 226 is more heavily traveled, although the traffic will be lighter during night hours, stay alert for traffic.

**Leg Notes:** The distance, but mostly the rolling hills and big finishing hill make this moderate.



## BRR Leg 26 (4.5 miles, Moderate)

### Leg Description: elevation in feet

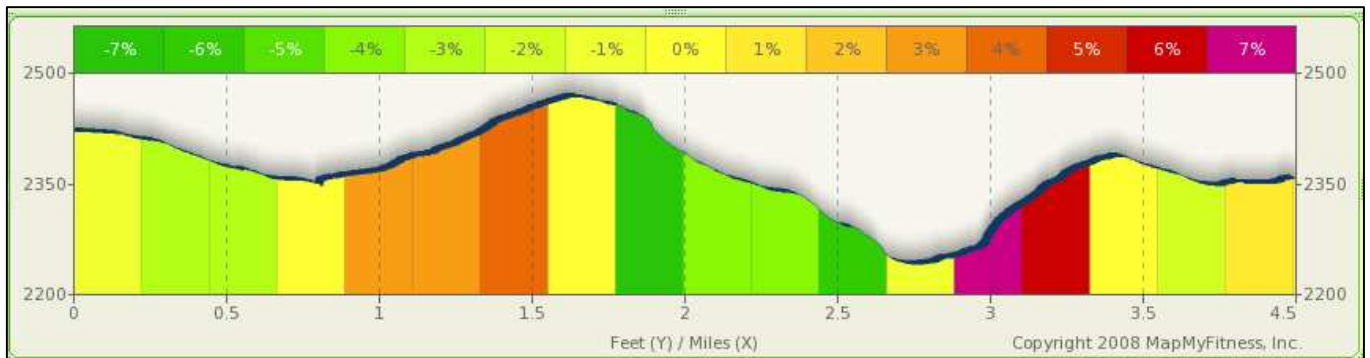
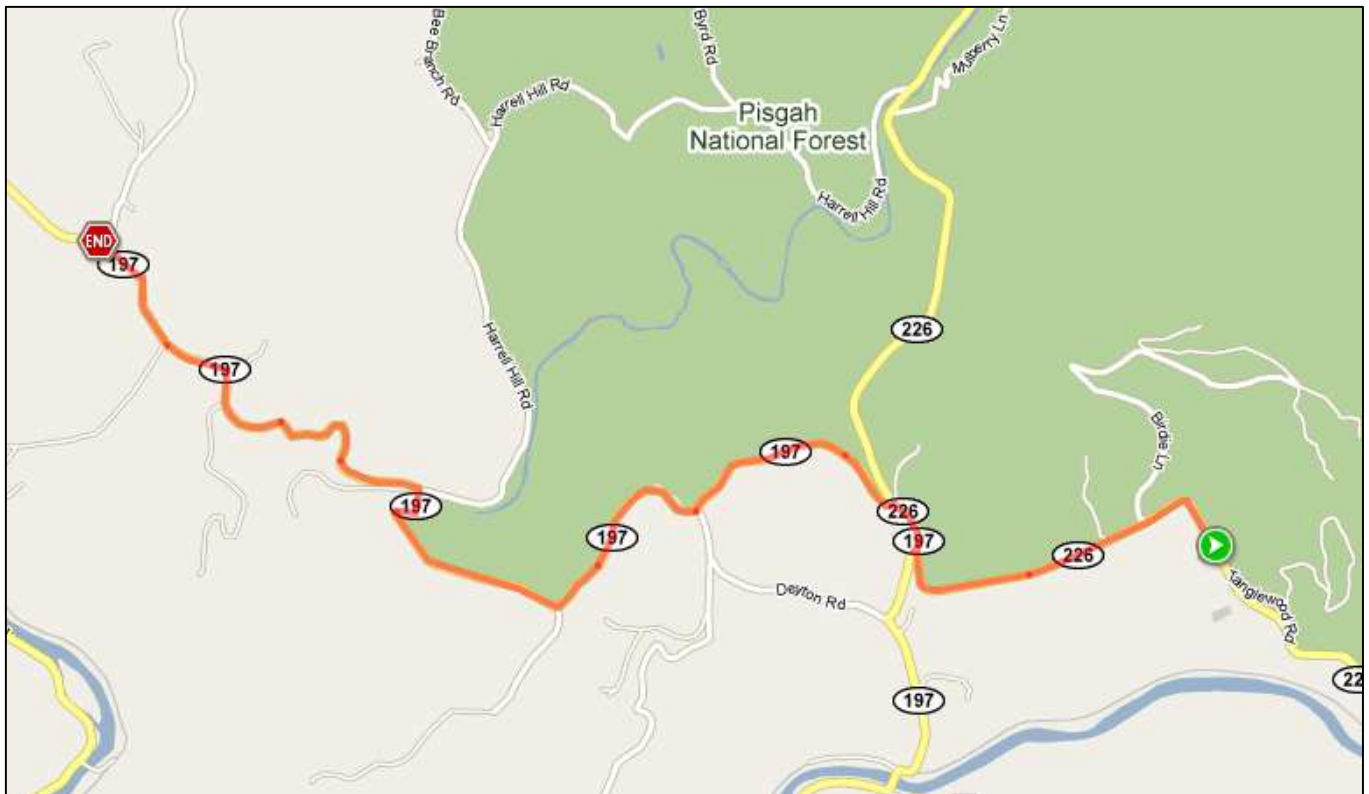
Min	2208
Max	2579
Ascent	+374
Descent	-456

### Leg Legend:

0.0	EZ 25 (Red Hill Baptist Church)
1.0	S Remain on 226 N, 197 N joins
0.1	L 197 North
2.0	L Remain on 197 N at Harrell Hill Rd. (after bridge)
1.4	Tipton Hill Elementary School, on R (EZ 26)

**Leg Notes:** 226 N often carries more traffic than 197 N. Both roads have many curves, stay alert for traffic.

**Leg Description:** Some difficult hills, but the distance makes this moderate.



## BRR Leg 27 (9.0 miles, Hard)

### Leg Description: elevation in feet

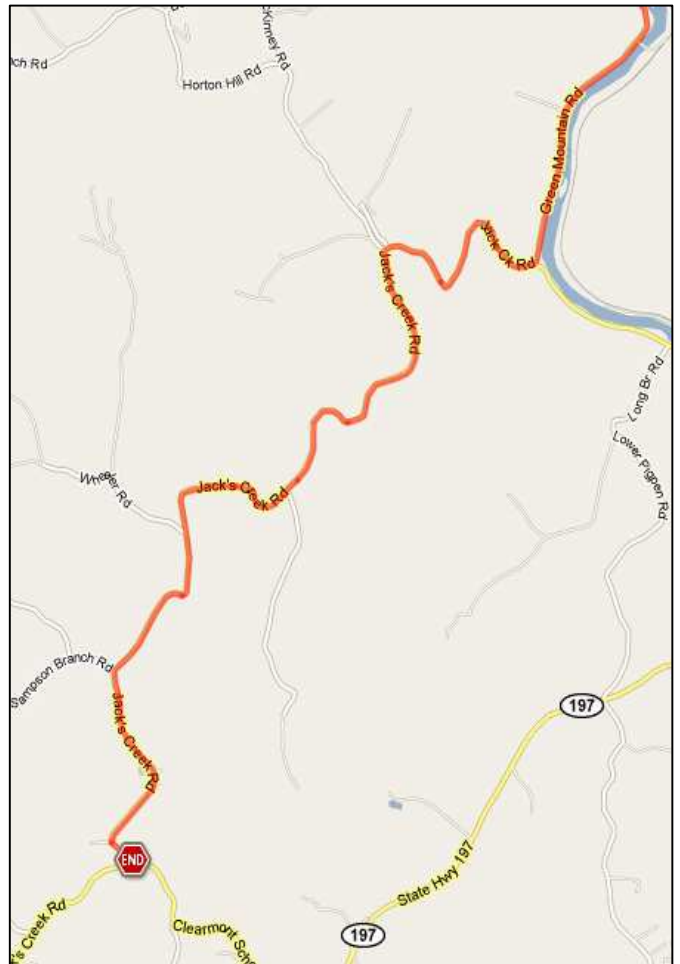
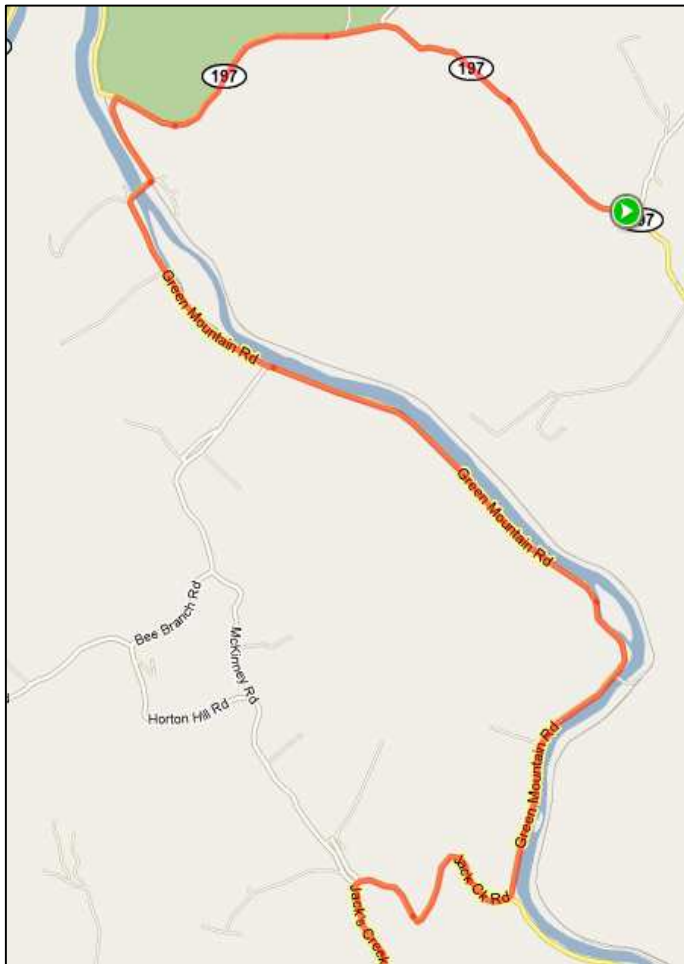
Min	2073
Max	2546
Ascent	+289
Descent	-410

**Leg Notes:** The RR tracks are active, even at night. Stay alert for trains and do not attempt to race the train.

### Leg Legend:

0.0	EZ 26 (Tipton Hill Elementary School)
2.0	L Whitson Branch Rd. / Green Mt. Rd. (turn left before going under the bridge)
0.3	R cross RR tracks (do NOT race the train)
0.1	L after bridge, Green Mountain Rd.
3.0	R Jacks Creek Rd.
3.6	Clearmont School Road, on L (EZ 27)

**Leg Description:** The distance makes this a hard leg.



## BRR Leg 28 (7.4 miles, Hard)

### Elevation (feet):

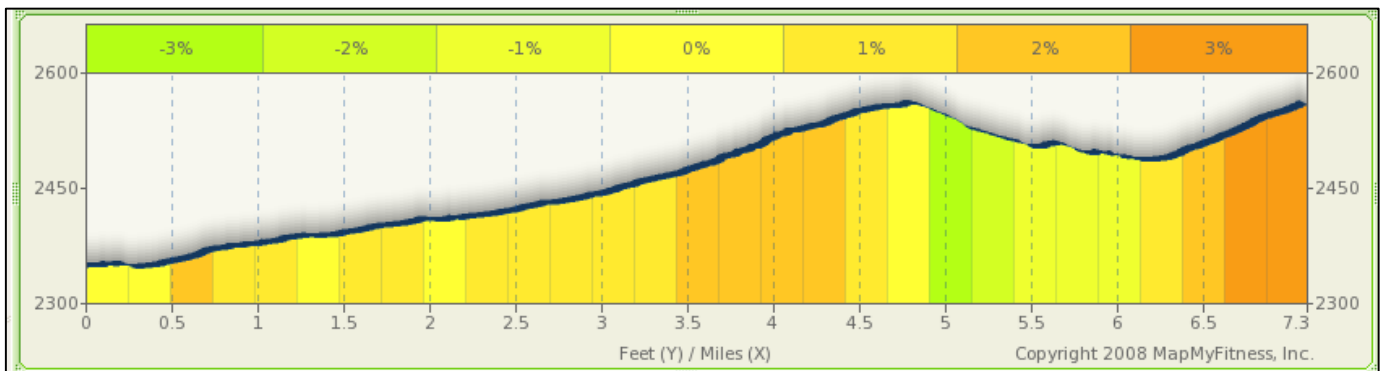
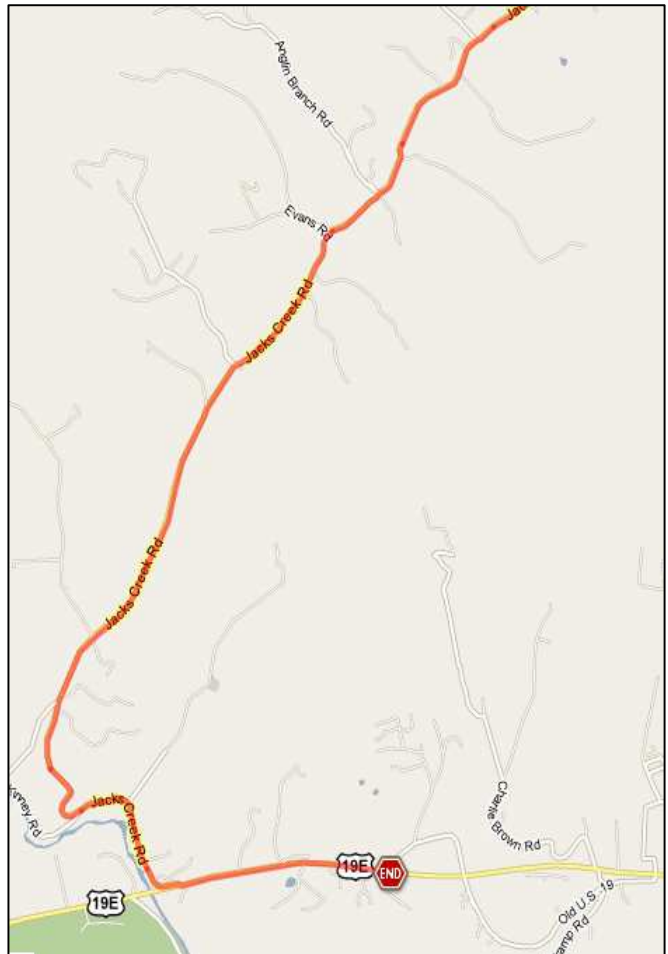
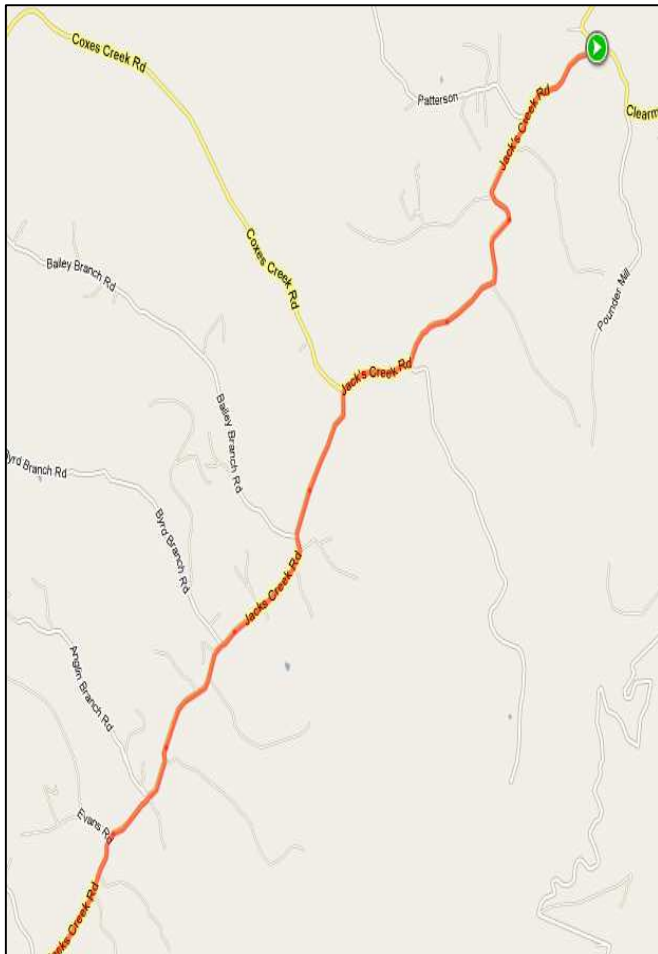
Min	2339
Max	2690
Ascent	+413
Descent	-128

### Leg Legend:

0.0 EZ 27 (Clearmont Elementary School)  
6.7 L 19 East  
0.7 R Mountain Heritage High School, on R (EZ 28, right side of 19E, cross Highway 19E at traffic light at School)

**Leg Notes:** Jacks Creek is a winding road. 19 has heavy traffic, but has wide shoulders. Run alert.

**Leg Description:** The distance and a steady climb make this a "Hard" leg. Remain on Jacks Creek until intersection with 19E.



## BRR Leg 29 (7.5 miles, Hard)

**Elevation (feet):**

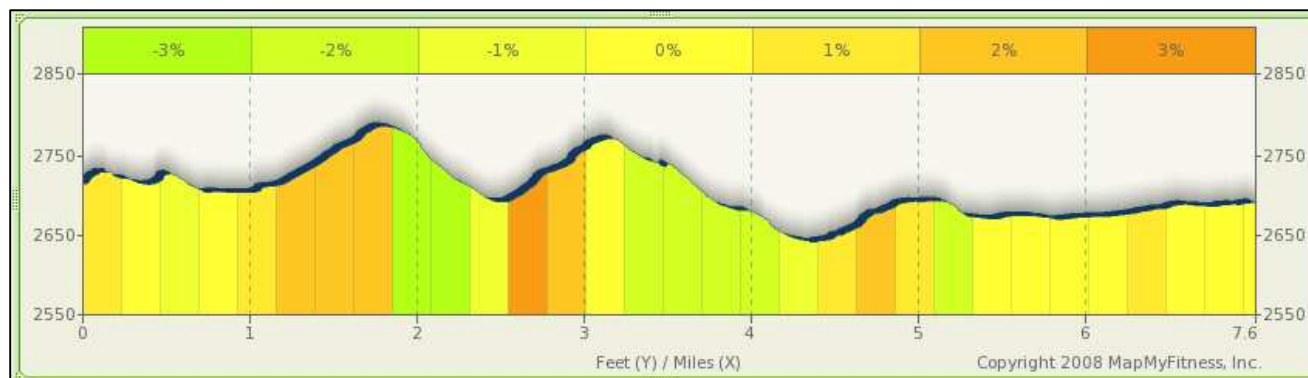
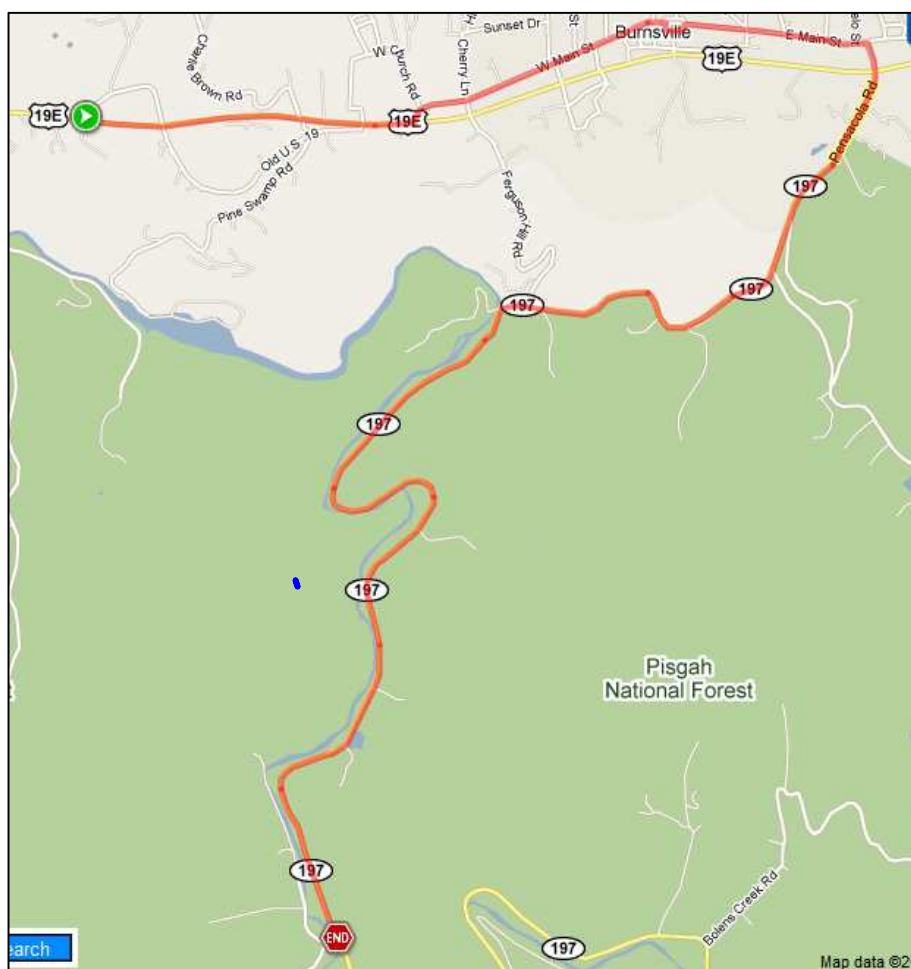
Min	2598
Max	2835
Ascent	+279
Descent	-302

### Leg Legend:

0.0 EZ 28 (Mountain Heritage High School)  
1.0 L Burnsville Business (West Main St to East Main St.)  
1.6 R Pensacola Rd.  
0.1 S 197S/Pensacola Rd. (cross 19E at Traffic Light)  
4.8 R Toodies Creek Rd, on R (EZ 29)

**Leg Notes:** Stay alert to traffic lights, pedestrians, etc... Town square separates West and East Main St. Run L around traffic circle, then L on East Main St.

**Leg Description:** More than an honest 10K, but flat to rolling along the Cane River.



## BRR Leg 30 (4.4 miles, Easy)

### Elevation (feet):

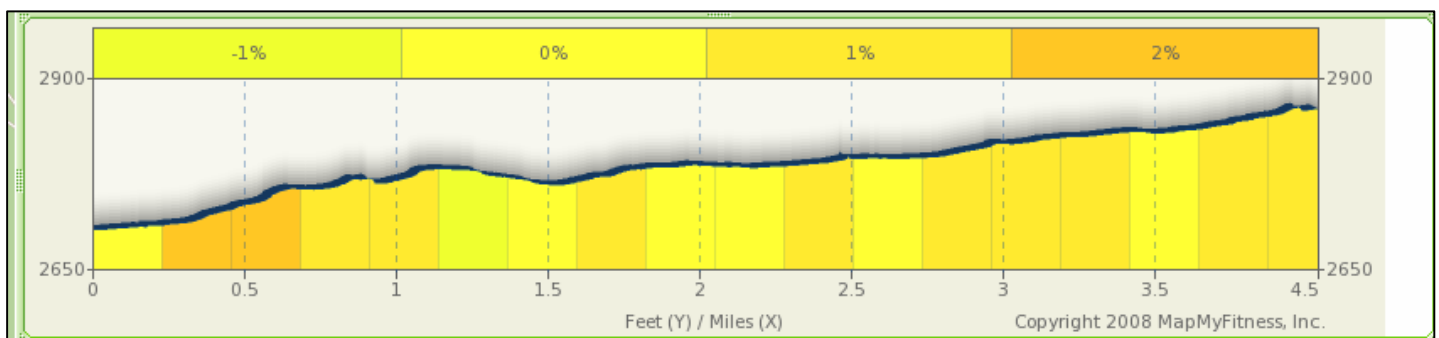
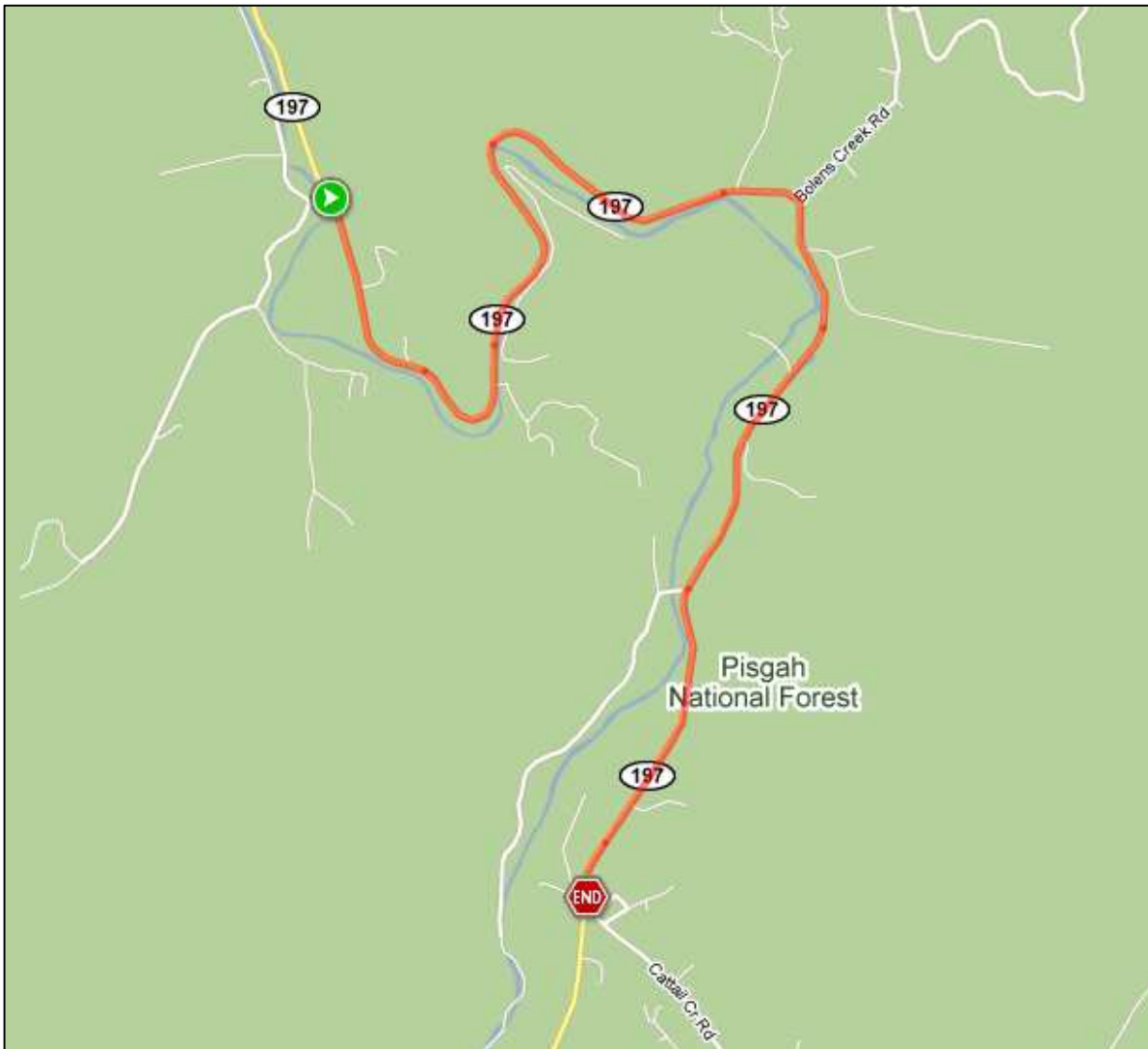
Min	2697
Max	2894
Ascent	+203
Descent	-43

### Leg Legend:

0.0	EZ 29 (197 South at Toodies Creek Rd.)
4.4	Pensacola Sales & Service, on L (EZ 30)

**Leg Notes:** No turns.

**Leg Description:** Flat along the Cane River.



## BRR Leg 31 (6.5 miles, Mountain Goat Hard)

### Leg Description (feet):

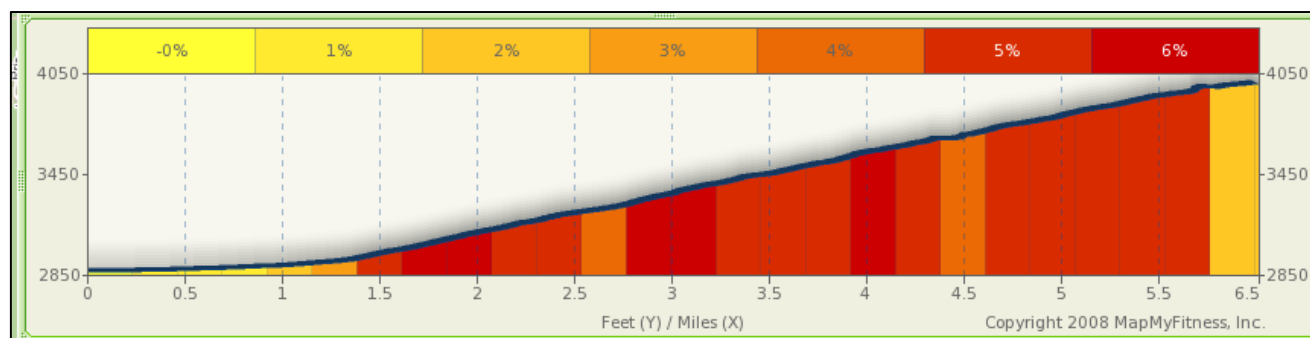
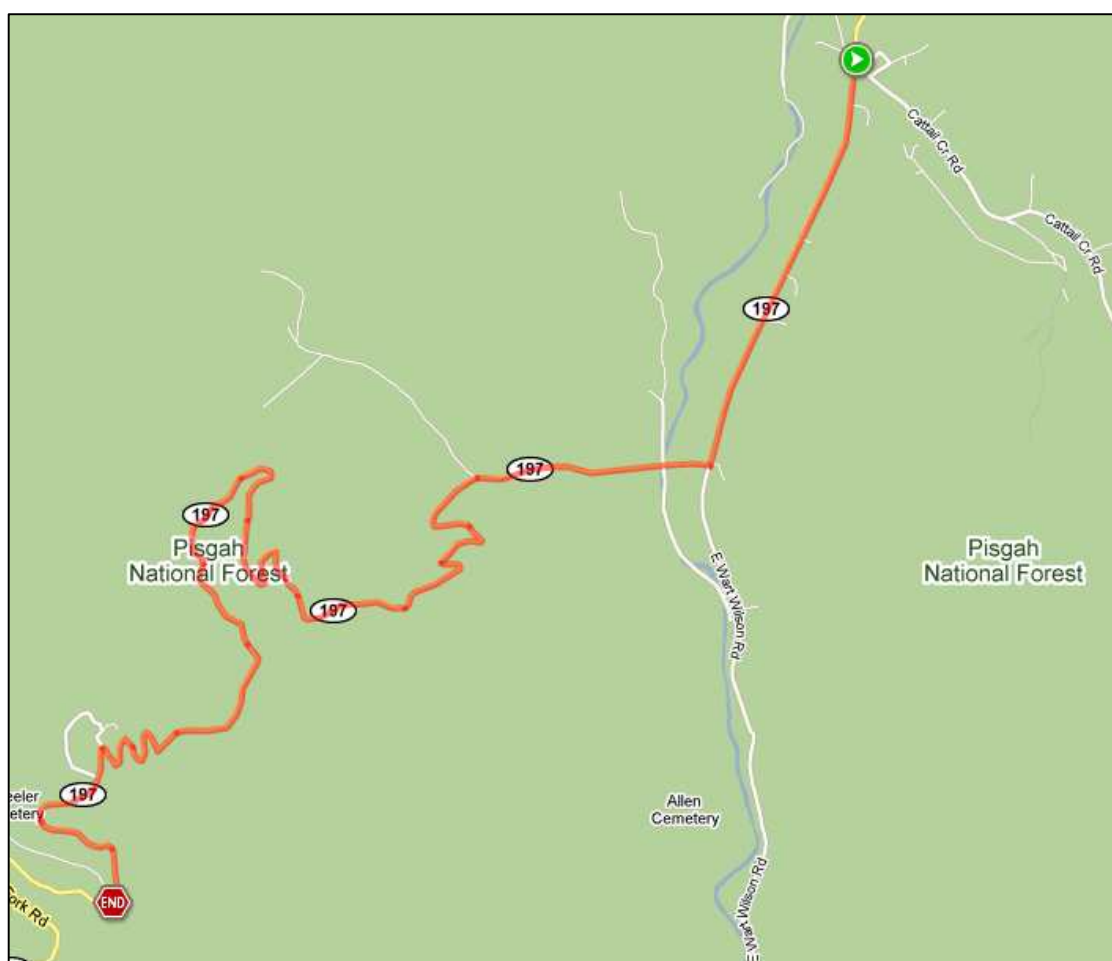
Min	2861
Max	4364
Ascent	+1430
Descent	-10

### Leg Legend:

0.0	EZ 30 (Pensacola Sales and Service)
1.4	R 197 South Continues
5.1	The top, on L (EZ 31)

**Leg Notes:** After 1.4 miles take the hard right at Murchison (stay on 197 South). The EZ is at the top!

**Leg Description:** The topo says it all.



## BRR Leg 32 (9.4 miles, Very Hard)

### Elevation (feet):

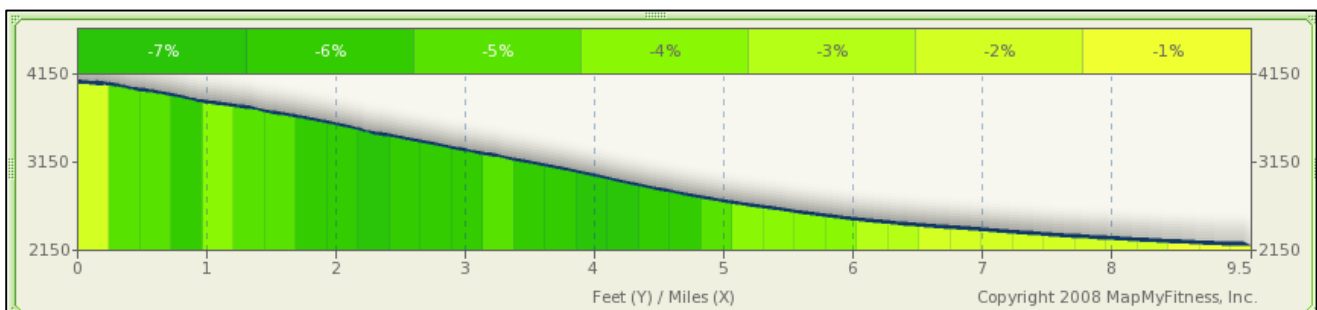
Min	2188
Max	4364
Ascent	+20
Descent	-2093

### Leg Legend:

0.0	EZ 31 (gravel begins)
4.4 S	gravel ends, paved begins
4.9 L	Paint Fork
0.1	Barnardsville Elemen. School, on R (EZ 32)

**Leg Notes:** Gravel most of the way. Don't be fooled...you'll cross a bridge that is paved about 0.5 before the gravel truly ends. Only one turn on Paint Fork.

**Leg Notes:** The distance, the gravel road, and all downhill on tired legs make this very hard.



## BRR Leg 33 (5.2 miles, Mountain Goat Hard)

### Elevation (feet):

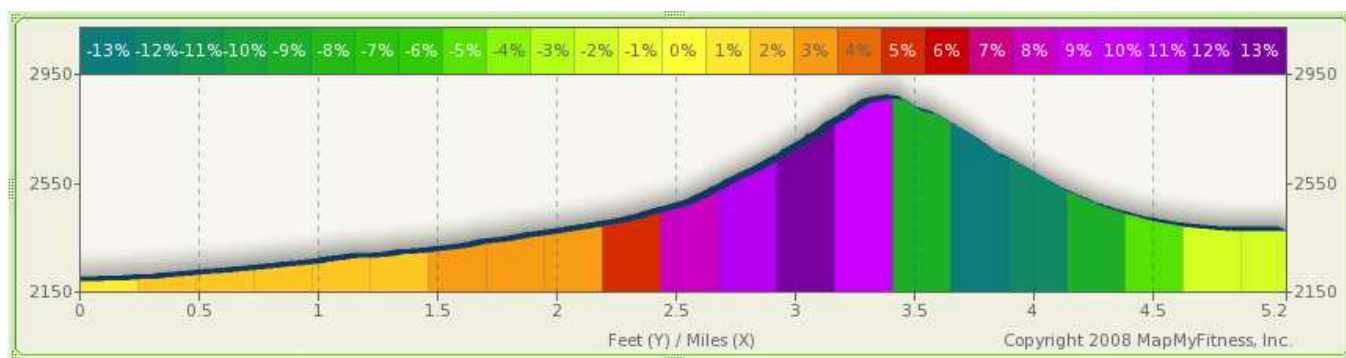
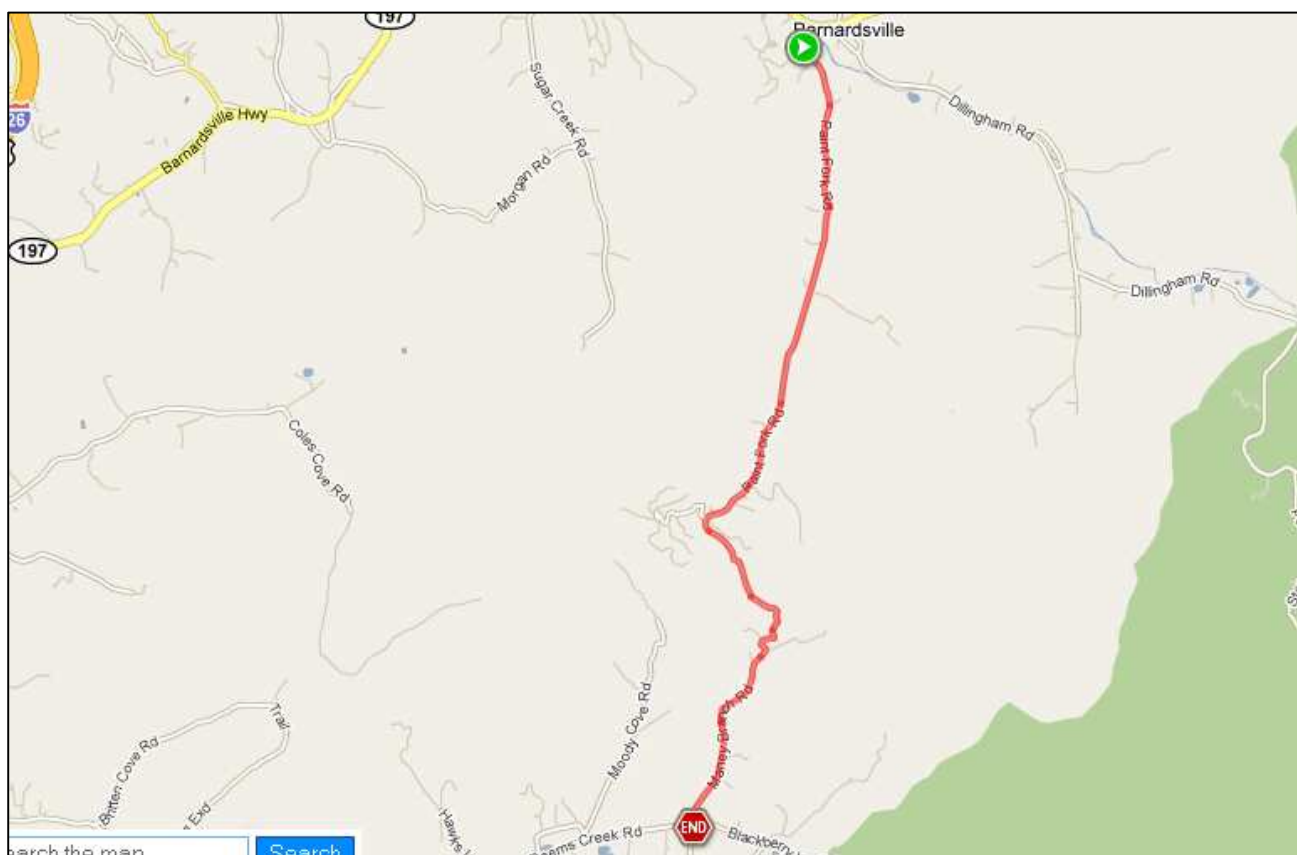
Min	2195
Max	3199
Ascent	+883
Descent	-643

### Leg Legend:

- 0.0 EZ 32 (Barnardsville Elementary School)
- 3.1 S Maney Branch Rd.
- 2.1 S Reems Creek Rd.
- 0.05 Reems Creek Beech Presbyterian Ch, on L (EZ 33)

**Leg Notes:** Paint Fork and Maney Branch are winding. Stay alert for traffic. Paint Fork changes to Maney Branch at the top of the climb. Same road. NO turns.

**Leg Notes:** Steepest climb and steepest descent of the Relay. History requires a Mountain Goat rating. No turns.



## BRR Leg 34 (4.4 miles, Moderate)

### Elevation (feet):

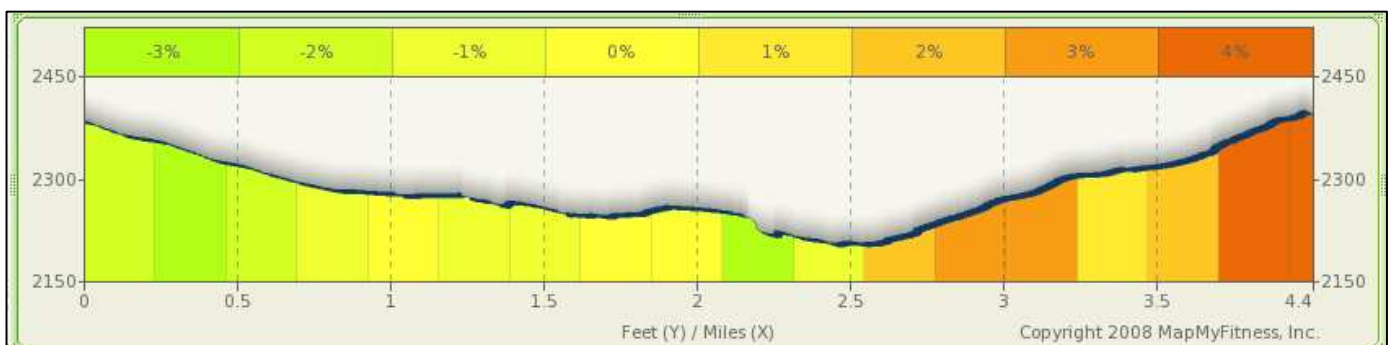
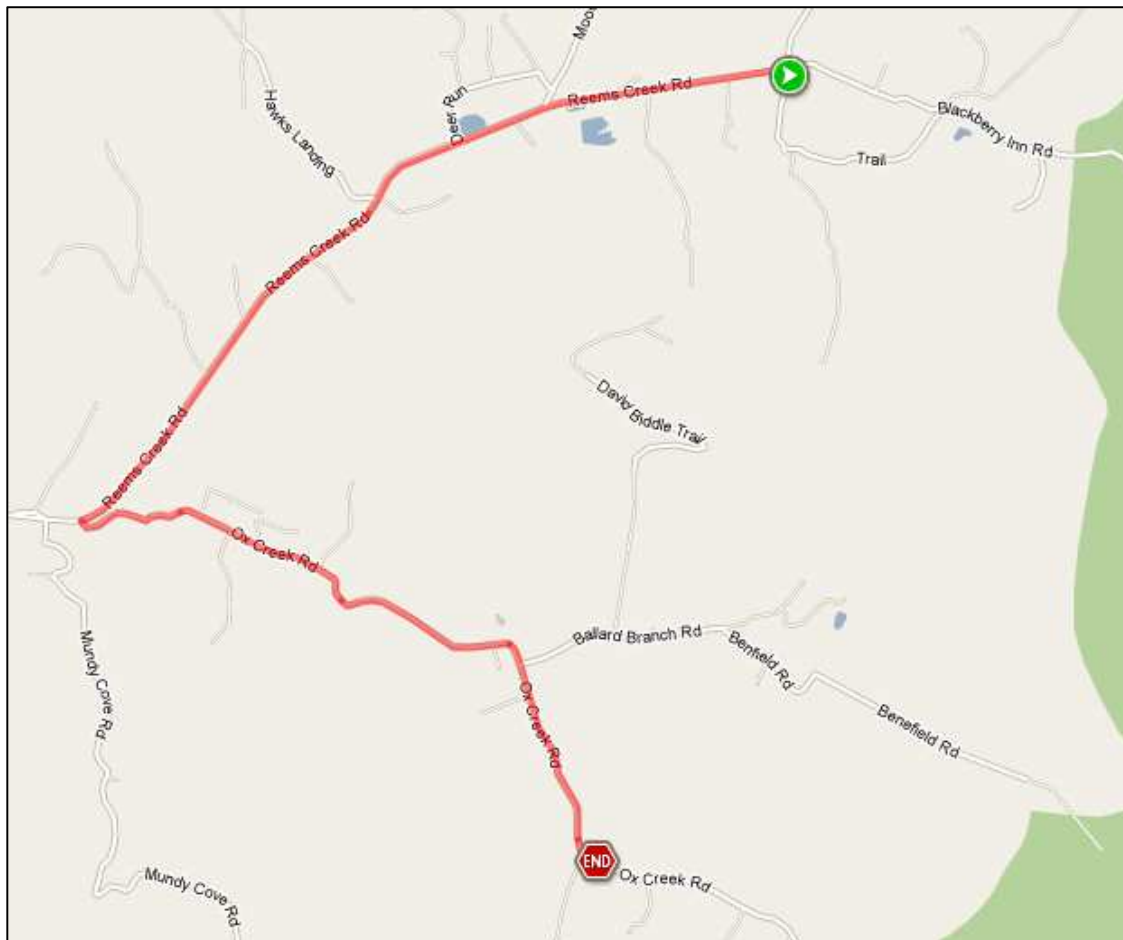
Min	2178
Max	2464
Ascent	+262
Descent	-246

### Leg Legend:

0.0	EZ 33 (Reems Creek Beech Presbyterian Church)
2.4 L	Ox Creek Rd.
2.0	South Fork Ind. Methodist Church, on L (EZ 34)

**Leg Notes:** Reems Creek is heavily traveled. Ox Creek is winding. Stay alert for traffic.

**Leg Description:** Easiest of the last 6 legs, but a difficult third leg. Moderate because of the distance and elevation.



## BRR Leg 35 (4.2 miles, Hard)

### Elevation (feet):

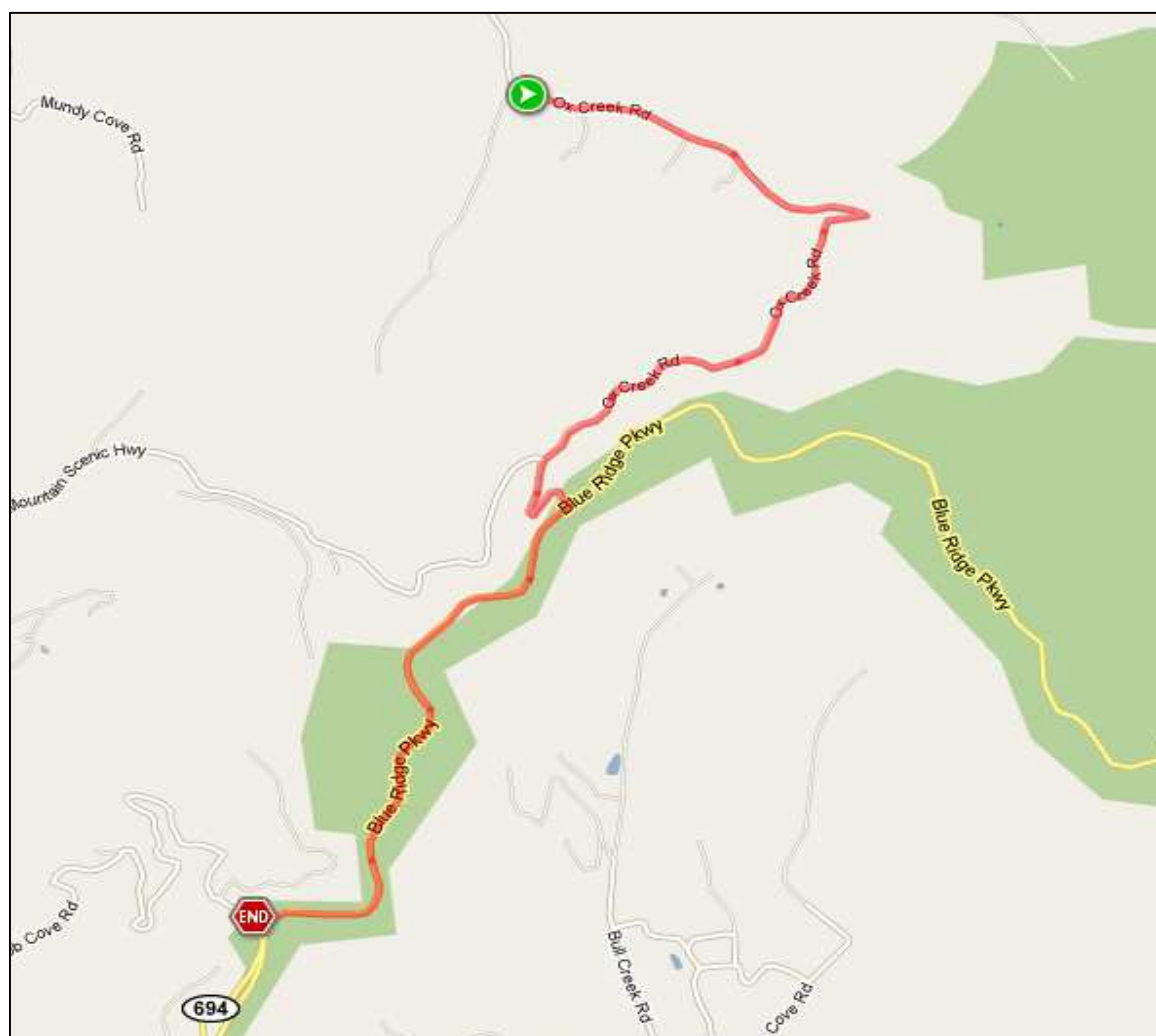
Min	2461
Max	3438
Ascent	+951
Descent	-285

### Leg Legend:

0.0	EZ 34 (South Fork Ind. Methodist Church)
2.2	L Blue Ridge Parkway entrance
0.3	R Blue Ridge Parkway
1.7	R Craven Gap Exit
0.1	Gravel Shoulder, on R (EZ 35)

**Leg Notes:** Ox Creek is winding. Stay alert for traffic. At the top of the climb, stay left to the Parkway. Reflective vests are required on the Parkway.

**Leg Description:** Winding and big climb on Ox Creek. But leg finishes with a gradual descent and big views from the Parkway. The climb makes this hard.



## BRR Leg 36 (6.7 miles, Very Hard)

### Elevation (feet):

Min 2195  
Max 3530  
Ascent +240  
Descent -1276

### Leg Legend:

0.0 EZ 35 (Craven Gap Exit)  
6.3 R College St.  
0.2 S Straight through traffic circle  
Move to Left side of College St.  
0.2 L Spruce St.  
L Roger McGuire Green (Finish)

**Leg Notes:** Stay alert for traffic on Town Mt. Rd. (694). Early morning fog may require reflective vest.

**Leg Description:** The Glory Leg!

