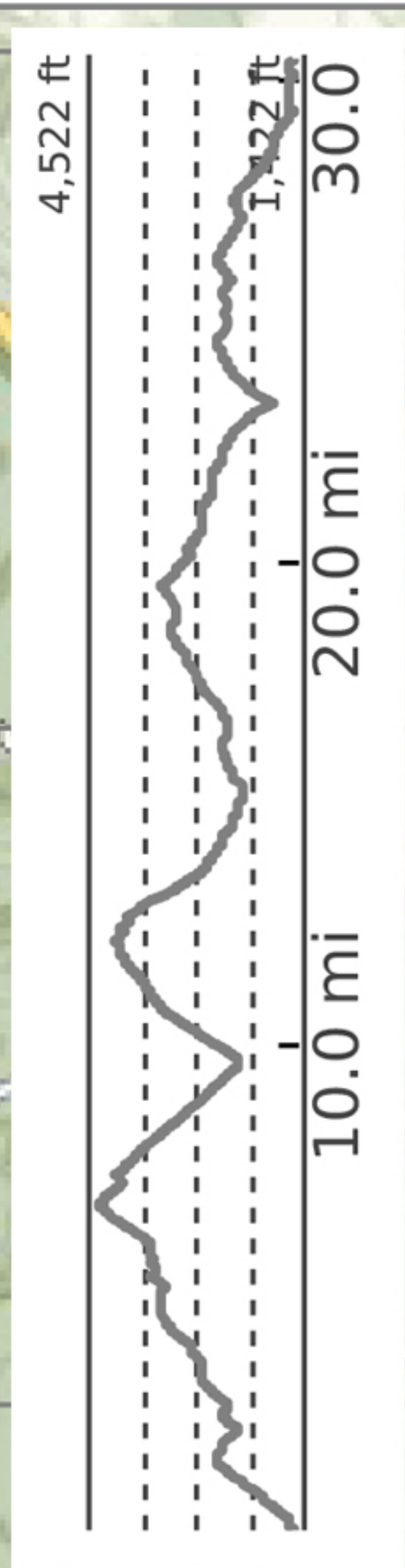


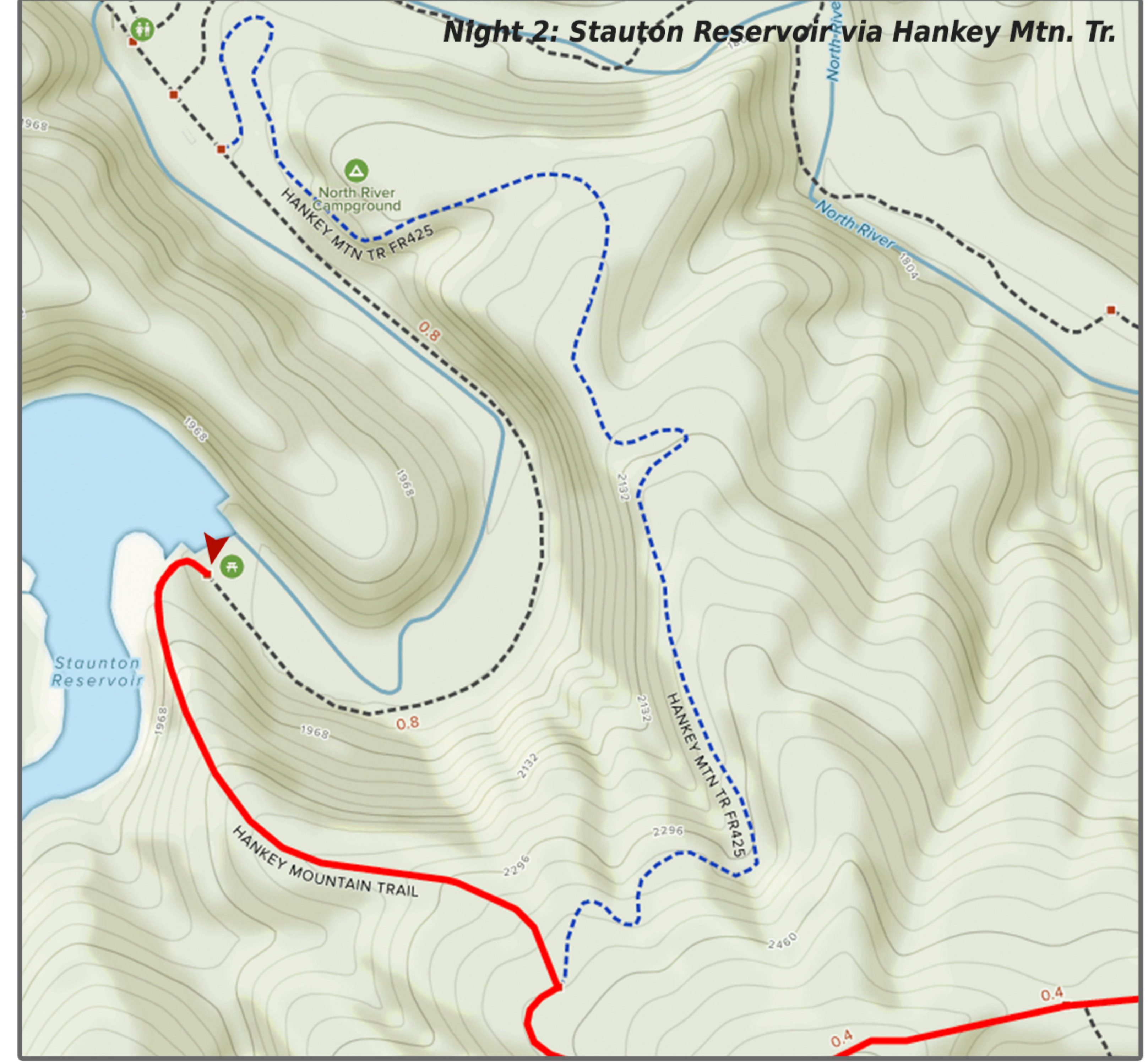
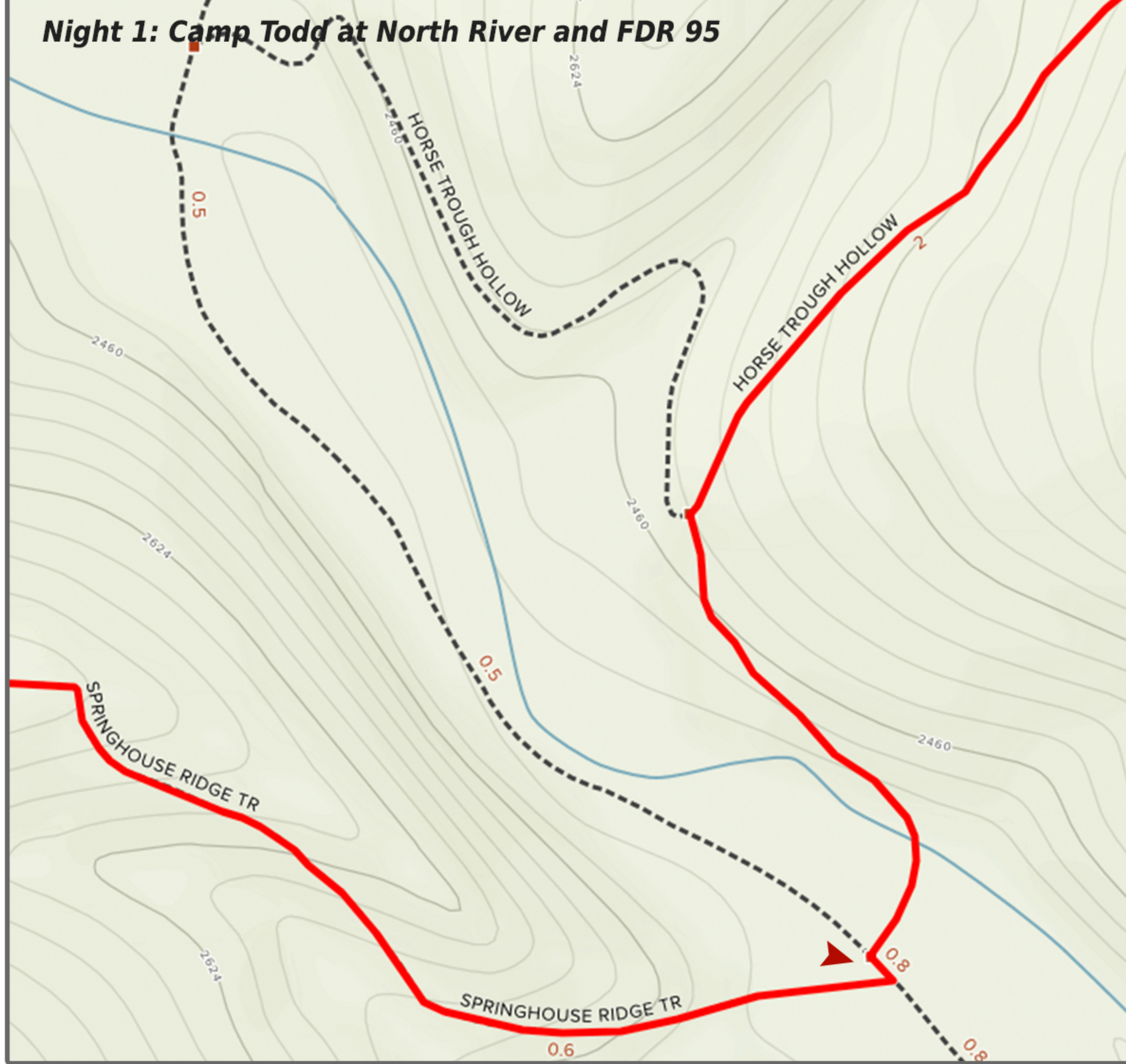
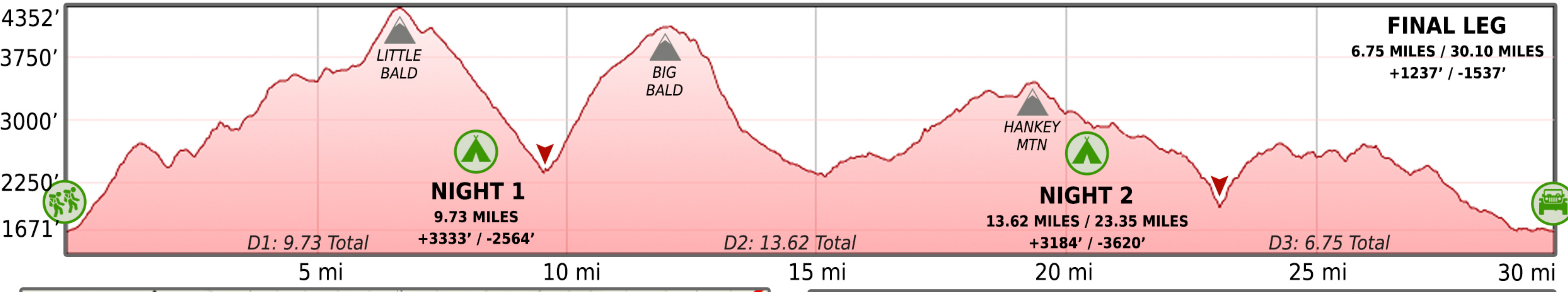
**Sunrise/Sunset**  
 Sat, Nov 10, Sunrise 6:51AM, Sunset 5:08PM  
 Sun, Nov 11, Sunrise 6:53AM, Sunset 5:07PM  
 Mon, Nov 12, Sunrise 6:54AM, Sunset 5:06PM



9.5°W  
 10/29/18

Map labels include: Middle Mountain 2,887 ft, Grindstone Mountain 2,677 ft, Trimble Mountain 2,677 ft, Lookout Mountain 2,851 ft, Staunton Dam, Elkhorn Mountain 2,772 ft, Elkhorn Lake, Hankey Mountain 3,448 ft, Little Bald Knob 4,330 ft, Camp Todd, North River, White Oak Run, Bailey Pond Rd, Mitchell Branch, Gordon's Peak 3,915 ft, The Pinnacle 3,841 ft, Tearjacket Knob 4,209 ft, Hiner Spring, Hardscabble Knob 4,271 ft, Big Bald Knob 4,134 ft, One Way 1.9mi +618' | -95', One Way 0.5mi +167' | -56', and 715.

Location	Distance (leg)	Gain (leg)	Loss (leg)	Distance (overall)	Gain (overall)	Loss (overall)	Day	Start Time	Duration	Clock Time Pace: 1.5 mph
Wild Oak Tr to Skidmore Tr INT	2.24	1,172	-287	2.24	1,172	-287	Friday	11:00:00 AM	1:29:36	12:29:36 PM
Wild Oak Tr to Groom's Ridge	1.91	971	-137	4.15	2,143	-424	Friday	12:29:36 PM	1:16:24	1:46:00 PM
Wild Oak Tr to Little Bald Knob (4,329')	2.62	1,134	-142	6.77	3,277	-566	Friday	1:46:00 PM	1:44:48	3:30:48 PM
Wild Oak/Blad Mtn Rd to Horse Trough Hollow INT	2.76	56	-1,888	9.53	3,333	-2,454	Friday	3:30:48 PM	1:50:24	5:21:12 PM
Wild Oak to North River (Camp 1)	0.20	0	-110	9.73	3,333	-2,564	Friday	5:21:12 PM	0:08:00	5:29:12 PM
<b>Day &amp; Overall Mileage Sub-Total:</b>	<b>9.73</b>	<b>3,333</b>	<b>-2,564</b>	<b>9.73</b>	<b>3,333</b>	<b>-2,564</b>			<b>6:29:12</b>	
Springhouse Ridge/Wild Oak Tr to Hiner Spring INT	1.57	1,338	0	11.30	4,671	-2,564	Saturday	8:00:00 AM	1:02:48	9:02:48 AM
Wild Oak to Big Bald Knob	0.93	397	0	12.23	5,068	-2,564	Saturday	9:02:48 AM	0:37:12	9:40:00 AM
Wild Oak to Bald Ridge	0.77	0	-361	13.00	5,068	-2,925	Saturday	9:40:00 AM	0:30:48	10:10:48 AM
Wild Oak to Braley Pond Rd	2.22	0	-1,421	15.22	5,068	-4,346	Saturday	10:10:48 AM	1:28:48	11:39:36 AM
Wild Oak/Magic Moss to Dowells Draft INT	2.46	727	-123	17.68	5,795	-4,469	Saturday	11:39:36 AM	1:38:24	1:18:00 PM
Wild Oak/Dowells to White Oak Draft INT/Hankey Mtn.	1.79	596	-120	19.47	6,391	-4,589	Saturday	1:18:00 PM	1:11:36	2:29:36 PM
Wild Oak/Hankey Mtn. Tr to Hankey Mtn. FR425 INT	2.86	120	-927	22.33	6,511	-5,516	Saturday	2:29:36 PM	1:54:24	4:24:00 PM
Hankey Mtn. FR to Hankey Mtn Tr	0.50	6	-158	22.83	6,517	-5,674	Saturday	4:24:00 PM	0:20:00	4:44:00 PM
Hankey Mtn. Tr to Staunton Reservoir (Camp 2)	0.52	0	-510	15.74	6,517	-6,184	Saturday	4:44:00 PM	0:20:48	5:04:48 PM
<b>Day &amp; Overall Mileage Sub-Total:</b>	<b>13.62</b>	<b>3,184</b>	<b>-3,620</b>	<b>23.35</b>	<b>6,517</b>	<b>-6,184</b>			<b>9:04:48</b>	
Hankey Mtn Tr to Wild Oak/HMT INT	0.99	679	0	24.34	7,196	-6,184	Monday	8:00:00 AM	0:39:36	8:39:36 AM
Wild Oak/HMT FR425 to Bear Draft	0.56	76	-143	24.90	7,272	-6,327	Monday	8:39:36 AM	0:22:24	9:02:00 AM
Wild Oak/HMT to Wild Oak/Lookout Mtn-Shaffer INT	0.70	118	-154	25.60	7,390	-6,481	Monday	9:02:00 AM	0:28:00	9:30:00 AM
Wild Oak/LMT to Lookout Path	3.40	313	-1,026	29.00	7,703	-7,507	Monday	9:30:00 AM	2:16:00	11:46:00 AM
Wild Oak/LMT to FR95	0.34	0	-125	29.34	7,703	-7,632	Monday	11:46:00 AM	0:13:36	11:59:36 AM
Wild Oak/LMT to North River FR95	0.48	51	-48	29.82	7,754	-7,680	Monday	11:59:36 AM	0:19:12	12:18:48 PM
Wild Oak/LMT to Wild Oak to car	0.28	0	-41	30.10	7,754	-7,721	Monday	12:18:48 PM	0:11:12	12:30:00 PM
<b>Day &amp; Overall Mileage Sub-Total:</b>	<b>6.75</b>	<b>1,237</b>	<b>-1,537</b>	<b>30.10</b>	<b>7,754</b>	<b>-7,721</b>			<b>4:30:00</b>	
<b>Grand Totals:</b>	<b>30.10</b>	<b>7,754</b>	<b>-7,721</b>					<b>20:04:00</b>	<b>Pace: 1.5</b>	



**North River Ranger District**  
401 Oakwood Drive  
Harrisonburg, VA 22801  
Local: 540-432-0187

**Sunrise/Sunset**  
Sat, Nov 10, Sunrise 6:51AM, Sunset 5:08PM  
Sun, Nov 11, Sunrise 6:53AM, Sunset 5:07PM  
Mon, Nov 12, Sunrise 6:54AM, Sunset 5:06PM

**Parking Lot**  
38.366936 | -79.164394

**PCT**  
6' off trunk, 12' to bag, 15' to branch